

1/10/14 – NCAP-West will be swimming at Course #2 at UMD, BWST will now be swimming in course #1
Warm-up and Event times have changed for all sites in some manner:

For all sites: 11-12 sessions will remain as originally advertised, WU: 6:30, Events 7:30

For Audrey Moore (w/ MACH): Saturday 9-10 WU: 11:40, Events 12:15, 13 & O WU: 3:00, Events 4:00
Sunday 9-10 WU: 10:30, Events 11:20, 13 & O WU 1:40, Events 2:40

For Germantown (w/RMSC): Saturday 9-10 WU: 10:30, Events 11:20, 13 & O WU: 2:00, Events 3:00
Sunday 9-10 WU: 10:00, Events 10:50, 13 & O WU: 1:15, Events 2:15

For U of Maryland (w/ FAST & FBST): Saturday: 9-10 as advertised, 13 & O WU: 2:15, Events 3:15
Sunday 9-10 WU: 10:00, Events 10:50, 13 & O WU 1:15, Events 2:15

PVS January Open

January 18-19, 2014

Sanctioned by USA Swimming through Potomac Valley Swimming: **PVS-14-35**

Hosted for PVS by: Machine Aquatics, RMSC, Fairland Aquatics and Fort Belvoir Swim Team

Entries due to Meet Manager by: Thursday January 2, 2014 (check on club deadline)

Meet Schedule

Saturday and Sunday: 11-12 Warm up: 6:30-7:20am, Events: 7:30 am

Saturday and Sunday: 9-10 Warm up: 10:50-11:30 am, Events: 11:40 am

Saturday and Sunday: 13 & Over Warm up: 2:00-2:50 pm, Events: 3:00 pm

Note: The Meet Directors and PVS Admin Office will determine if the session times or check in times will need to be adjusted based upon the number of entries received.

NOTE: All Team Assignments listed within the meet announcement are tentative, final placement will be determined after all entries have been submitted and the PVS Administrative Assistant balances all four sites.

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| Meet Host/Director: | Machine Aquatics Paris Jacobs 2314 Toddsbury Place Reston, VA 20191 571-238-7657 paris@machineaquatics.com | RMSC Christa Krukiel 5900 Executive Blvd Rockville, MD 20852-2756 240-777-8070 Christa.Krukiel@montgomerycountymd.gov | Fairland Aquatic Swim Team Manga Dalizu 9518 Haddaway Place Laurel, MD 20723 240-456-0103 fairlandswim@comcast.net | Fort Belvoir Swim Team Sam Burgi 1541 Colonial Dr Apt 101 Woodbridge, VA 22192 619-212-9853 |
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| | | | | sburgj@fbswim.org |
| Meet Referee: | Stuart Gordan Officials@machineaquatics.com | Amy Hsu Amy.hsu@nih.gov | Lynne Gerlach gerlach@msscswimming.com | Mike Rubin Mrubin1@cox.net |
| Club Official's Chair: | Stuart Gordan Officials@machineaquatics.com | Jayne Biafore dylansswimmom@gmail.com | Randy Bowman bowmanr@yahoo.com | Mark Harris Mharris131@aol.com |
| Facility | Audrey Moore Rec Center | Germantown Indoor Swim Center | University of Maryland FAST: Course #1, FBST: Course #2 | |
| Facility Information: | <p>Audrey Moore 8110 Braddock Rd Annandale, VA 703-321-7080</p> <ul style="list-style-type: none"> • 10 lanes, 25 yards • Water depth range of 4.5' to 5' at the starting and turning end. • The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C). | <p>Germantown Indoor Swim Center 18000 Central Park Circle Boyd's, MD 20841-9707 240-777-6830</p> <ul style="list-style-type: none"> • 10 lanes, 25 yards • Water depth range of 17' to 6'9" at the starting end and 13.5' at the turning end. • A separate 7 lane pool will be available for warm up/cool down • The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C). | <p>University of Maryland Eppley Recreation Center</p> <ul style="list-style-type: none"> • Dual Course, 8 lane each, 25 yards • Course #1 has a water depth 8' to 10' at both the starting and turning ends. • Course #2 has a water depth range of 10'-14' at both the starting and turning ends. <p>The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C).</p> | |
| Timing System | Automatic Timing (touch pads primary) will be used for this meet. | | | |
| Team Assignments: | AM: MACH, AAC, YORK, MAKO, SDS, PM, NCAP-West, NCAP-Burke, CSC, DSS, RY, SNOW, RIPS | Germantown: RMSC, BTSC, TOLL | UMD #1: FAST, MSSC, FGAC, JCCW, HACC, ASA, NCAP-Alexandria, NCAP-PG, NCAP-Germantown, DCPR, PGKS, ERSC, VLAC, NCAP-Georgetown Prep, LCL, PGPR, UMAC, BWST | UMD #2: FBST, BWST, JFD, OCCS, NCAP-Tyson's, FISH SSCT, TANK, CODS, PAC, TIBU, LMAC, NCAP-AU, NCAP-Holton Arms, LPSC, MAC, NCAP-WEST |
| Note: Assignments of clubs to pool sites will be reviewed, by the PVS Administrator, after all entries are received. If necessary to achieve reasonable balance, clubs may be reassigned. | | | | |

