



SPEEDO PRESENTS THE 7th ANNUAL



TURKEY CLAUS SHOWDOWN

November 29th - December 2nd, 2012 Sponsored by Machine Aquatics Swim Team

Sanctioned by USA Swimming through Potomac Valley Swimming PVC-13-24



The Turkey Claus Showdown meet is a proud official sponsor of the DC Area Toys for Tots program. We are asking **EVERY** participating swimmer to **donate 1 NEW toy for children in need in the area.** Swimmers can donate the toy at the meet!

Meet Director: Paris Jacobs

2314 Toddsbury Place Reston, VA 20191 571-238-7657

paris@machineaquatics.com

Meet Referee: Stewart Gordon, Machine Officials Chair

officials@machineaguatics.com

Location: University of Maryland

Eppley Recreation Center College Park, MD 20742

301-226-5383

The competition course has not been certified in accordance with the USA Swimming Rules and Regulation Article 104.2.2(C). The competition course has moveable bulkheads and will be measured before and after each session to ensure accuracy of the course.

One course is 11'6 to 13'0 deep across 8 lanes at the starting and turning end. The other course is 10'9 to 5'0 deep across 8 lanes at the starting and turning

end.

Timing System: Automatic timing (touch pads primarily) will be used for this meet.

Schedule: Start Times for Thursday, November 30th

Warm Up: 4:00 pm - 5:00 pm

Events: 5:10 pm

13 & Over Start Times for Friday, Saturday and Sunday

Warm Up: 6:30 am - 7:30 am

Events: 7:40 am

12 & Under Start Times for Friday, Saturday and Sunday

Warm Up: 11:45 am - 12:35 pm

Events: 12:45 pm

Start Times for Finals Sessions on Friday, Saturday and Sunday

Warm-up: 4:30 to 5:30 PM

Events: 5:40 PM

Based on historical entries for this meet, it is anticipated that that the preliminary

sessions will be run in two courses.

Rules: Current USA Swimming rules shall govern the meet. The qualifying standards for

the meet are no faster than (NFT) time standards listed on the meet

announcement.

NEW- Swimmers competing in the TDI meet in four (4) or more events are not eligible for the meet.

All individual events will be governed by "No Faster Than" (NFT) time standards. These NFT time standards are equivalent to the individual event qualification time standards maintained at the Tom Dolan Invitational Meet (December 6th- 9th. 2012). A swimmer can only enter individual events in which his/her official USA Swimming time is not faster than the posted NFT time standard.

Entries with NT in an event are NOT permitted.

A contestant may participate in only his or her own age group events Contestants may enter as many events as they wish but must scratch down to a maximum of nine (9) individual events by Friday morning with no more than three (3) individual events per day.

Swimmers shall compete at the age attained on the first day of the meet. Entries in longer distance events may need to be limited due to time constraints. If necessary, it will be done based on the verifiable proof of entry time.

In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy, the use of equipment

capable of taking pictures (i.e. cell phones, cameras, PDA's, etc.) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.

Except where the venue facilities require otherwise, changing into or out of swimsuits other than the locker rooms or other designated areas is not appropriate and is prohibited.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.

Meet Manager reserves the right to Positive Check-In all 200 yard events in the interest of manageable time lines.

Meet Manager also reserves the right to adjust warm-up times for the 12 & Under sessions after entries have come in.

Dive-over starts will be used at this meet. Coaches are requested to review Guidance for Dive-Over Starts for Coaches. Officials are requested to review Protocol for Dive-Over Starts.

Individual Events All 9-10 events are trials and finals and will have one (1) heat in the finals sessions.

All 11-12 individual events will have a "B" final and an "A" final heat. The "B" final will be swum first.

All 13-14 and 15 & Over individual events will have a "B" final and an "A" final heat, except for the 400 IM and 500 Free, which will be a timed final event & swum in the prelims session. The "B" final will be swum first.

400 IM & 500 Free require positive check-in.

Entries in 400IM & 500 Free may need to be limited due to time constraints. If necessary, it will be done based on the verifiable proof of entry time. If a swimmer is removed from an event because of time constraints, they will be provided the opportunity to enter another event in the meet.

