

# DC WAVE WINTER INVITATIONAL

**January 11-12, 2014**

Sponsored by DC Parks & Recreation

Hosted by DC Wave Swim Team

Sanctioned by USA Swimming through Potomac Valley Swimming

Sanction #: PVI-14-31

*Open to Invited Teams: NCAP-PG, ERSC, PEAK, LPSC, AESC*

<b>FACILITY:</b>	<p><b>Takoma Aquatic Center</b> 300 Van Buren Street, N.W. Washington, DC 20011 202-576-9285</p> <p>One (1) 25-yard, 8 lane courses will be used. The water depth ranges from 7' to 13.5' in the west pool for both the starting and turning ends. This competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C).</p> <p>One (1) 25-yard, 3 lane continuous warm up/warm down pool will be available. Water depth ranges from 5' – 6'8". There will be no diving or starts allowed in the warm up/warm down pool.</p> <p>Lanes are 7 feet wide. Stainless steel gutter system. Colorado Timing Systems, multi-lane scoreboard. Continuous warm-up, warm-down will be available during the meet. Automatic timing (touch pads primary) will be used for this meet.</p>
<b>ENTRY DEADLINE</b>	<p><b>Team entries are due by Friday, January 3<sup>rd</sup>, 2014</b></p>
<b>MEET DIRECTOR:</b>	<p>Rob Green 202.576.9534 <a href="mailto:robert.green@dc.gov">robert.green@dc.gov</a></p>
<b>MEET REFEREE:</b>	<p>Mohamed Chouikha <a href="mailto:mohamed.chouikha@gmail.com">mohamed.chouikha@gmail.com</a></p>
<b>OFFICIALS CHAIR:</b>	<p>Mohamed Chouikha <a href="mailto:Mohamed.chouikha@gmail.com">Mohamed.chouikha@gmail.com</a></p>
<b>TIMING SYSTEM:</b>	<p>Automatic timing (touchpads primary) will be used for this meet. Buttons and watches will be used as backups.</p>
<b>SCHEDULE:</b>	<p><b>Saturday &amp; Sunday – 13 &amp; Older Session</b> Warm Up: 9:00 am – 9:40 am   Events: 9:50 am</p>

	<p><b>Saturday &amp; Sunday – 12 &amp; Under Session</b>  Warm Up: 1:30 pm – 2:10 pm   Events: 2:20 pm</p> <p><i><b>*Note: Meet manager will determine if session start times will need to be adjusted or if age groups need to be moved to a different sessions based on the number of entries received. A time line will be established and forwarded to each team by Wednesday, January 15<sup>th</sup>.</b></i></p>
<b>AGE GROUPS:</b>	Events will be swum 13 & Over and 12 & Under; but scored as 8 & U, 9-10, 11-12, 13-14 and 15 & Over.
<b>ELIGIBILITY:</b>	This meet is open to invited teams only. All swimmers must be registered with USA Swimming for the 2014 season. Swimmers must compete in events based upon their age on the first day of the meet.
<b>INCLUSION POLICY:</b>	PVS and DPR are committed to the <a href="#">Potomac Valley Inclusion Policy for Swimmers with a Disability</a> . Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete’s coach) is also responsible for notifying the session referee of any disability prior to competition.
<b>RULES:</b>	<p>Current USA Swimming rules shall govern the meet. All events are timed finals.</p> <ol style="list-style-type: none"> <li>1. In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA’s etc.) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.</li> <li>2. <b>Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.</b></li> <li>3. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.</li> <li>4. The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 &amp; U events per Rule 205.3.1F.</li> </ol>
<b>AWARDS:</b>	Award Ribbons will be given out to 1 <sup>st</sup> -8 <sup>th</sup> place finishers in each age group.

