

Meet Director	Eric Adams
	eric.adams@snowswimming.org
Meet Referee	703-727-1617 Mike Ryan
	LJKLM@comcast.net
	540-683-0315
Club Officials Chair	Mike Ryan
	LJKLM@comcast.net
	540-683-0315
Facility	Claude Moore Recreation Center
	46105 Loudoun Park Lane
	Sterling, VA 20164
	571-258-3600
	One 25-yard course will be used during each. Warm-up / warm-down lane will be available throughout the meet.
	Water depth ranges from 6'8" to 12'6" at both the starting end and turning end.
	The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C)
Timing System	Automatic timing (touch pads primary) will be used for this meet.
Schedule	Saturday February 23rd: 11 and older timed finals: Warm-up: 7:10-7:55am / Events: 8:05am 10 and under timed finals: Warm-up: 11:30-12:15pm / Events: 12:25pm ** Meet Director reserves the right to adjust times after entries are received
Eligibility	Open to invited USA Swimming teams. Swimmers shall compete at the age attained on Saturday, February 23 <sup>rd</sup> , 2013
Rules	Current USA Swimming rules shall govern the meet.
	Swimmers may only participate in their own age group events or open events.
	Swimmers may enter a maximum of 3 individual events during the entire meet.



	Only short course times are applicable.		
	In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.		
	Except where venue facilities require otherwise, changing into or ou swimsuits other than in locker rooms or other designated areas is no appropriate and is prohibited.		
	The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for 12 &U sessions in Rule 205.3.1F.		
Disability Swimmers	PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the Board of Directors. Athletes with disabilities are welcome to participate, and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.		
Warm Up	The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. The meet director may determine the structure of the warm-up, including times and lane assignments.		
Supervision	Coaches are responsible for the conduct of their swimmers and families, as well as maintaining clean team areas. Coaches & deck officials are required to display their valid 2012 USA Swimming credentials.		
	Coaches are responsible for ensuring that their team areas are clean of any debris at the conclusion of each meet session.		
	Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.		



Meet Programs	Meet programs will be made available at www.snowswimming.org by Friday, February 22 <sup>nd</sup> by 12pm.	
Officials & Timers	All certified officials wishing to volunteer to work this meet should contact Mike Ryan, Email: LJKLM@comcast.net. Phone: 540-687-0315. Please include your club affiliation, certifications held, and sessions you wish to work.	
	Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm- up.	
	Each participating club is requested to provide at least one official and 3 timers per session if entering 25 or more swimmers.	
Seating	Due to the limited pool deck space, no chairs are allowed on deck.	
Fees	<ul><li>\$5.50 per individual event</li><li>\$3.00 Facility surcharge per swimmer</li></ul>	
Entry Procedure	Teams should provide entries as follows:	
	Send e-mail to Eric Adams at: eric.adams@snowswimming.org Include with your commlink file one report by name and one by event. Create these reports in HyTek Team Manager and save as Word for Windows files. In the body of your email, provide entry numbers (girls, boys, totals). Include contact information (e-mail, phone, officials contact).	
	Entry Deadline: Tuesday, February 12 <sup>th</sup> by 5pm	
	<b>Important:</b> The Meet Director will acknowledge receipt by return email within 24 hours. Teams submitting entries that do NOT receive an acknowledgement should contact the Meet Director by other means to confirm receipt. The above date is the deadline for teams to submit their entries to the Meet Director. Therefore, teams usually set an earlier deadline to receive entries from their swimmers. Check with your team for this information.	
	Other Registration Details:Entries directly from individual team members will not be accepted.Entries by phone or fax entries will not be accepted.Entries that are incomplete, submitted on incorrect forms, or lacking the	



phone number of a responsible team official will not be accepted.
Any club or individual that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered swimmer to represent them, will be fined by PVS the sum of \$100.00 and no further entries will be accepted from that club until the said fine has been paid.
Each participating team is requested to remit one check to cover the entry fee for the entire team.
Please make checks payable to "SNOW Swimming". Please do not send cash.
Entry fees are due with each team's entries. Unpaid fees will be reported to the PVS Administration Office at the conclusion of the meet. No further entries will be accepted from teams for future meets until entry fees are paid in full.
Send Entries To: Eric Adams 342 Hedgestone Terrace NE Leesburg, VA 20176
NOTE: In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Virginia Swimming, Claude Moore Recreation Center and Snow Swimming Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event



# Saturday February 23<sup>rd</sup> 11 and over timed finals Warm-up: 7:10-7:55am / Events: 8:05am \*\*\*Meet Director reserves the right to adjust times once entries are received

Girls Event #		Boys Event #
1	11-12 50 Back	2
3	Open 400 IM	4
5	11-12 200 Free	6
7	13 & over 200 Free	8
9	11-12 100 Back	10
11	13 & over 100 Back	12
13	11-12 50 Breast	14
15	Open 200 Fly	16
17	11-12 50 Fly	18
19	11-12 100 IM	20
21	13 & over 100 Free	22
23	11-12 100 Free	24
25	Open 200 Back	26
27	13 & over 100 Breast	28
29	11-12 100 Breast	30
31	13 & over 50 Free	32
33	11-12 50 Free	34
35	Open 200 Breast	36
37	13 & over 100 Fly	38
39	11 - 12 100 Fly	40
41	13 & over 200 IM	42
43	11-12 200 IM	44
45	Open 500 Free	46



# Saturday February 23<sup>rd</sup> 10 and under timed finals Warm-up: 11:30-12:15am / Events: 12:25pm \*\*\*Meet Director reserves the right to adjust times once entries are received

Girls Event #		Boys Event #
47	10 and under 200 IM	48
49	8 & under 25 Back	50
51	9-10 50 Back	52
53	8 & under 50 Breast	54
55	9-10 50 Breast	56
57	8 & under 25 Free	58
59	9-10 100 Free	60
61	8 & Under 50 Fly	62
63	10 and under 100 Fly	64
65	8 & under 100 Free	66
67	10 and under 200 Free	68
69	8 & under 25 Breast	70
71	10 and under 100 Breast	72
73	8 & under 50 Back	74
75	10 and under 100 Back	76
77	8 & under 100 IM	78
79	9-10 100 IM	80
81	8 & under 25 Fly	82
83	9-10 50 Fly	84
85	8 & under 50 Free	86
87	9-10 50 Free	88