Relay Events: All Relays are timed finals. All Relays will be swum fastest to slowest.

> All 200 yard relays will be pre-seeded. The 400 & 800 yard relays are positive check in.

NEW- Teams may enter as many relays as they wish into the event. Teams will score points for an "A" & "B" relay.

ALL RELAY EVENTS WILL BE SWUM IN THE PRELIMINARY SESSION.

Inclusion Policy: PVS and host clubs along with their Meet Directors are committee to the

> Inclusion Policy as adopted by the BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the

session referee of any disability prior to competition.

There will be no time trials conducted at this meet. Time Trials:

For those events requiring positive check-in, athletes (or coaches for relay Check-In Policy:

> events) shall designate their intention to swim the event on the forms provided at the scratch table. Athletes who have not checked-in prior to the specified time will be scratched from the event. Athletes who have checked-in, have been seeded, and fail to swim the event will be barred from their next scheduled individual

event, unless excused by the Referee.

Scratch Policy: If you do not wish to swim in the Final, you may "Scratch" from the event by following the

proper procedure:

You must fill out and sign a Finals Scratch Slip within 30 minutes of the announcement

of qualifiers for "A" finals or "B" finals, if scheduled.

You may declare an "intent to scratch." You must fill out and sign a Finals Scratch Slip within 30 minutes of the announcement of qualifiers, marking the appropriate space for

"intent."

You must rescind or "pull" this intent on the Finals Scratch Slip within 30 minutes after

the conclusion of your last preliminary event of the day or you will be automatically

seeded.

If an athlete fails to properly scratch from an event and does not appear for the event will

be penalized their next individual event.

Scoring: Individual: 20 17 16 15 14 13 12 11 9 7 6 5 4 3 2 1

Relays: 40 34 32 30 28 26 24 22 18 14 12 10 8 6 4 2

Warm-Up: The prescribed Potomac Valley Swimming warm-up procedures and safety policies will

be followed. The meet director may determine the structure of the warm-up, including

times and lane assignments.

Supervision: Coaches are responsible for the conduct of their Swimmers and Families and for

cleaning up their team areas.

Only athletes, USA Swimming certified coaches, and deck officials are permitted on the pool deck. Working Coaches & deck officials are required to display their 2012 or 2013

USA Swimming card.

Parents not working the meet as a deck official, volunteer lane timer, or other meet

position are not permitted on deck.

Admission: There is no admission charge.

Programs: The entire meet program will be available for \$15.00.

Finals programs each night will be free with finals coupon from meet program.

Finals programs will be available for \$2.00 for those with out their finals program coupon.

Awards: All 14 & under events will receive medals for 1st through 8th place for individual events

1st through 3rd place for relay events.

High point awards will be presented to first place boy and girl in each age group and the

15 & Over category. Award will also be given to the first place Team.

Seating: Due to the limited pool deck space, Officials, USA Swimming Registered Coaches and

Swimmers only will be permitted on the pool deck.

Personal Chairs will BE permitted on the deck for coaches only.

Swimmers will not be permitted to bring chairs on deck.

Bleachers will be available for team areas.

Warning: Any club or individual that enters an unregistered athlete, falsifies an entry in any way, or

permits an unregistered swimmer to represent them, will be fined by PVS the sum of \$100.00 and no further entries will be accepted from that club until the said fine has

been paid.

Entries: Entries may be sent via e-mail.

Entries should be submitted using Hy-Tek Team Manager.

Entry file: Include in the subject of the email, "2012 Turkey Claus Showdown ***" with the clubs initials in place of the asterisks. Also include training site if your club submits

multiple entry files. ·

Meet Directors are requested to acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the meet director.

Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100 and no further entries will be accepted from that club until the said fine is paid.

Fees: Fees for individual events are \$7.00, relays are \$12.00.

Make checks payable to **MACHINE AQUATICS**.

Please mail entry checks to: Machine Aquatics P.O. Box 710990 Herndon, VA 20191

Entry fees are due with entries.

