



**9 & Under Mini Meet
2014 Mini Championship
March 8-9, 2014**



Sponsored by NATION'S CAPITAL SWIM CLUB

Sanctioned by UNITED STATES SWIMMING
through POTOMAC VALLEY SWIMMING

and Virginia Swimming

Sanction # PVC-14-54 and # VSI-14-08N

Meet Director: Tony Knick (571) 259-6918 wak426@comcast.net

**Club Officials
Chair:** David Merkin David@merkinlawgroup.com

Meet Referee: Dan Seliskar seldan@cox.net

Location: Freedom Aquatic & Fitness Center
10900 University Boulevard
Manassas, Virginia 20110-2203
(703)993-8350
(703)993-8444

Schedule: Saturday and Sunday
Girls Warm-up 8:00-8:40 AM First Event 8:45 AM
Boys Warm-up 11:45-12:25 PM First Event 12:30 PM

Session Warm-Up and Start Times may be adjusted based on the number of entries received. The Meet Director reserves the right to make changes necessary to finish the session timely, including limiting entries. Please watch for any changes that will be posted on www.nationscapitalswimming.com and www.pvswim.org

Facility: The Freedom Aquatic & Fitness Center Pool is a ten Lane, 50 Meter indoor pool; Non-Turbulent Lane Markers; setup to conduct competition for 25 yards, starting from the deep end (13.5" feet deep) and swimming into a bulkhead (6 feet deep). The competition courses have not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2I.

Timing: Automatic timing (touch pads primary) will be used for this meet (50y and up events). Manual timing (stopwatches only) will be used for this meet (25y events).

Meet Format & Scoring:

This meet is a timed finals meet. See table below for scoring.

Place	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Individual	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1
Relay	40	34	32	30	28	26	24	22	18	14	12	10	8	6	4	2

Awards: Medals will be given for 1st to 8th place – Individual events.
Ribbons will be given for 9th to 16th place – Individual events.
Ribbons will be given for 1st to 3rd place – Relay events

Eligibility: Open to all registered Potomac Valley Swimming Swimmers 9 years of age and under. Non-PVS clubs may request an invitation from the Meet Director; however, non-PVS athlete participation will be limited to a maximum of 20%. It may be necessary to limit entries in certain events to time constraints. Swimmers shall compete at the age attained on the first day of the meet.

Inclusion Policy for Swimmers with Disability

PVS and host clubs along with their Meet Directors are committed to the [Inclusion Policy as adopted by the BOD](#). Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.

Rules: Current United States Swimming rules shall govern the meet. A contestant may enter a maximum of three (3) individual events per day and one (1) relay per day.

In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition, and cool down periods.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

The Meet Director and the PVS Technical Committee Reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.

Warm-Up: The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. The meet director may determine the structure of the warm-up, including times and lane assignments.

Admission: There is no admission charge. Programs for each session will be available for \$2.00 each.

Concessions: There will be no sales of concessions

Officials: Certified Officials who have not been contacted should volunteer, please sign in with the Referee. An Officials meeting will be held no later than 10 minutes before the end of each warm-up session. If you wish to volunteer ahead of time, please contact Dan Seliskar seldan@cox.net

Supervision: Coaches are responsible for the conduct of their swimmers and for cleaning up their team areas.

Timers: This is very important at this meet; automatic timing (50y and 100y events) and watch times (25y events) will be used. Participating clubs are required to provide timers in proportion to their entry. A timer is required for each 25 entries, (not swimmers, entries). The number of timers will be adjusted when the club is providing other officials. Acceptance of the Club entry is based on compliance with the above. The host club will provide one (1) timer per lane.

Entries: Entries may be sent via e-mail.

1. Entries must arrive by the due date and time
2. Please do not send entries with a no time, (NT). Due to timing constraints, we would like to have a semi-accurate time line. We realize that this may be one of the first meets your young swimmers enter, so please do the best you can.
3. Include with your entry file one (1) report by name and one (1) by event. Create these reports in Team Manager and save as Word for Windows files.
4. In the body of your e-mail provide entry numbers (girls, boys, totals). Include contact information (e-mail, phone, officials contact).
5. Send e-mail to Tony Knick wak426@comcast.net Please include the subject line as "Mini Champs Entries XXX" substituting XXX with your team name and site location if more than one site within your club. Otherwise my email filter may not let your e-mail through.
6. Meet Directors are requested to acknowledge receipt by return e-mail within 24 hours. Clubs submitting entries that do NOT receive an acknowledgement should contact the Meet Director by other than e-mail to confirm receipt.

Entries may be sent via mail/express mail/ etc.

