



SPEEDO PRESENTS THE
8th ANNUAL

TURKEY CLAUS SHOWDOWN

December 5-8th, 2013

Sponsored by Machine Aquatics Swim Team

Sanctioned by USA Swimming through Potomac Valley Swimming PVC-14-22

The Turkey Claus Showdown meet is a proud support of [Our Neighbor's Child](#). This program provides holiday assistance to children from low-income families in Fairfax County. We are asking **EVERY** participating swimmer to **donate 1 NEW toy for children in need in the area**. Swimmers can donate the toy at the meet!

- Meet Director:** Paris Jacobs
204D Mill St., NE
Vienna, VA 22180
571-238-7657
paris@machineaquatics.com
- Meet Referee:** Stewart Gordon, Machine Officials Chair
officials@machineaquatics.com
- Location:** University of Maryland
Eppley Recreation Center
College Park, MD 20742
301-226-5383

A warm up/warm down pool will be available in the deep end of the pool. **Swimmers may not use the therapy pool at any time.**

The competition course has not been certified in accordance with the USA Swimming Rules and Regulation Article 104.2.2(C). The competition course has moveable bulkheads and will be measured before and after each session to ensure accuracy of the course.

The Finals Course is 11'6 to 13'0 deep across 8 lanes at the starting and turning end. The 2nd Course is 10'9 to 5'0 deep across 8 lanes at the starting and turning end.

- Parking:** **Deck** Parking will be available for advance purchase beginning November 1, 2013. A link will be posted on the Potomac Valley Swimming, (www.pvswim.org/schedule.html), schedule page as well as the Machine Home web site. (www.machineaquatics.com). Cost of parking will be approximately \$8.00-\$10.00 per day.

Timing System: Automatic timing (touch pads primary) will be used for this meet.

Schedule: Start Times for Thursday (December 5th)

Warm Up: 4:00 pm - 5:00 pm

Events: 5:10 pm

13 & Over Start Times for Friday, Saturday and Sunday (December 6-8th)

Warm Up: 6:30 am - 7:30 am

Events: 7:40 am

12 & Under Start Times for Friday, Saturday and Sunday (December 6-8th)

Warm Up: 11:45 am - 12:35 pm

Events: 12:45 pm

Start Times for Finals Sessions on Friday, Saturday and Sunday (December 6-8th)

Warm-up: 4:30 to 5:30 PM

Events: 5:40 PM

Rules: Current USA Swimming rules shall govern the meet. The qualifying standards for the meet are no faster than (NFT) time standards listed on the meet announcement.

Swimmers competing in the Tom Dolan Invitational meet in four (4) or more events are not eligible for the meet.

All individual events will be governed by "No Faster Than" (NFT) time standards. These NFT time standards are equivalent to the individual event qualification time standards maintained at the Tom Dolan Invitational Meet (December 12-15th, 2013). A swimmer can only enter individual events in which his/her official USA Swimming time is not faster than the posted NFT time standard.

Entries with NT in an event are NOT permitted.

A contestant may participate in only his or her own age group events

Contestants may enter as many events as they wish but must scratch down to a maximum of nine (9) individual events by Friday morning with no more than three (3) individual events per day.

Swimmers shall compete at the age attained on the first day of the meet. Entries in longer distance events may need to be limited due to time constraints. If necessary, it will be done based on the verifiable proof of entry time.

In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy, the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's, etc.) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.

Except where the venue facilities require otherwise, changing into or out of swimsuits other than the locker rooms or other designated areas is not appropriate and is prohibited.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the

water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.

Meet Manager reserves the right to Positive Check-In all 200 yard events in the interest of manageable time lines.

Meet Manager also reserves the right to adjust warm-up times for the 12 & Under sessions after entries have come in.

Dive-over starts will be used at this meet. Coaches are requested to review [Guidance for Dive-Over Starts for Coaches](#). Officials are requested to review [Protocol for Dive-Over Starts](#).

