



SPEEDO PRESENTS THE 6<sup>TH</sup> ANNUAL

# TURKEY CLAUS SHOWDOWN

December 2<sup>nd</sup>-4<sup>th</sup>, 2011

Sponsored by Machine Aquatics Swim Team

Sanctioned by USA Swimming through Potomac Valley Swimming

Sanction # PVC-12-24



The Turkey Claus Showdown meet is a proud official sponsor of the DC Area Toys for Tots program.

We are asking **EVERY** participating swimmer to **donate 1 NEW toy for children in need in the area.** Swimmers can donate the toy at the meet!!

Meet Director / Meet Referee	Paris Jacobs 2314 Toddsbury Place Reston, Va 20191 571-238-7657 paris@machineaquatics.com	Scott Robinson- Meet Referee officials@machineaquatics.com
Location	<p><u>Takoma Aquatic and Community Center</u> 300 Van Buren St, NW Washington, DC 20011 202-576-9284, 202-576-9285</p> <p>2- 8 lane- 25Y courses will be used. Lanes are 7 feet wide, 4.5' at the starting end and 13.5' at the turning end. Kiefer lanes and starting blocks are at the deepest ends of the course. Stainless steel gutter system. Colorado Timing Systems, multi-lane scoreboard.</p> <p>The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2 (C).</p>	
Schedule	<p><b>13 &amp; Over warm-ups for Friday, Saturday &amp; Sunday:</b> 6:30- 7:30a.m. EVENTS:7:40 a.m.</p> <p><b>12 &amp; Under Warm-ups for Friday, Saturday &amp; Sunday:</b> 11:45 a.m - 12:35 p.m. EVENTS: 12:45p.m.</p> <p><b>Finals Warm-up: 4:30 to 5:30 PM Events 5:40 PM</b></p>	

Rules

Current USA Swimming rules shall govern the meet. The qualifying standards for the meet are no faster than (NFT) time standards listed on the meet announcement.

***NEW- Swimmers competing in the TDI meet in four (4) or more events are not eligible for the meet.***

All individual events will be governed by "No Faster Than" (NFT) time standards. These NFT time standards are equivalent to the individual event qualification time standards maintained at the Tom Dolan Invitational Meet (December 8<sup>th</sup>- 11<sup>th</sup>, 2011). A swimmer can only enter individual events in which his/her official USA Swimming time is not faster than the posted NFT time standard.

Entries with NT in an event are NOT permitted.

A contestant may participate in only his or her own age group events

**Contestants may enter as many events as they wish but must scratch down to a maximum of nine (9) individual events by Friday morning with no more than three (3) individual events per day.**

Swimmers shall compete at the age attained on the first day of the meet. Entries in longer distance events may need to be limited due to time constraints. If necessary, it will be done based on the verifiable proof of entry time.

In compliance with USA Swimming Rules and Regulations; the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDS's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.

**The practice of deck changing is prohibited at all PVS Sanctioned events. Swimmers participating in deck changing would be violating the USA Swimming Code of Conduct/Sportsmanship policy and could be subject to removal from further competition in the meet.**

The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for the 12 & U sessions in Rule 205.3.1F.

**Meet Manager reserves the right to Positive Check-In all 200 yard events in the interest of manageable time lines.**

**Meet Manager also reserves the right to adjust warm-up times for the 12 & Under sessions after entries have come in.**

**Dive-over starts will be used at this meet. Coaches are requested to review Guidance for Dive-Over Starts for Coaches. Officials are requested to review Protocol for Dive-Over Starts.**