Entry Deadline: PRELIMINARY ENTRIES ARE DUE BY 5:00 p.m.,

Thursday, November 15th, 2012

Submit Entries to: paris@machineaquatics.com

FINAL ENTRY FILE IS DUE BY 5:00 p.m. TUESDAY, NOVEMBER 20th, 2012

Important: The above date is the deadline for clubs to submit their entries to the Meet Director.

Therefore, clubs usually set an earlier deadline to receive entries from their swimmers.

Check with your club for this information.

Liability: NOTE: In granting this sanction it is understood and agreed that USA Swimming,

Potomac Valley Swimming, University of Maryland Eppley Recreation Center and Machine Aquatics shall be free from any liabilities or claims for damages arising by

reason of injuries to anyone during the conduct of the event.

UPDATED: 11/30/12 TO REFLECT ADDITION OF EVENTS 123 & 124 – 12 & UNDER 500 FREE & MOVING OF EVENTS 91-94-13-14 & 11-12 100 BACKSTROKE TO SATURDAY.



TURKEY CLAUS SHOWDOWN

November 29th - December 2nd, 2012 Sponsored by Machine Aquatics Swim Team

ALL EVENTS ARE NO FASTER THAN (NFT) EVENTS EVENT ENTRY TIMES ARE SHORT COURSE YARDS ONLY.

Thursday, November 29th @ UMD Eppley Recreation Center Warm Up - 4:00 - 5:00 pm * Events - 5:10 pm

No FASTER Than	Girls Event #	Event	Boys Event #	No FASTER Than
5:27.00	1	13- 14 500 FREESTYLE	2	5:16.00
5:14.01	3	15 & OVER 500 FREESTYLE	4	4:52.00
5:58.98	123	12 & UNDER 500 FREESTYLE	124	5:53.98

Friday, November 30th @ UMD Eppley Recreation Center Warm Up - 6:30 - 7:30 am * Events - 7:40 am

No FASTER	Girls	Event	Boys	No FASTER
Than	Event #		Event #	Than
2:06.50	5	13-14 200 FREESTYLE	6	2:00.00
1:59.00	7	15 & OVER 200 FREESTYLE	8	1:49.00
1:07.00	9	13- 14 100 BUTTERFLY	10	1:05.00
1:01.00	11	15 & OVER 100 BUTTERFLY	12	56.00

2:22.00	13	13- 14 200 BACKSTROKE	14	2:18.00
2:14.00	15	15 & OVER 200 BACKSTROKE	16	2:01.00
5:00.00	17	13- 14 400 INDIVIDUAL MEDLEY	18	4:49.80
4:42.00	19	15 & OVER 400 INDIVIDUAL MEDLEY	20	4:22.10
9:10.00	21	13- 14 800 FREESTYLE RELAY	22	8:34.00
8:25.00	23	15 & OVER 800 FREESTYLE RELAY	24	7:43.00

ALL EVENTS ARE NO FASTER THAN (NFT) EVENTS EVENT ENTRY TIMES ARE SHORT COURSE YARDS ONLY.

Friday, November 30th, 2012 @ UMD Eppley Recreation Center Warm Up - 11:45 am - 12:35 pm * Events at 12:45 pm

No FASTER	Girls	Event	Boys	No FASTER
Than	Event #		Event #	Than
2:18.30	25	11- 12 200 FREESTYLE	26	2:18.80
2:39.00	27	9- 10 200 FREESTYLE	28	2:43.00
1:22.80	29	11- 12 100 BREASTSTROKE	30	1:22.40
1:35.50	31	9- 10 100 BREASTROKE	32	1:36.40
2:52.00	33	12 & UNDER 200 BUTTERFLY	34	2:50.30
34.00	35	11 -12 50 BACKSTROKE	36	34.00
39.00	37	9- 10 50 BACKSTROKE	38	38.80
1:13.00	39	11-12 100 INDIVIDUAL MEDLEY	40	1:12.40
1:22.80	41	9 -10 100 INDIVIDUAL MEDLEY	42	1:24.00
4:39.00	43	11- 12 400 FREESTYLE RELAY	44	4:36.00

Saturday, December 1st, 2012 @ UMD Eppley Recreation Center Warm Up - 6:30 - 7:30 am * Events - 7:40 am