Individual Events All 9-10 events are trials and finals and will have one (1) heat in the finals sessions.

All 11-12 individual events will have a "B" final and an "A" final heat. The "B" final will be swum first.

All 13-14 and 15 & Over individual events will have a "B" final and an "A" final heat, except for the 400 IM and 500 Free, which will be a timed final event & swum in the prelims session. The "B" final will be swum first.

The 500 Free events will be swum Fast to Slow.

The 400IM events will be swum Slow to Fast.

400 IM & 500 Free require positive check-in.

Entries in 400IM & 500 Free may need to be limited due to time constraints. If necessary, it will be done based on the verifiable proof of entry time. **If a swimmer is removed from an event because of time constraints, they will be provided the opportunity to enter another event in the meet.**

Relay Events:

All Relays are timed finals. All Relays will be swum fastest to slowest.

All 200 yard relays will be pre-seeded. The 400 & 800 yard relays are positive check in.

Teams may enter as many relays as they wish into the event. Teams will score points for an "A" & "B" relay.

SWIMMERS WHO ARE INELIGIBLE FOR THE INDIVIDUAL EVENT DUE TO THEIR PERSONAL BEST TIME BEING FASTER THAN THE NFT STANDARD ARE NOT ELIGIBLE TO SWIM THAT DISTANCE/ STROKE WITHIN THE RELAY.

ALL RELAY EVENTS WILL BE SWUM IN THE PRELIMINARY SESSION.

Inclusion Policy:

PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.

- Time Trials:** There will be no time trials conducted at this meet.
- Check-In Policy:** For those events requiring positive check-in, athletes (or coaches for relay events) shall designate their intention to swim the event on the forms provided at the scratch table. Athletes who have not checked-in prior to the specified time will be scratched from the event. Athletes who have checked-in, have been seeded, and fail to swim the event will be barred from their next scheduled individual event, unless excused by the Referee.
- Scratch Policy:** If you do not wish to swim in the Final, you may "Scratch" from the event by following the proper procedure:
- You must fill out and sign a Finals Scratch Slip within 30 minutes of the announcement of qualifiers for "A" finals or "B" finals, if scheduled.
- You may declare an "intent to scratch." You must fill out and sign a Finals Scratch Slip within 30 minutes of the announcement of qualifiers, marking the appropriate space for "intent."
- You must confirm this intent on the Finals Scratch Slip within 30 minutes after the conclusion of your last preliminary event of the day or you will be automatically seeded into finals.
- If an athlete fails to properly scratch from an event and does not appear for the finals event they will be penalized their next prelims swim.
- Scoring:** Individual: 20 17 16 15 14 13 12 11 9 7 6 5 4 3 2 1
- Relays: 40 34 32 30 28 26 24 22 18 14 12 10 8 6 4 2
- Warm-Up:** The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. The meet director may determine the structure of the warm-up, including times and lane assignments.
- Supervision:** Coaches are responsible for the conduct of their Swimmers and Families and for cleaning up their team areas.
- Swimmers in the meet, unaccompanied by a USA-S coach must be certified by a USA-S coach as proficient in performing a racing start or must start each race from within the water. Ensuring compliance is the responsibility of the swimmer or the swimmer's legal guardian.
- Only athletes, USA Swimming certified coaches, and deck officials are permitted on the pool deck. Working Coaches & deck officials are required to display their 2013 or 2014 USA Swimming card.
- Parents not working the meet as a deck official, volunteer lane timer, or other meet position are not permitted on deck.
- Admission:** There is no admission charge.
- Programs:** The entire meet program will be available for \$15.99 on MEET MOBILE. We recommend purchasing the meet program via MEET MOBILE to ensure you have up to date heat and lane assignments.

Finals programs will be available for \$2.00 for those who do not purchase the weekend program.

Awards: All 14 & Under events will receive medals for 1st through 8th place for individual events and 1st through 3rd place for relay events.

