



7TH ANNUAL MACHINE  
LONG COURSE CLASSIC  
*speedo*<sup>®</sup>

April 26 - 28th, 2013

Sponsored by Machine Aquatics Swim Team  
Sanctioned by USA Swimming through Potomac Valley Swimming  
Sanction # PVC-13-64

**Meet Director:** Paris Jacobs  
Machine Aquatics  
204-D Mill St.  
Vienna, VA 22180  
tel. 571-238-7657  
email - [paris@machineaquatics.com](mailto:paris@machineaquatics.com)

**Meet Referee:** Stewart Gordon  
Machine Aquatics Officials Chair  
email - [officials@machineaquatics.com](mailto:officials@machineaquatics.com)

**Location:** Lee District Rec Center  
6601 Telegraph Rd.  
Alexandria, VA 22313  
703-922-9840

8 lanes, 50M pool

Water Depth is 13' at the starting end and 4.5' at the turning end of the pool.

The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2 (C).

**Timing System:** Automatic timing (touch pads primarily) will be used for this meet.

**Schedule:** Friday, April 26, 2013  
Warm up: 4:00 - 5:00 pm  
Events: 5:10 pm

Saturday, April 27, 2013

11-12 Year Old Warm Up: 6:15- 7:00am Events: 7:10am  
10 & Under Warm up: 10:30- 11:10am -Events: 11:15am  
13 & Over Warm up: 1:30- 2:30pm- Events: 2:40pm

Sunday, April 28, 2013

11-12 Year Old Warm Up: 6:15- 7:00am Events: 7:10am  
10 & Under Warm up: 10:30- 11:10am -Events: 11:15am  
13 & Over Warm up: 1:30- 2:30pm- Events: 2:40pm

\*\*Warm up/Event time may be adjusted after entries are received to allow for two 10 minute warm up breaks during the competition.

**Entry Deadline:** **FINAL ENTRY FILE IS DUE BY 5:00 PM**  
**Tuesday, April 16, 2013**

Open to all teams. Priority registration will be given to teams who participated in the 2011 Machine LC Classic.

**Important:** The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.

**ENTRIES ARE SUBJECT TO CLOSING EARLY DUE TO MEET LIMITATIONS.**

**Rules:** Current USA Swimming rules shall govern the meet. Clubs wishing to be invited need to contact the meet manager.

A contestant may enter a maximum of eight (8) individual events. Swimmers may compete in 2 events on Friday, 3 events on Saturday and 3 events on Sunday.

Swimmers may participate in only his or her own age group events.

Dive-over starts will be used at this meet. Coaches are requested to review Guidance for Dive-Over Starts for Coaches. Officials are requested to review Protocol for Dive-Over Starts.

In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker room. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's, etc.) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or swimmer's legal guardian to ensure compliance with this requirement.

**Meet Manager reserves the right to Positive Check-in all 200 yard events in the interest of manageable time lines.**

**Meet Manager also reserves the right to adjust warm-up times for all the sessions after entries have come in.**

**THE 800 FREE WILL BE SWUM FASTEST TO SLOWEST.  
800 FREE ENTRIES MY BE LIMITED DUE TO TIME  
CONSTRAINTS.**

The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & Under events per Rule 205.3.1F.

**Inclusion Policy:** PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD. Athletes with a disability are welcome and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.

**Time Trials:** There will be no time trials conducted at this meet.

**Supervision:** Coaches are responsible for the conduct of their swimmers and families and for cleaning up their team areas.

Only athletes, USA Swimming certified coaches and deck officials are permitted on the pool deck. Working coaches and deck officials are required to display their 2013 USA Swimming card.

Parents not working the meet as a deck official, volunteer lane timer or other meet positions are not permitted on deck.

**Admission:** There is no admission charge.

**Programs:** Meet programs will be available for \$3.00 per session.

**Awards:** Ribbons will be awarded for 1st-8th place individual events per age group. (10 & Under, 11-12, 13-14 and 15 & Over).

**Seating:** Due to the limited pool deck space, officials, USA Swimming registered coaches and swimmers only will be permitted on the pool deck.

**Personal chairs will be permitted on the deck for coaches only.**

**Swimmers will not be permitted to bring chairs on the deck.**

**Warning:** Any club or individual that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered swimmer to represent them, will be fined by PVS the sum of \$100.00 and no further entries will be accepted from that club until the said fine has been paid.

**Entries:** Entries should be sent via e-mail.  
**ENTRIES SHOULD BE SUBMITTED TO:**  
[paris@machineaquatics.com](mailto:paris@machineaquatics.com)  
Entries should be submitted using Hy-Tek Team Manager

**LCM TIMES ARE THE CONFORMING STANDARD FOR THIS MEET. YARD TIMES CAN BE CONVERTED FOR ENTRIES.**

Entry file: Include in the subject of the email, "Machine LC Classic\*\*\*" with the club's initials in place of the asterisks. Also, include training site if your club submits multiple entry files.

Meet Directors are requested to acknowledge receipt by return email within 24 hours. If acknowledgment is not received in a timely manner, please contact the meet director.

Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100 and no further entries will be accepted from that club until the said fine is paid.

If time permits, deck entries will be accepted for \$10.00.

**Fees:** Fees for individual events are **\$7.00 per event.**  
**Athlete Surcharge of \$2.00 per athlete**

Make checks payable to **Machine Aquatics.**

**Mail Payments to:**  
Paris Jacobs

Machine Aquatics  
204 D Mill St.  
Vienna, VA 22180

Entry fees are due with entries.

**FINAL ENTRY FILE IS DUE BY 5:00 PM  
TUESDAY, April 16, 2013**

**ENTRIES SHOULD BE SUBMITTED TO: [PARIS@MACHINEAQUATICS.COM](mailto:PARIS@MACHINEAQUATICS.COM)**

**Liability:**

**NOTE:** In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Lee District Rec Center and Machine Aquatics shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

# 2013 7th Annual Machine Long Course Classic

**FINAL ENTRY FILE IS DUE BY 5:00 p.m.**

**TUESDAY, April 16 , 2013**

ENTRIES SHOULD BE SUBMITTED TO: [paris@machineaquatics.com](mailto:paris@machineaquatics.com)

**Friday, April 26<sup>th</sup>, 2013**

Warm Up- 4:00 - 5:00 pm/ Events: 5:10 pm

<u>WOMEN</u>	<u>EVENT</u>	<u>MEN</u>
1	11-12 200M INDIVIDUAL MEDLEY	2
3	13 & OVER 200M INDIVIDUAL MEDLEY	4
5	10 & UNDER 50M FREESTYLE	6
7	11-12 50M FREESTYLE	8
9	13 & OVER 50M FREESTYLE	10
11	OPEN 800M FREESTYLE	12

**\*PVS Minimum Time Standard Policy for 800 Free Apply.**

**Saturday, April 27<sup>th</sup>, 2013**

**11-12 year old Session**

Warm Up- 6:15 - 7:00 am / Events: 7:10 am

13	12 & UNDER 200M BACKSTROKE	14
15	11-12 100M BUTTERFLY	16
17	12 & UNDER 200M BREASTSTROKE	18
19	11-12 100M FREESTYLE	20
21	11-12 50M BACKSTROKE	22
23	11-12 400M FREESTYLE	24

**Saturday, April 27<sup>th</sup>, 2013**

### **10 & Under Session**

Warm Up- 10:30- 11:10am / Events: 11:15 am

<u>WOMEN</u>	<u>EVENT</u>	<u>MEN</u>
25	10 & UNDER 400 FREESTYLE	26
27	10 & UNDER 100M BUTTERFLY	28
29	10 & UNDER 50M BACKSTROKE	30
31	10 & UNDER 100M FREESTYLE	32
33	10 & UNDER 50M BREASTSTROKE	34

**Saturday, April 27<sup>th</sup>, 2013**

### **13 & OVER Session**

Warm Up- 1:30- 2:30 pm / Events: 2:40 pm

<u>WOMEN</u>	<u>EVENT</u>	<u>MEN</u>
35	13 & OVER 200M BACKSTROKE	36
37	13 & OVER 100M FREESTYLE	38
39	13 & OVER 200M BUTTERFLY	40
41	13 & OVER 100M BREASTSTROKE	42
43	13 & OVER 400M FREESTYLE	44

**Sunday, April 28<sup>th</sup>, 2013**

***11-12 year old Session***

Warm Up- 6:15 - 7:00 am / Events: 7:10 am

<u>WOMEN</u>	<u>EVENT</u>	<u>MEN</u>
45	11-12 200M FREESTYLE	46
47	11-12 100M 50M BUTTERFLY	48
49	11-12 100M BREASTSTROKE	50
51	11-12 100M BACKSTROKE	52
53	11-12 50M BREASTROKE	54
55	12 & UNDER 200M BUTTERLY	56

**Sunday, April 28<sup>th</sup>, 2013**

***10 & Under Session***

Warm Up- 10:30- 11:10am / Events: 11:15 am

57	10 & UNDER 200M FREESTYLE	58
59	10 & UNDER 50M BUTTERFLY	60
61	10 & UNDER 100M BREASTSTROKE	62
63	10 & UNDER 100M BACKSTROKE	64
65	10 & UNDER 200 INDIVIDUAL MEDLEY	66



**Sunday, April 28<sup>th</sup>, 2013**

**13 & OVER Session**

Warm Up- 1:30- 2:30 pm / Events: 2:40 pm

<u>WOMEN</u>	<u>EVENT</u>	<u>MEN</u>
67	13 & OVER 200M FREESTYLE	68
69	13 & OVER 100M BUTTERFLY	70
71	13 & OVER 200M BREASTSTROKE	72
73	13 & OVER 100M BACKSTROKE	74
75	13 & OVER 400 INDIVIDUAL MEDLEY	76

**MEET MANAGER RESERVES THE RIGHT TO REARRANGE EVENTS**

**IF NEEDED FOR TIMELINE PURPOSES.**