<p><b>ENTRIES:</b></p>	<p>Each swimmer may enter a maximum of four (4) individual events per day.</p> <p>Each team shall be limited to two (2) relay teams per event. Each swimmer shall be limited to two (2) relay events for the meet.</p> <p><u>Each team is asked to provide volunteer timers for the duration of each session.</u> Depending on the number of teams present, the meet director reserves the right to request teams to contribute a certain amount of timers proportional to their entries.</p> <p>Entries should be submitted via email to <a href="mailto:Robert.green@dc.gov">Robert.green@dc.gov</a>. Entries should be submitted using Hy-Tek Team Manager program. Entries will only be accepted from a USA Swimming registered coach and/or team administrator.</p> <p>Entry File: Include in the subject of the email, "DC Winter Wave Invitational - ****" with the clubs initials in place of the asterisks. Meet Directors are requested to acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the meet director.</p> <p>Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100.00 and no further entries will be accepted from that club until the said fine is paid.</p> <p><b>ENTRIES ARE DUE BY FRIDAY, JANUARY 3<sup>RD</sup>, 2014. NO DECK ENTRIES WILL BE ACCEPTED.</b></p>
<p><b>OFFICIALS:</b></p>	<p>All certified USA Swimming officials wishing to volunteer to work this meet should contact the Meet Referee, Mohamed Chouikha at <a href="mailto:Mohamed.chouikha@gmail.com">Mohamed.chouikha@gmail.com</a> prior to January 10<sup>th</sup>, 2014. Please include your club affiliation, certifications held, and sessions you wish to work in your email message.</p> <p>Certified officials who have not been contacted should volunteer their services to the Meet Referee early during the warm-up period. Officials assigned to this meet should sign in at the results table at the start of warm-up.</p>
<p><b>TIMERS:</b></p>	<p>Each team is asked to provide three (3) timers per session.</p>
<p><b>FEES:</b></p>	<p><b>Entries fees are to be made payable to the "DC TREASURER". Fees are non-refundable. Entries will not be considered received until all fees are paid.</b></p> <p>Fees for individual events are \$4.00 and \$8.00 for relay events. Each team/club is requested to remit only one check or money order to cover entry fees. <b>NO CASH PAYMENTS WILL BE ACCEPTED.</b></p>

	<p>Each club is requested to remit one check to cover the entry fees for the entire team. <b>Please put the club name on the entry check (if not a club check) and note the number of entries.</b> Please <b><u>DO NOT</u></b> send cash.</p> <p>Entry fees should be sent to:  <b>Takoma Aquatic Center</b>  <b>C/o Rob Green</b>  <b>300 Van Buren Street   NW</b>  <b>Washington, DC 20011</b></p>
<b>ADMISSION:</b>	There is no admission charge. The public is welcome to attend.
<b>SUPERVISION:</b>	<p>Coaches must be registered with USA Swimming. Coaches are responsible for the conduct of their athletes and families and friends, as well as maintaining clean team areas during and following each session. Only athletes, coaches, timers and USA Swimming certified deck officials (trainees) are permitted on the deck. Coaches and deck officials must display valid 2013 USA Swimming credentials.</p> <p>In order to control traffic and to make the meet an enjoyable experience, persons not working the meet as a deck official, timer, or other meet official are not permitted on the deck.</p>
<b>LIABILITY:</b>	In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Takoma Aquatic Center and DC Wave Swim Team shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

## ORDER OF EVENTS

Saturday January 11, 2014

GIRLS	<b>SATURDAY 13 &amp; Older Warm up 9:00-9:40 Events: 9:50</b>	BOYS
1	400 Freestyle Relay	2
3	200 I.M.	4
5	100 Butterfly	6
7	200 Breaststroke	8
9	50 Freestyle	10
11	200 Backstroke	12
13	200 Medley Relay	14

GIRLS	<b>SATURDAY 12 &amp; Under Warm up 1:30-2:10 Events 2:20</b>	BOYS
15	100 Breaststroke	16
17	200 I.M.	18
19	50 Butterfly	20
21	100 Backstroke	22
23	50 Breaststroke	24
25	100 Freestyle	26
27	200 Medley Relay	28

Sunday January 12,  
2014

41	200 Freestyle	42
43	200 Freestyle Relay	44

GIRLS	SUNDAY 13 & Older Warm up 9:00- 9:40 Events: 9:50	BOYS
29	400 Medley Relay	30
31	100 Backstroke	32
33	200 Butterfly	34
35	100 Freestyle	36
37	400 I.M.	38
39	100 Breaststroke	40

GIRLS	SUNDAY 12 & Under Warm up 1:30- 2:10 Events 2:20	BOYS
45	200 Freestyle	46
47	50 Backstroke	48
49	100 I.M.	50
51	50 Freestyle	52
53	100 Butterfly	54
55	200 Freestyle Relay	56