High point awards will be presented to first place boy and girl in each age group and the 15 & Over category. Award will also be given to the first place Team.

Seating: Due to the limited pool deck space, Officials, USA Swimming Registered Coaches and Swimmers only will be permitted on the pool deck.

Personal Chairs will BE permitted on the deck for coaches only.

Swimmers will not be permitted to bring chairs on deck.

Bleachers will be available for team areas.

Warning: Any club or individual that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered swimmer to represent them, will be fined by PVS the sum of \$100.00 and no further entries will be accepted from that club until the said fine has been paid.

Entries: Entries may be sent via e-mail.

Entries should be submitted using Hy-Tek Team Manager.

Entry file: Include in the subject of the email, " 2013 Turkey Claus Showdown ****" with the clubs initials in place of the asterisks. Also include training site if your club submits multiple entry files. ·

Meet Directors are requested to acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the meet director.

Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100 and no further entries will be accepted from that club until the said fine is paid.

Fees: Fees for individual events are **\$8.00**, relays are **\$16.00**.
There is a **\$5.00** per athlete surcharge.

Make checks payable to **MACHINE AQUATICS**.

Please mail entry checks to:
Machine Aquatics
204 D Mill St., NE
Vienna, VA 22180

Entry fees are due with entries.

Entry Deadline: PRELIMINARY ENTRIES ARE DUE BY 5:00 p.m.,
Wednesday, November 20th, 2013
Submit Entries to: paris@machineaquatics.com

**FINAL ENTRY FILE IS DUE BY 5:00 p.m.
TUESDAY, NOVEMBER 26th , 2013**

Important:

The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.

Liability:

NOTE: In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, University of Maryland Eppley Recreation Center and Machine Aquatics shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event



TURKEY CLAUS SHOWDOWN

December 5 - 8th, 2013

Sponsored by Machine Aquatics

**ALL EVENTS ARE NO FASTER THAN (NFT) EVENTS
EVENT ENTRY TIMES ARE SHORT COURSE YARDS ONLY.**

Thursday, December 5th @ UMD Eppley Recreation Center

Warm Up - 4:00 - 5:00 pm * Events - 5:10 pm

| No FASTER Than | Girls Event # | Event | Boys Event # | No FASTER Than |
|----------------|---------------|--------------------------|--------------|----------------|
| 5:27.00 | 1 | 13-14 500 FREESTYLE | 2 | 5:16.00 |
| 5:14.01 | 3 | 15 & OVER 500 FREESTYLE | 4 | 4:52.00 |
| 5:59.00 | 123 | 12 & UNDER 500 FREESTYLE | 124 | 5:54.00 |

Friday, December 6th @ UMD Eppley Recreation Center

Warm Up - 6:30 - 7:30 am * Events - 7:40 am

| No FASTER Than | Girls Event # | Event | Boys Event # | No FASTER Than |
|----------------|---------------|---------------------------------|--------------|----------------|
| 2:06.50 | 5 | 13-14 200 FREESTYLE | 6 | 2:00.00 |
| 1:59.00 | 7 | 15 & OVER 200 FREESTYLE | 8 | 1:49.00 |
| 1:07.00 | 9 | 13- 14 100 BUTTERFLY | 10 | 1:05.00 |
| 1:01.00 | 11 | 15 & OVER 100 BUTTERFLY | 12 | 56.00 |
| 2:22.00 | 13 | 13- 14 200 BACKSTROKE | 14 | 2:18.00 |
| 2:14.00 | 15 | 15 & OVER 200 BACKSTROKE | 16 | 2:01.00 |
| 5:00.00 | 17 | 13- 14 400 INDIVIDUAL MEDLEY | 18 | 4:49.80 |
| 4:42.00 | 19 | 15 & OVER 400 INDIVIDUAL MEDLEY | 20 | 4:22.10 |
| 9:10.00 | 21 | 13- 14 800 FREESTYLE RELAY | 22 | 8:34.00 |
| 8:25.00 | 23 | 15 & OVER 800 FREESTYLE RELAY | 24 | 7:43.00 |

