

October 11-13, 2013

Sanctioned by USA Swimming through PVS and VA Swimming Sanction numbers: VS-14-02N and PVI-14-05

Meet Director	Luke Trafton
	luke.trafton@snowswimming.org 207-751-6836
Meet Referee	Mike Ryan  LJKLM@comcast.net  540-687-0315
Club Officials Chair	Mike Ryan <u>LJKLM@comcast.net</u>
Facility	Claude Moore Recreation Center 46105 Loudoun Park Lane Sterling, VA 20164 571-258-3600 One 25-yard course will be used during each. Warm-up / warm-down lane
	will be available throughout the meet.  Water depth ranges from 6'8" to 12'6" at both the starting end and turning end.  The competition course has not been certified in accordance with USA
	Swimming Rules and Regulations Article 104.2.2(C)  Automatic timing (touch pads primary) will be used for this meet.
Schedule	Friday, October 11 <sup>th</sup> : Warm-up: 4:00 – 4:45pm / Events: 5:00pm Saturday October 12 <sup>th</sup> and Sunday October 13 <sup>th</sup> :  11 and older timed finals: Warm-up: 7:10-7:55am / Events: 8:05am 10 and under timed finals: Warm-up: 12:00-12:30pm / Events: 12:40pm  ** Meet Director reserves the right to adjust times after entries are received
Eligibility	Open to invited USA Swimming teams. Swimmers shall compete at the age attained on Friday, October 11 <sup>th</sup> , 2013.
Rules	Current USA Swimming rules shall govern the meet.
	Swimmers may only participate in their own age group events or open events.
	Swimmers may enter a maximum of 8 individual events during the entire meet, no more than 3 events per day.
	Only short course times are applicable.



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In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for 12 &U sessions in Rule 205.3.1F.

Disability Swimmers	PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the Board of Directors. Athletes with disabilities are welcome to participate, and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
Warm Up	The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. The meet director may determine the structure of the warm-up, including times and lane assignments.
Supervision	Coaches are responsible for the conduct of their swimmers and families, as well as maintaining clean team areas. Coaches & deck officials are required to display their valid 2013 USA Swimming credentials.  Coaches are responsible for ensuring that their team areas are clean of
	any debris at the conclusion of each meet session.  Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.



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Meet Programs	Meet programs will be made available at www.snowswimming.org by Thursday, October 10 <sup>th</sup> by 12pm.	
Officials & Timers	All certified officials wishing to volunteer to work this meet should contact Mike Ryan, Email: <a href="mailto:LJKLM@comcast.net">LJKLM@comcast.net</a> . Phone: 540-687-0315. Please include your club affiliation, certifications held, and sessions you wish to work.	
	Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-up.	
	Each participating club is requested to provide at least one official and 3 timers per session if entering 25 or more swimmers.	
Seating	Due to the limited pool deck space, no chairs are allowed on deck.	
Fees	\$5.50 per individual event \$3.00 Facility surcharge per swimmer	

Entry Procedure	Teams should provide entries as follows:		
	Send e-mail to Luke Trafton at: luke.trafton@snowswimming.org Include with your commlink file one report by name and one by ever Create these reports in HyTek Team Manager and save as Word for Windows files. In the body of your email, provide entry numbers (girls, boys, totals) Include contact information (e-mail, phone, officials contact).		
	Entry Deadline: Tuesday, October 1st by 5pm		
	Important:		
	The Meet Director will acknowledge receipt by return email within 24 hours. Teams submitting entries that do NOT receive an		
	acknowledgement should contact the Meet Director by other means to confirm receipt.		
	The above date is the deadline for teams to submit their entries to the		
	Meet Director. Therefore, teams usually set an earlier deadline to		
	receive entries from their swimmers. Check with your team for this		



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information.

#### **Other Registration Details:**

Entries directly from individual team members will not be accepted. Entries by phone or fax entries will not be accepted.

Entries that are incomplete, submitted on incorrect forms, or lacking the phone number of a responsible team official will not be accepted.

Any club or individual that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered swimmer to represent them, will be fined by PVS the sum of \$100.00 and no further entries will be accepted from that club until the said fine has been paid.

Each participating team is requested to remit one check to cover the entry fee for the entire team.

Please make checks payable to "SNOW Swimming". Please do not send cash.

Entry fees are due with each team's entries. Unpaid fees will be reported to the PVS Administration Office at the conclusion of the meet. No further entries will be accepted from teams for future meets until entry fees are paid in full.

Send Entries To: Luke Trafton 46319 Stratton Terrace #304 Sterling, VA 20165

NOTE: In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Virginia Swimming, Claude Moore Recreation Center and Snow Swimming Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event



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Friday, October 11th, 2013 Warm-up: 4:00-4:45pm / Events: 5:00pm

Girls Event #		Boys Event #
1	12 & under 200 Back	2
3	13 & over 200 Back	4
5	12 & under 500 Free	6
7	13 & over 1000 Free	8

<sup>\*\* 1000</sup> Free will be swum fastest to slowest

Alternating women and men

Swimmers in 500 and 1000 need to provide their own timer and counter

Saturday, October 12th, 2013 11 and over Timed Finals

Warm-up: 7:10 - 7:55am / Events: 8:05am

\*\* Meet Director reserves the right to adjust times after entries are received

Girls Event #		Boys Event #
9	11-12 200 Free	10
11	13 & over 200 Free	12
13	11-12 100 Back	14
15	13 & over 100 Back	16
17	11-12 50 Breast	18
19	13 & over 400 IM	20
21	11-12 100 IM	22
23	13 & over 200 Breast	24
25	11- 12 200 Breast	26
27	13 & over 100 Fly	28
29	11 - 12 100 Fly	30
31	13 & over 50 Free	32
33	11-12 50 Free	34

Saturday, October 12th, 2013 10 and under Timed Finals

Warm-up: 12:00-12:30pm / Events: 12:40pm

\*\* Meet Director reserves the right to adjust times after entries are

Girls Event#		Boys Event #
35	10 and under 200 IM	36
37	8 & under 25 Back	38
39	9-10 50 Back	40
41	8 & under 50 Breast	42
43	9-10 50 Breast	44
45	8 & under 25 Free	46
47	9-10 100 Free	48
49	8 & Under 50 Fly	50
51	9-10 100 Fly	52
53	8 & under 100 Free	54



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Sunday, October 13th, 2013 11 and over Timed Finals

Warm-up: 7:10 - 7:55am / Events: 8:05am \*\* Meet Director reserves the right to adjust times after entries are received

Girls Event #		Boys Event #
55	11-12 50 Back	56
57	13 & over 200 IM	58
59	11-12 200 IM	60
61	13 & over 200 Fly	62
63	11-12 200 Fly	64
65	13 & over 500 Free	66
67	11-12 50 Fly	68
69	13 & over 100 Breast	70
71	11-12 100 Breast	72
73	13 & over 100 Free	74
75	11-12 100 Free	76

Sunday, October 13th, 2013 10 and Under Timed Finals

Warm-up: 12:00 - 12:30pm / Events: 12:40pm \*\* Meet Director reserves the right to adjust times after entries are received

Girls Event #		Boys Event #
77	10 and under 200 Free	78
79	8 & under 25 Fly	80
81	9-10 50 Fly	82
83	8 & under 50 Back	84
85	9-10 100 Back	86
87	8 & under 100 IM	88
89	9-10 100 IM	90
91	8 & under 25 Breast	92
93	9-10 100 Breast	94
95	8 & under 50 Free	96
97	9-10 50 Free	98