**Individual Events All 9-10 events** are trials and finals and will have one (1) heat in the finals sessions.

**All 11-12 individual events** will have a "B" final and an "A" final heat, except the 400 IM

	<p>which will be a timed final &amp; swum in the prelims session. The "B" final will be swum first.</p> <p><b>All 13-14 and 15 &amp; Over individual events</b> will have a "B" final and an "A" final heat, except for the 500 Free, which will be a timed final event &amp; swum in the prelims session. The "B" final will be swum first.</p> <p><b>400 IM &amp; 500 Free require positive check-in.</b></p> <p>Entries in 400IM &amp; 500 Free may need to be limited due to time constraints. If necessary, it will be done based on the verifiable proof of entry time. <b>If a swimmer is removed from an event because of time constraints, they will be provided the opportunity to enter another event in the meet.</b></p>
Relay Events	<p>All Relays are timed finals. All Relays will be swum fastest to slowest.</p> <p>All 200 yard relays will be pre-seeded. The 400 &amp; 800 yard relays are positive check in.</p> <p><b>NEW- Teams may enter as many relays as they wish into the event. Teams will score points for an "A" &amp; "B" relay.</b></p> <p>ALL RELAY EVENTS WILL BE SWUM IN THE PRELIMINARY SESSION.</p>
Inclusion Policy for Swimmers with a Disability	<p>PVS and host clubs along with their Meet Directors are committee to the Inclusion Policy as adopted by the BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.</p>
Time Trials	<p>There will be no time trials conducted at this meet.</p>
PVS Check-in Policy	<p>For those events requiring positive check-in, athletes (or coaches for relay events) shall designate their intention to swim the event on the forms provided at the scratch table. Athletes who have not checked-in prior to the specified time will be scratched from the event. Athletes who have checked-in, have been seeded, and fail to swim the event will be barred from their next scheduled individual event, unless excused by the Referee.</p>
Meet Scratch Policy	<p>If you do not wish to swim in the Final, you may "Scratch" from the event by following the proper procedure:</p> <p>You must fill out and sign a Finals Scratch Slip within 30 minutes of the announcement of qualifiers for "A" finals or "B" finals, if scheduled.</p> <p>You may declare an "intent to scratch." You must fill out and sign a Finals Scratch Slip within 30 minutes of the announcement of qualifiers, marking the appropriate space for "intent."</p> <p>You must rescind or "pull" this intent on the Finals Scratch Slip within 30 minutes after the conclusion of your last preliminary event of the day or you will be automatically scratched.</p> <p>If an athlete fails to properly scratch from an event and does not appear for the event will be penalized their next swim.</p>
Scoring	<p>Individual: 20 17 16 15 14 13 12 11 9 7 6 5 4 3 2 1</p> <p>Relays: 40 34 32 30 28 26 24 22 18 14 12 10 8 6 4 2</p>
Warm-Up	<p>The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. The meet director may determine the structure of the warm-up, including times and lane assignments.</p>

Supervision	<p>Coaches are responsible for the conduct of their Swimmers and Families and for cleaning up their team areas.</p> <p>Swimmers in the meet, unaccompanied by a USA-S coach must be certified by a USA- S coach as proficient in performing a racing start or must start each race from within the water. Ensuring compliance is the responsibility of the swimmer or the swimmer's legal guardian.</p> <p>Only athletes, USA Swimming certified coaches, and deck officials are permitted on the pool deck. Working Coaches &amp; deck officials are required to display their 2011 or 2012 USA Swimming card.</p> <p>Parents not working the meet as a deck official, volunteer lane timer, or other meet position are not permitted on deck.</p>
Admission	There is no admission charge.
Programs	<p><b>The entire meet program will be available for \$15.00.</b></p> <p>Finals programs each night will be free with finals coupon from meet program.</p> <p>Finals programs will be available for \$2.00 for those with out their finals program coupon.</p>
Awards	<p>All 14 &amp; under events will receive medals for 1st through 8th place for individual events</p> <p>1st through 3rd place for relay events.</p> <p>High point awards will be presented to first place boy and girl in each age group and the 15 &amp; Over category. Award will also be given to the first place Team.</p>
Seating	<p>Due to the limited pool deck space, Officials, USA Swimming Registered Coaches and Swimmers only will be permitted on the pool deck.</p> <p><b>Personal Chairs <u>will BE permitted</u> on the deck for coaches only.</b></p> <p><b>Swimmers will not be permitted to bring chairs on deck.</b></p> <p>Bleachers will be available for team areas.</p>
Warning	Any club or individual that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered swimmer to represent them, will be fined by PVS the sum of \$100.00 and no further entries will be accepted from that club until the said fine has been paid.