No FASTER	Girls	Event	Boys	No FASTER
Than	Event #		Event #	Than
27.20	45	13-14 50 FREESTYLE	46	25.90
25.80	47	15 & OVER 50 FREESTYLE	48	23.30
2:27.00	49	13 -14 200 BUTTERFLY	50	2:25.00
2:17.00	51	15 & OVER 200 BUTTERFLY	52	2:04.00
1:16.60	53	13- 14 100 BREASTSTROKE	54	1:12.50
1:12.00	55	15 & OVER 100 BREASTSTROKE	56	1:05.00
1:07.20	91	13- 14 100 BACKSTROKE	92	1:05.00
1:03.40	93	15 & OVER 100 BACKSTROKE	94	57.80
4:45.00	57	13- 14 400 MEDLEY RELAY	58	4:32.30
4:29.50	59	15 & OVER 400 MEDLEY RELAY	60	4:05.20

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Saturday, December 1st, 2012 @ UMD Eppley Recreation Center Warm Up - 11:45 am - 12:35 pm * Events at 12:45 pm

No FASTER	Girls Event #	Event	Boys Event #	No FASTER Than
Than				
33.00	61	9-10 50 FREESTYLE	62	33.00
28.80	63	11 -12 50 FREESTYLE	64	29.00
38.00	65	9- 10 50 BUTTERFLY	66	38.60
32.00	67	11-12 50 BUTTERFLY	68	32.60

3:02.20	69	12 & UNDER 200 BREASTSTROKE	70	3:02.20
1:26.60	71	9- 10 100 BACKSTROKE	72	1:27.00
1:13.00	73	11- 12 100 BACKSTROKE	74	1:13.60
2:48.00	75	9- 10 200 MEDLEY RELAY	76	2:47.80
2:24.50	77	11-12 200 MEDLEY RELAY	78	2:24.30

Sunday, December 2nd, 2012 @ UMD Eppley Recreation Center Warm Up - 6:30 - 7:30 am * Events - 7:40 am

No FASTER	Girls	Event	Boys	No FASTER
Than	Event #		Event #	Than
2:23.00	79	13 -14 200 INDIVIDUAL MEDLEY	80	2:16.00
2:14.00	81	15& OVER 200 INDIVIDUAL MEDLEY	82	2:03.00
58.00	83	13 -14 100 FREESTYLE	84	54.50
55.00	85	15 & OVER 100 FREESTYLE	86	50.10
2:44.90	87	13-14 200 BREASTSTROKE	88	2:39.30
2:37.80	89	15 & OVER 200 BREASTSTROKE	90	2:24.00
4:09.50	95	13- 14 400 FREESTYLE RELAY	96	3:59.40
3:55.60	97	15 & OVER 400 FREESTYLE RELAY	98	3:34.20

ALL EVENTS ARE NO FASTER THAN (NFT) EVENTS EVENT ENTRY TIMES ARE SHORT COURSE YARDS ONLY.

Sunday, December 2nd, 2012 @ UMD Eppley Recreation Center Warm Up - 11:45 am - 12:35 pm * Events at 12:45 pm

No FASTER	Girls	Event	Boys	No FASTER
Than	Event #		Event #	Than
2:06.30	99	11- 12 200 FREESTYLE RELAY	100	2:05.90
2:23.90	101	9- 10 200 FREESTYLE RELAY	102	2:23.00
2:34.20	103	11-12 200 INDIVIDUAL MEDLEY	104	2:37.60
3:00.00	105	9- 10 200 INDIVIDUAL MEDLEY	106	3:00.90
1:03.60	107	11-12 100 FREESTYLE	108	1:03.60
1:13.60	109	9- 10 100 FREESTYLE	110	1:13.00
2:41.00	111	12 & UNDER 200 BACKSTROKE	112	2:45.00
37.80	113	11- 12 50 BREASTSTROKE	114	38.00
43.40	115	9-10 50 BREASTSTROKE	116	43.40
1:15.00	117	11-12 100 BUTTERFLY	118	1:15.00
1:35.00	119	9- 10 100 BUTTERFLY	120	1:36.00
5:24.20	121	11- 12 400 MEDLEY RELAY	122	5:20.70