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| Eligibility: | Open to all Potomac Valley Swimming registered athletes only. Swimmers shall compete at the age attained on the first day of the meet. |
| Disability Swimmers: | PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition. |
| Rules: | <ul style="list-style-type: none"> • Current USA Swimming rules shall govern the meet. • All events are timed finals. • Seed times are short course yards. In the event that short course yard times are not available, coaches' times are preferred over NTs. • All 12 & Under swimmers are eligible for awards regardless of entry time used. • A swimmer may enter no more than 3 events per day or 6 events during the meet. • No on-deck USA-S registration is permitted • Deck entries will be accepted, and are \$10 per individual event. All deck entries must be submitted no later than 45 minutes prior to first event of each session. Swimmers will be entered into open lanes in existing heats on a first come, first served basis. In the event of a significantly over subscribed session, the Meet Director reserves the right to not accept deck entries. • Evidence of current USA-S registration will be required for deck entries. • Dive-over starts may be used at this meet at the discretion of the Meet Referee and Meet Management. • In compliance with USA Swimming Rules and Regulations; the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods. • Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. • Any swimmer entered in the meet must be certified by a USA Swimming member - coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member - coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for the 12 &U sessions in Rule 205.3.1F. |
| Positive Check In: | <p>All events 200 yards or longer will be positive check-in.</p> <ul style="list-style-type: none"> • The Meet Directors will determine if positive check-in will be required for all events. • Athletes who check into a deck-seeded event, have been seeded and fail to swim the event will be barred from their next scheduled individual event, unless excused by the Meet/Deck Referee before the event takes place. |
| Warm Up: | The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up; times/lane assignments. |
| Supervision: | Coaches are responsible for the conduct of their swimmers and for cleaning up their team areas. |
| Awards: | No awards will be given out at this meet. |

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| Programs: | All attempts will be made to have programs available for each session for a price not to exceed \$2. In the event of the entire session being positive check-in, programs may not be available until after the start of the meet. In the event that programs are not able to be sold, programs will be posted throughout the spectator areas. |
| Officials & Timers: | <ul style="list-style-type: none"> • Each participating club is requested to provide at least one table worker or official (Referee, Starter or Stroke & Turn Judge) per session if entering 25 or more splashes • All certified officials wishing to volunteer please contact the appropriate club official's chair prior to January 14. Walk-on officials are welcome and should report to the Meet Referee prior to the session. • Participating clubs are required to provide timers in proportion to their entries. One timer is required for each 25 entries. • The Meet Director may send out a request for timers based upon entries. |
| Entry Procedures: | <ul style="list-style-type: none"> • Entries should be submitted using Hy-Tek Team Manager. • Include in the subject of the email, "2014 PVS JAN OPEN - ***" with the clubs initials in place of the asterisks. Also include training site if your club submits multiple entry files. • Meet Directors are requested to acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the meet director. • Individual event fee: \$4.50 (make checks payable to PVS) • Entry fees are due with meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet. • Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100 and no further entries will be accepted from that club until the said fine is paid. |
| <p>NOTE: In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Machine Aquatics, RMSC, Fairland Aquatics, Fort Belvoir Swim Team, Audrey Moore Rec Center, MLK Swim Center and Prince George's Sport & Learning Complex shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</p> | |

EVENTS

Saturday January 18, 2014

11-12 Year Old Swimmers

Warm up: 6:30-7:20 am, Events: 7:30 am

| Women's Events # | Event | Men's Event # |
|------------------|---------------------------|---------------|
| 1 | 11-12 200 yd Breaststroke | 2 |
| 3 | 11-12 50 yd Backstroke | 4 |

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| 5 | 11-12 200 yd Individual Medley | 6 |
| 7 | 11-12 100 yd Butterfly | 8 |
| 9 | 11-12 50 yd Breaststroke | 10 |
| 11 | 11-12 100 yd Freestyle | 12 |
| 13 | 11-12 200 yd Backstroke | 14 |
| 15 | 11-12 500 yd Freestyle | 16 |
| <p>Positive Check-In for all 200 yd events by 7:00 am (or 30 min after warm up begins) The Meet Manager with concurrence of PVS, has the right to make all events positive check-in, in order to manage timelines.</p> <p>Each swimmer must provide their own timer (and counter if needed) for the 500 freestyle.</p> | | |