<p>Entries</p>	<p>Entries may be sent via e-mail.</p> <p>Entries should be submitted using Hy-Tek Team Manager.</p> <p>Entry file: Include in the subject of the email, “ 2011 Turkey Claus Showdown ***” with the clubs initials in place of the asterisks. Also include training site if your club submits multiple entry files. .</p> <p>Meet Directors are requested to acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the meet director.</p> <p>Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100 and no further entries will be accepted from that club until the said fine is paid.</p>
<p>Fees</p>	<p>Fees for individual events are <b>\$7.00</b>, relays are <b>\$12.00</b>.</p> <p>There is a \$2.00 surcharge per athlete to cover additional DC Park and Rec. Service fees Each participating Club is requested to remit one check to cover the entry fee for the entire team. Do not send cash.</p> <p>Make checks payable to <b>MACHINE AQUATICS</b>.</p> <p>Please mail entry checks to: Machine Aquatics P.O. Box 710990 Herndon, VA 20171</p> <p>Entry fees are due with entries.</p>
<p>Entry Deadline</p>	<p style="text-align: center;">PRELIMINARY ENTRIES ARE DUE BY 5:00 p.m., Thursday, November 17th, 2011. Submit Entries to: <a href="mailto:paris@machineaquatics.com">paris@machineaquatics.com</a></p> <p style="text-align: center;"><b>FINAL ENTRY FILE IS DUE BY 5:00 p.m. TUESDAY, NOVEMBER 22ND , 2011</b></p> <p><b>Important:</b> The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>
<p>Liability:</p>	<p>NOTE: In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Takoma Park Pool &amp; DC Parks &amp; Rec and Machine Aquatics shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</p>

**ALL EVENTS ARE NO FASTER THAN (NFT) EVENTS  
EVENT ENTRY TIMES ARE SHORT COURSE YARDS ONLY.**

Friday, December 2<sup>nd</sup>, 2011 @ Takoma Park Pool  
Warm Up- 6:30 -:7:30 a.m. Events at 7:40 a.m.

No FASTER Than	Girls Event #	Event	Boys Event #	No FASTER than
2:06.50	1	13-14 200 FREESTYLE	2	2:02.00
1:59.00	3	15 & OVER 200 FREESTYLE	4	1:49.00
1:07.00	5	13- 14 100 BUTTERFLY	6	1:05.00
1:02.20	7	15 & OVER 100 BUTTERFLY	8	57.00
2:22.00	9	13- 14 200 BACKSTROKE	10	2:18.00
2:14.50	11	15 & OVER 200 BACKSTROKE	12	2:03.00
5:00.00	13	13- 14 400 INDIVIDUAL MEDLEY	14	5:00.80
4:42.00	15	15 & OVER 400 INDIVIDUAL MEDLEY	16	4:22.10
9:10.00	17	13- 14 800 FREESTYLE RELAY	18	8:34.00
8:25.00	19	15 & OVER 800 FREESTYLE RELAY	20	7:43.00

Friday, December 2<sup>nd</sup>, 2011 @ Takoma Park Pool  
Warm Up- 11:45 a.m. – 12:35 p.m.- Events at 12:45 p.m.

No FASTER Than	Girls Event #	Event	Boys Event #	No FASTER than
2:18.30	21	11- 12 200 FREESTYLE	22	2:18.80
2:46.00	23	9- 10 200 FREESTYLE	24	2:43.00
1:22.80	25	11- 12 100 BREASTSTROKE	26	1:36.40
1:35.50	27	9- 10 100 BREASTSTROKE	28	1:36.40
2:52.00	29	12 & UNDER 200 BUTTERFLY	30	2:50.30
34.00	31	11 -12 50 BACKSTROKE	32	34.00
39.00	33	9- 10 50 BACKSTROKE	34	38.80
1:12.60	35	11-12 100 INDIVIDUAL MEDLEY	36	1:12.40
1:22.80	37	9 -10 100 INDIVIDUAL MEDLEY	38	1:24.00
4:39.00	39	11- 12 400 FREESTYLE RELAY	40	4:36.00

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Saturday, December 3rd, 2011 @ Takoma Park Pool  
Warm Up- 6:30 -:7:30 a.m. Events at 7:40 a.m.