Friday, December 6th @ UMD Eppley Recreation Center
 Warm Up - 11:45 am – 12:35 pm * Events at 12:45 pm

| No FASTER Than | Girls Event # | Event | Boys Event # | No FASTER Than |
|----------------|---------------|-----------------------------|--------------|----------------|
| 2:18.30 | 25 | 11- 12 200 FREESTYLE | 26 | 2:18.80 |
| 2:39.00 | 27 | 9- 10 200 FREESTYLE | 28 | 2:43.00 |
| 1:22.80 | 29 | 11- 12 100 BREASTSTROKE | 30 | 1:22.40 |
| 1:35.50 | 31 | 9- 10 100 BREASTROKE | 32 | 1:36.40 |
| 2:52.00 | 33 | 12 & UNDER 200 BUTTERFLY | 34 | 2:50.30 |
| 34.00 | 35 | 11 -12 50 BACKSTROKE | 36 | 34.00 |
| 39.00 | 37 | 9- 10 50 BACKSTROKE | 38 | 38.80 |
| 1:13.00 | 39 | 11-12 100 INDIVIDUAL MEDLEY | 40 | 1:12.40 |
| 1:22.80 | 41 | 9 -10 100 INDIVIDUAL MEDLEY | 42 | 1:24.00 |
| 4:39.00 | 43 | 11- 12 400 FREESTYLE RELAY | 44 | 4:36.00 |

**ALL EVENTS ARE NO FASTER THAN (NFT) EVENTS
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Saturday, December 7th @ UMD Eppley Recreation Center
 Warm Up - 6:30 - 7:30 am * Events - 7:40 am

| No FASTER Than | Girls Event # | Event | Boys Event # | No FASTER Than |
|----------------|---------------|----------------------------|--------------|----------------|
| 27.20 | 45 | 13-14 50 FREESTYLE | 46 | 25.90 |
| 25.80 | 47 | 15 & OVER 50 FREESTYLE | 48 | 23.30 |
| 2:27.00 | 49 | 13 -14 200 BUTTERFLY | 50 | 2:25.00 |
| 2:17.00 | 51 | 15 & OVER 200 BUTTERFLY | 52 | 2:04.00 |
| 1:16.60 | 53 | 13- 14 100 BREASTSTROKE | 54 | 1:12.50 |
| 1:12.00 | 55 | 15 & OVER 100 BREASTSTROKE | 56 | 1:05.00 |
| 4:45.00 | 57 | 13- 14 400 MEDLEY RELAY | 58 | 4:32.30 |
| 4:29.50 | 59 | 15 & OVER 400 MEDLEY RELAY | 60 | 4:05.20 |

Saturday, December 7th @ UMD Eppley Recreation Center
 Warm Up - 11:45 am – 12:35 pm * Events at 12:45 pm

| No FASTER Than | Girls Event # | Event | Boys Event # | No FASTER Than |
|----------------|---------------|-----------------------------|--------------|----------------|
| 33.00 | 61 | 9-10 50 FREESTYLE | 62 | 33.00 |
| 28.80 | 63 | 11 -12 50 FREESTYLE | 64 | 29.00 |
| 38.00 | 65 | 9- 10 50 BUTTERFLY | 66 | 38.60 |
| 32.00 | 67 | 11-12 50 BUTTERFLY | 68 | 32.60 |
| 3:02.20 | 69 | 12 & UNDER 200 BREASTSTROKE | 70 | 3:02.20 |
| 1:26.60 | 71 | 9- 10 100 BACKSTROKE | 72 | 1:27.00 |
| 1:13.00 | 73 | 11- 12 100 BACKSTROKE | 74 | 1:13.60 |
| 2:48.00 | 75 | 9- 10 200 MEDLEY RELAY | 76 | 2:47.80 |
| 2:24.50 | 77 | 11-12 200 MEDLEY RELAY | 78 | 2:24.30 |

