

YORK SWIM CLUB
Presents
Friendship Mini Meet Fall 2011
November 13, 2011
 Sanctioned by USA Swimming
 Through Potomac Valley Swimming
Sanction # PVI-12-18

Meet Director:	Nancy Monaghan monaghans@gmail.com 14904 Kamputa Drive Centreville, VA 20120
Meet Referee:	Ben Holly benjaminholly@verizon.net UPDATED
Club Officials Chairman:	Ben Holly BHolly6275@aol.com UPDATED
Meet Location:	<u>The Madeira School</u> 8328 Georgetown Pike McLean, VA 22102 6 lane pool with a depth of 4feet at the starting end and 12 feet at the turning end. The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C).
Schedule:	Warm ups 8:00am First Event 9:00am
Awards:	Ribbons will be awarded from 1 st thru 8 th place for individual events.
Eligibility:	Open to all Potomac Valley Swimming registered athletes that participate on the invited teams. MAKO, PM, MACH, ASA, YORK. Athletes must be in good standing with USA Swimming and their respective LSC. Athletes shall compete at the age attained on the first day of meet.
Swimmers with a Disability:	PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD . Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
Rules:	Current USA Swimming rules shall govern the meet.

	<p>All events are timed finals. A contestant may enter no more than three (3) individual events.</p> <p>*In compliance with USA Swimming Rules and Regulations; the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.</p> <p>*The practice of deck changing is prohibited at all PVS Sanctioned events. Swimmers participating in deck changing would be violating the USA Swimming Sportsmanship policy</p> <p>*Swimmers in the meet, unaccompanied by a USA-S coach must be certified by a USA-S coach as proficient in performing a racing start or must start each race from within the water. Ensuring compliance is the responsibility of the swimmer or the swimmer's legal guardian.</p> <p>*The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for the 12 &U sessions in Rule 205.3.1F.</p>
Warm ups:	The prescribed PVS Warm-up procedures and safety policies will be followed.
Admission:	There is no admission charge.
Officials:	Officials assigned to this meet should sign in at the recording table 10 minutes before the start of the warm-ups. Certified officials who have not been contacted and would like to volunteer should contact Ben Holly at 703-764-3153 or benjaminholly@verizon.net , or speak with the deck referee at the meet.
Timers:	The host club will provide at least one timer per lane. Participating clubs are requested to provide at least one timer every session the team participates in proportion to their entries. Upon submission of the meet entry, clubs will be notified of the number of timers to be provided. Acceptance of the club entry is based upon compliance with the above..
Deck Entries:	Deck entries are \$10.00 per individual event and must be

	submitted <u>with payment</u> no later than 15 minutes prior to the first event of each session. No new heats will be created. First come, first served.
Entry Fees:	\$5.00 per individual event. Make checks payable to "YORK SWIM CLUB".
MEET ENTRY PROCEDURES:	<p>General Instructions: Entries may be submitted (1) manually, (2) by disk, (3) via email. The following general instructions apply regardless of method chosen.</p> <ul style="list-style-type: none"> • ALL ENTRIES MUST BE RECEIVED BY 5:00PM, Tuesday November 1st, 2011 NO LATE ENTRIES ACCEPTED • Important: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information. • ENTRY FEES: \$5.00 per individual event, • Make checks payable to "YORK SWIM CLUB". • Send entries and checks to: Nancy Monaghan 14904 Kamputa Drive Centreville, VA 20120 : <ul style="list-style-type: none"> • Email: monaghans@gmail.com • Federal Express /Overnight: Nancy Monaghan 14904 Kamputa Drive Centreville, VA 20120 • Entry fees are due with each club's meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet. No further entries will be accepted from clubs for future meets until all entry fees are paid in full by the club to the meet director • Any club that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100.00; no further entries will be accepted from the club/team until

said fine has been paid.

- **Optional:** Before preparing your entries, events for this meet can be downloaded and then imported into team manager (go to team manager/file/import/meet events).

- **Manual Entries**

- For unattached swimmers not affiliated with a USA Swimming club, entries must be provided manually. Provide a list of events, times (if applicable), copy of USA Swimming Registration card, contact information, and a check for the total amount of the entries.

- Manual entries from clubs must be submitted on the PVS [master entry sheet](#). Also submit a completed "[entry cover sheet](#)". Signature and phone number of a club official must be included with entry for validation of entries. Teams entering 5 or more athletes in this format will need to pay a \$1.00 surcharge per swimmer.

- Forward to the address listed above in the General Instructions.

- **E-mail Entries**

- Attach the "meet entries" export file from Hy-Tek Meet Manager. Also attach a meet entry report by swimmer and a meet entry report by event. Create these reports in Team Manager and save as Word for Windows files.

- In body of e-mail, give entry numbers (girls, boys, relays, total) and contact information (e-mail, phone, officials contact).

- Submit entries to the Meet Manager, Nancy Monaghan at nancy@yorkswim.com. In the subject heading please indicate "2011 Friendship Mini ####" with the club's initials substituted in place of the number symbols. If the club is submitting entries from more than one location, please add the location to the heading with the club initials. **Check payments must be received at the address listed above prior to the start of the meet.**

- Meet Directors are requested to acknowledge receipt by return e-mail within 24 hours. Clubs submitting entries that do NOT receive an acknowledgment should contact the Meet Director by other than e-mail to confirm receipt.

Note

In granting this sanction it is understood and agreed that USA

Swimming, Potomac Valley Swimming, The Madiera School, and YORK swim club shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event

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Session 1 Sunday November 13 Warm-up: 8:00am Events: 9:00am		
Girls Event#	Event	Boys Event #
1	8 and under 50 Back	2
3	8 year old 25 Back	4
5	7 and under 25 Back	6
7	8 and under 50 Fly	8
9	8 year old 25 Fly	10
11	7 and under 25 Fly	12
13	8 and under 50 Free	14
15	8 year old 25 Free	16
17	7 year old 25 Free	18
19	6 and under 25 Free	20
21	8 and under 50 Breast	22
23	8 year old 25 Breast	24
25	7 and under 25 Breast	26
27	8 and under 100 IM	28