No FASTER Than	Girls Event #	Event	Boys Event #	No FASTER than
27.20	41	13-14 50 FREESTYLE	42	25.90
25.80	43	15 & OVER 50 FREESTYLE	44	23.30
2:27.00	45	13 -14 200 BUTTERFLY	46	2:25.00
2:17.00	47	15 & OVER 200 BUTTERFLY	48	2:04.00
1:16.60	49	13- 14 100 BREASTSTROKE	50	1:12.50
1:12.40	51	15 & OVER 100 BREASTSTROKE	52	1:06.00
5:27.00	53	13- 14 500 FREESTYLE	54	5:16.00
5:15.00	55	15 & OVER 500 FREESTYLE	56	4:54.00
4:45.00	57	13- 14 400 MEDLEY RELAY	58	4:32.30
4:29.50	59	15 & OVER 400 MEDLEY RELAY	60	4:05.20

Saturday, December 3rd, 2011 @ Takoma Park Pool  
Warm Up- 11:45 a.m. – 12:35 p.m.- Events at 12:45 p.m.

No FASTER Than	Girls Event #	Event	Boys Event #	No FASTER than
33.00	61	9-10 50 FREESTYLE	62	33.00
34.00	63	11 -12 50 FREESTYLE	64	34.00
38.00	65	9- 10 50 BUTTERFLY	66	38.60
32.50	67	11-12 50 BUTTERFLY	68	32.60
3:02.20	69	12 & UNDER 200 BREASTSTROKE	70	3:02.20
1:26.60	71	9- 10 100 BACKSTROKE	72	1:27.00
1:13.50	73	11- 12 100 BACKSTROKE	74	1:13.60
2:48.00	75	9- 10 200 MEDLEY RELAY	76	2:47.80
2:24.50	77	11-12 200 MEDLEY RELAY	78	2:24.30

**ALL EVENTS ARE NO FASTER THAN (NFT) EVENTS  
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Sunday, December 4th, 2011 @ Takoma Park Pool  
Warm Up- 6:30 -7:30 a.m. Events at 7:40 a.m.

No FASTER Than	Girls Event #	Event	Boys Event #	No FASTER than
2:23.00	79	13 -14 200 INDIVIDUAL MEDLEY	80	2:16.00
2:14.00	81	15& OVER 200 INDIVIDUALMEDLEY	82	2:03.00
58.00	83	13 -14 100 FREESTYLE	84	54.50
55.00	85	15 & OVER 100 FREESTYLE	86	50.20
2:44.90	87	13-14 200 BREASTSTROKE	88	2:39.30
2:38.80	89	15 & OVER 200 BREASTSTROKE	90	2:24.00
1:07.20	91	13- 14 100 BACKSTROKE	92	1:05.00
1:03.40	93	15 & OVER 100 BACKSTROKE	94	57.80
4:09.50	95	13- 14 400 FREESTYLE RELAY	96	3:59.40
3:55.60	97	15 & OVER 400 FREESTYLE RELAY	98	3:34.20

Sunday, December 4th, 2011 @ Takoma Park Pool  
Warm Up- 11:45 a.m. – 12:35 p.m.- Events at 12:45 p.m.

No FASTER Than	Girls Event #	Event	Boys Event #	No FASTER than
2:06.30	99	11- 12 200 FREESTYLE RELAY	100	2:05.90
2:23.90	101	9- 10 200 FREESTYLE RELAY	102	2:23.00
2:36.20	103	11-12 200 INDIVIDUAL MEDLEY	104	2:37.60
3:05.00	105	9- 10 200 INDIVIDUAL MEDLEY	106	3:05.90
1:03.60	107	11-12 100 FREESTYLE	108	1:03.60
1:14.60	109	9- 10 100 FREESTYLE	110	1:14.00
2:41.00	111	12 & UNDER 200 BACKSTROKE	112	2:45.00
37.80	113	11- 12 50 BREASTSTROKE	114	38.00
43.40	115	9-10 50 BREASTSTROKE	116	43.40
1:15.00	117	11-12 100 BUTTERFLY	118	1:15.00
1:35.00	119	9- 10 100 BUTTERFLY	120	1:36.00
5:24.20	121	11- 12 400 MEDLEY RELAY	122	5:20.70