**ALL EVENTS ARE NO FASTER THAN (NFT) EVENTS
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Sunday, December 8th @ UMD Eppley Recreation Center
 Warm Up - 6:30 - 7:30 am * Events - 7:40 am

| No FASTER Than | Girls Event # | Event | Boys Event # | No FASTER Than |
|----------------|---------------|--------------------------------|--------------|----------------|
| 2:23.00 | 79 | 13 -14 200 INDIVIDUAL MEDLEY | 80 | 2:16.00 |
| 2:14.00 | 81 | 15& OVER 200 INDIVIDUAL MEDLEY | 82 | 2:03.00 |
| 58.00 | 83 | 13 -14 100 FREESTYLE | 84 | 54.50 |
| 55.00 | 85 | 15 & OVER 100 FREESTYLE | 86 | 50.10 |
| 2:44.90 | 87 | 13-14 200 BREASTSTROKE | 88 | 2:39.30 |
| 2:37.80 | 89 | 15 & OVER 200 BREASTSTROKE | 90 | 2:24.00 |
| 1:07.20 | 91 | 13- 14 100 BACKSTROKE | 92 | 1:05.00 |
| 1:03.40 | 93 | 15 & OVER 100 BACKSTROKE | 94 | 57.80 |
| 4:09.50 | 95 | 13- 14 400 FREESTYLE RELAY | 96 | 3:59.40 |
| 3:55.60 | 97 | 15 & OVER 400 FREESTYLE RELAY | 98 | 3:34.20 |

Sunday, December 8th @ UMD Eppley Recreation Center
 Warm Up - 11:45 am – 12:35 pm * Events at 12:45 pm

| No FASTER Than | Girls Event # | Event | Boys Event # | No FASTER Than |
|----------------|---------------|-----------------------------|--------------|----------------|
| 2:06.30 | 99 | 11- 12 200 FREESTYLE RELAY | 100 | 2:05.90 |
| 2:23.90 | 101 | 9- 10 200 FREESTYLE RELAY | 102 | 2:23.00 |
| 2:34.20 | 103 | 11-12 200 INDIVIDUAL MEDLEY | 104 | 2:37.60 |
| 3:00.00 | 105 | 9- 10 200 INDIVIDUAL MEDLEY | 106 | 3:00.90 |
| 1:03.60 | 107 | 11-12 100 FREESTYLE | 108 | 1:03.60 |
| 1:13.60 | 109 | 9- 10 100 FREESTYLE | 110 | 1:13.00 |
| 2:41.00 | 111 | 12 & UNDER 200 BACKSTROKE | 112 | 2:45.00 |
| 37.80 | 113 | 11- 12 50 BREASTSTROKE | 114 | 38.00 |
| 43.40 | 115 | 9-10 50 BREASTSTROKE | 116 | 43.40 |
| 1:15.00 | 117 | 11-12 100 BUTTERFLY | 118 | 1:15.00 |
| 1:35.00 | 119 | 9- 10 100 BUTTERFLY | 120 | 1:36.00 |
| 5:24.20 | 121 | 11- 12 400 MEDLEY RELAY | 122 | 5:20.70 |

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ORDER OF EVENTS FOR FINALS

FRIDAY-

200 FREESTYLE

100 BREASTSTROKE

200 BUTTERFLY

100 BUTTERFLY

50 BACKSTROKE

200 BACKSTROKE

100 INDIVIDUAL MEDLEY

SATURDAY-

50 FREESTYLE

50 BUTTERFLY

200 BUTTERFLY

200 BREASTSTROKE

100 BREASTSTROKE

100 BACKSTROKE

SUNDAY-

200 INDIVIDUAL MEDLEY

100 FREESTYLE

50 BREASTSTROKE

200 BREASTSTROKE

100 BUTTERFLY