Computer entries (Hy-Tek) are encouraged. Electronic entries require one (1) meet entry report by **name** and one (1) by event from *Team Manager*. Entries may also be submitted on a PVS Master Entry Sheet. All entries must include a completed "**Entry Cover Sheet**". Paper entries require an additional \$20.00 processing fee.

Any club or individual that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered swimmer to represent them, will be fined by PVS the sum of \$100.00 and no further entries will be accepted from that club until the said fine has been paid.

Deck Entries: Deck entries are \$10.00 per individual event and must be submitted with cash payment no later than 15 minutes prior to the first event of each session. No new heats will be created. First come, first served.

Fees: Fees are \$5.00 for individual events and \$10.00 for relay events. Each participating Club is requested to remit one check to cover the entry fee for the entire team. **Please do not send cash.** Entry fees are due before the day of the meet.

Checks: Make checks payable to **Nation's Capital Swim Club.**

Send Checks To: **Att:** Tony Knick
Nation's Capital Swim Club
8180 Greensboro Drive, Ste 1150
McLean, VA 22102

Entry Deadline: All entries must be submitted for this meet no later than
5:00 PM, Wednesday, February 26th, 2014
Note: NO fax or phone entries will be accepted.

Important: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.

NOTE: In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Virginia Swimming Inc., the Nation's Capital Swim Club, and the GMU Freedom Aquatic & Fitness Center shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Saturday, March 8th 2014

Session I – Girls

Warm up: 8:00-8:40 am, Events 8:45 am

Event #	Age	Event
1	9 Year Olds	200 Free Relay
3	8 & Under	200 Free Relay
5	7 & Under	100 Free Relay
7	9 & Under	100 IM
9	8 Year Olds	25 Fly
11	7 Year Olds	25 Fly
13	6 & Under	25 Fly
15	8-9	50 Back
17	7 & Under	50 Back
19	6 & Under	25 Back
21	8-9	50 Breast
23	7 & Under	50 Breast
25	8 Year Olds	25 Free
27	7 & Under	50 Free
29	9 Year Olds	200 Free

The 9 year old 200 Free will be contingent on session time availability once all entries are processed.

The 9 year old 200 Free will be positive check in closing at the end of warm-ups

Saturday, March 8th 2014

Session II - Boys

Warm up: 11:45-12:25, Events 12:30

Event	Age	Event #
2	9 Year Olds	200 Free Relay
4	8 & Under	200 Free Relay
6	7 & Under	100 Free Relay
8	9 & Under	100 IM
10	8 Year Olds	25 Fly
12	7 Year Olds	25 Fly
14	6 & Under	25 Fly
16	8-9	50 Back
18	7 & Under	50 Back
20	6 & Under	25 Back
22	8-9	50 Breast
24	7 & Under	50 Breast
26	8 Year Olds	25 Free
28	7 & Under	50 Free
30	9 Year Olds	200 Free

The 9 year old 200 Free will be contingent on session time availability once all entries are processed.

The 9 year old 200 Free will be positive check in closing at the end of warm-ups

Saturday, March 9th 2014

Session III - Girls

Warm up: 8:00-8:40 am, Events 8:45 am

Event #	Age	Event
31	9 Year Olds	200 Medley Relay
33	8 & Under	100 Medley Relay
35	7 & Under	100 Medley Relay
37	8 Year Olds	25 Breast
39	7 Year Olds	25 Breast
41	6 & Under	25 Breast
43	8 Year Olds	25 Back
45	7 Year Olds	25 Back
47	8-9	50 Fly
49	7 & Under	50 Fly
51	9 & Under	100 Free
53	8-9	50 Free
55	7 Year Olds	25 Free
57	6 & Under	25 Free
59	9 Year Olds	200 IM

The 9 year old 200 IM will be contingent on session time availability once all entries are processed.

The 9 year old 200 IM will be positive check in closing at the end of warm-ups

Saturday, March 9th 2014

Session IV - Boys

Warm up: 11:45-12:25, Events 12:30

Event	Age	Event #
32	9 Year Olds	200 Medley Relay
34	8 & Under	100 Medley Relay
36	7 & Under	100 Medley Relay
38	8 Year Olds	25 Breast
40	7 Year Olds	25 Breast
42	6 & Under	25 Breast
44	8 Year Olds	25 Back
46	7 Year Olds	25 Back
48	8-9	50 Fly
50	7 & Under	50 Fly
52	9 & Under	100 Free
54	8-9	50 Free
56	7 Year Olds	25 Free
58	6 & Under	25 Free
60	9 Year Olds	200 IM

The 9 year old 200 IM will be contingent on session time availability once all entries are processed.

The 9 year old 200 IM will be positive check in closing at the end of warm-ups