**Sunday January 19, 2014
11-12 Year Old Swimmers**

Warm up: 6:30-7:20 am, Events: 7:30 am

| Women's Event # | Events | Men's Event # |
|---|--------------------------------|---------------|
| 41 | 11-12 50 yd Butterfly | 42 |
| 43 | 11-12 200 yd Freestyle | 44 |
| 45 | 11-12 100 yd Breaststroke | 46 |
| 47 | 11-12 100 yd Backstroke | 48 |
| 49 | 11-12 50 yd Freestyle | 50 |
| 51 | 11-12 100 yd Individual Medley | 52 |
| 53 | 11-12 200 yd Butterfly | 54 |
| <p>Positive Check-In for all events 200 yd or more by 7:00 am (or 30 minutes after warm up begins). The Meet Manager with concurrence of PVS, has the right to make all events positive check-in, in order to manage timelines..</p> | | |

**Saturday January 18, 2014
9-10 Year Old Swimmers**

Warm up: 10:50-11:30 am, Events: 11:40 am

| Women's Event # | Events | Men's Event # |
|-----------------|-------------------------------|---------------|
| 17 | 9-10 50 yd Backstroke | 18 |
| 19 | 9-10 200 yd Individual Medley | 20 |
| 21 | 9-10 100 yd Butterfly | 22 |

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|---|-------------------------|----|
| 23 | 9-10 50 yd Breaststroke | 24 |
| 25 | 9-10 100 yd Freestyle | 26 |
| 27 | 9-10 500 yd Freestyle | 28 |
| <p>Positive Check-In for all events 200 yd or more by 11:20 am (or 30 minutes after warm up begins). The Meet Manager with concurrence of PVS, has the right to make all events positive check-in, in order to manage timelines.</p> <p>Each swimmer must provide their own timer (and counter if needed) for the 500 freestyle.</p> | | |

Sunday January 19, 2014 9-10 Year Old Swimmers

Warm up: 10:50-11:30 am, Events: 11:40 am

| Women's Event # | Events | Men's Event # |
|--|-------------------------------|---------------|
| 55 | 9-10 50 yd Butterfly | 56 |
| 57 | 9-10 200 yd Freestyle | 58 |
| 59 | 9-10 100 yd Breaststroke | 60 |
| 61 | 9-10 100 yd Backstroke | 62 |
| 63 | 9-10 50 yd Freestyle | 64 |
| 65 | 9-10 100 yd Individual Medley | 66 |
| <p>Positive Check-In for all events 200 yd or more by 11:20 am (or 30 minutes after warm up begins). The Meet Manager with concurrence of PVS, has the right to make all events positive check-in, in order to manage timelines.</p> | | |

Saturday January 18, 2014 13 & Over Session

Warm up: 2:00-2:50 pm, Events: 3:00 pm

| Women's Event # | Events | Men's Event # |
|-----------------|------------------------------------|---------------|
| 29 | 13 & Over 100 Yd Backstroke | 30 |
| 31 | 13 & Over 200 yd Individual Medley | 32 |
| 33 | 13 & Over 200 yd Butterfly | 34 |
| 35 | 13 & Over 100 yd Breaststroke | 36 |
| 37 | 13 & Over 50 yd Freestyle | 38 |
| 39 | 13 & Over 500 yd Freestyle | 40 |

Positive Check-In for all events 200 yd or more by 2:30 pm (or 30 minutes after warm up begins).
The Meet Manager with concurrence of PVS, has the right to make all events positive check-in, in order to manage timelines.

Each swimmer must provide their own timer (and counter if needed) for the 500 freestyle.

Sunday January 19, 2014

13 & Over Session

Warm up: 2:00-2:50 pm, Events: 3:00 pm

| Women's Event # | Events | Men's Event # |
|-----------------|------------------------------------|---------------|
| 67 | 13 & Over 200 yd Freestyle | 68 |
| 69 | 13 & Over 100 yd Butterfly | 70 |
| 71 | 13 & Over 200 yd Breaststroke | 72 |
| 73 | 13 & Over 200 yd Backstroke | 74 |
| 75 | 13 & Over 100 yd Freestyle | 76 |
| 77 | 13 & Over 400 yd Individual Medley | 78 |

Positive Check-In for all events 200 yd or more by 2:30 pm (or 30 minutes after warm up begins).
The Meet Manager with concurrence of PVS, has the right to make all events positive check-in, in order to manage timelines.