

RMSC Kick-Off Invitational Meet Announcement

October 7-9, 2011
At Germantown Indoor Swim Center
Sanctioned by USA Swimming through Potomac Valley Swimming
Meet Sanction # PVI-12-05
ROCKVILLE - MONTGOMERY
SWIM CLUB

Meet Director: Christa Krukiel (240) 777-8070 christa.krukiel@montgomerycountymd.gov

Meet Referee: Donna Considine donna_s_considine@mcpsmd.org
donnaconsidine@verizon.net

Officials Coordinator: Andy Anderson allander@rcn.com

Officials: Certified officials wishing to work the meet should contact Andy. Any trainees must contact Andy at least one week in advance to schedule a training session.

Clubs will be responsible for providing their fair share of timers, and will be assigned lanes by the meet director.

Location: Location: Germantown Indoor Swim Center, 18000 Central Park Circle, Boyds, MD 20841 (240) 777-6830

- 10 lane, 25-yard pool, with non-turbulent lane lines and continuous flow-through gutters
- Water depth is 17' in lane 1 and 6'9" in lane 10 at the starting end and 13'5" at the turning end.
- Separate 7 lane, 25 yard pool will be available for continuous warm up/cool down. Diving is not permitted in this pool.
- The competition course has been certified in accordance with 104.2.2C, and is on file with USAS.
- Colorado Electronic Timing system, touch pads, horn start and a 10 lane scoreboard will be used.

Meet Schedule:

- Friday, October 7, 2011
 - o Warm-ups: 4:20 PM – 4:50 PM
 - o Event Start: 5:00 PM
- Saturday & Sunday, October 8-9, 2011
 - o 9-10's
 - Warm-ups: 7:00 – 7:50 AM
 - Event Start: 8:00 AM
 - o 11-12's
 - Warm-ups: 11:00 – 11:50 AM
 - Event Start: 12:00 PM
 - o 13&Over's
 - Warm-ups: 3:30 – 4:20 PM
 - Events Start: 4:30 PM

The Meet Director reserves the right to adjust meet warm-ups and session start times based upon the number of entries received.

Eligibility: This meet is open to invited United States Swimming Athletes of the following clubs: RMSC and Team Tollefson. Swimmers will compete at the age attained on the first day of the meet. It may be necessary to limit entries due to the time constraints. No on-deck USAS registration permitted.

PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.

Warm-Up Procedures: The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. Continuous warm-up and warm-down will be available throughout the meet. The Meet Director may determine the structure of the warm-up, including times and lane assignments.

Rules: Current USA Swimming rules will govern this meet. All events are timed finals. A contestant may enter no more than three individual events per day, and no more than six individual events for the meet.

Friday distance events (12&U 500 Free, 13&O 1000 Free) will be swum fastest to slowest, alternating girls & boys heats.

The 500 Free (13&O) and 400 IM will be swim fastest to slowest.

Swimmer must provide their own timer & counter for the 500 & 1000 Free. Swimmers must provide their own timer for the 400 IM.

In compliance with USA Swimming Rules and Regulations; the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDS's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.

Swimmers in the meet, unaccompanied by a USA-S Coach must be certified by a USA-S coach as proficient in performing a racing start or must start each race from within the water. Ensuring compliance is the responsibility of the swimmer or the swimmer's legal guardian.

The practice of deck changing is prohibited at all PVS Sanctioned events. Swimmers participating in deck changing would be violating the USA Swimming Code of Conduct/ Sportsmanship policy (Article102.10.3) and could be subject to removal from further competition in the meet.

Meet Format: Seed times are short course yards.

The meet director reserve the right to limit the number of entries in distance events, if necessary, based on fastest entry times. 13 & Over Boys and Girls 1000 Free may be limited to 6 heats each (fastest 48 swimmers after positive check-in). Any additional swimmers may be removed from the event. 13 & Over Boys and Girls 500 Free may be limited to 8 heats each (fastest 64 swimmers after positive check-in). Any additional swimmers may be removed from the event. Coaches are asked to enter swimmers in these events with this in mind.

Entry Information:

- Entry Fees: \$5.00 per individual event.
- **Entry Deadline: Tuesday, September 27, 2011 at 11:59pm.**
- No late entries will be accepted. Deck entries will be accepted provided there is an empty lane available on a first come first serve basis. A heat will not be created for a deck entry.
- Entry fee for deck entries is \$10 due at time of acceptance.
- No on-deck USAS registration permitted.
- Meet Director reserves the right to deny any deck entry if the event/meet is significantly oversubscribed.

- Meet Directors are requested to acknowledge receipt by return e-mail within 24 hours. Clubs submitting entries that do NOT receive an acknowledgement should contact the Meet Director by other than e-mail to confirm receipt.

Electronic Entry Procedures:

- Email a Hy-Tek entries file (preferred) or a SDIF file to christa.krukiel@montgomerycountymd.gov.
- Email subject should be labeled "RMSC Kick-Off Entry".
- Email must include reports by name and by event. Include total number of swimmers and total number of events, along with contact information (name, phone number, e-mail) of a club representative in the body of the e-mail.
- Send entry fee check payable to MCRD to:
 - Christa Krukiel
 - Montgomery Aquatic Center
 - 5900 Executive Boulevard
 - N. Bethesda, Maryland 20852
- Each club is requested to remit one check to cover the entry fees of the entire team. Please do not send cash. Entry Fees are due with entries.

Warning: Any club that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100.00, and no further entries will be accepted from the club until the said fine is paid. All swimmers, coaches and officials must be properly registered with USA Swimming for 2012.

Positive Check In: Positive check-in will be required in events 200 yards and longer. Athletes who have not checked in prior to the specified time will be scratched from the event. The Meet Director will determine if positive check-in will be necessary for all events in order to maintain manageable timelines.

Athletes who check into a deck-seeded event (positively checked in), have been seeded and fail to swim the event will be barred from their next scheduled individual event, unless excused by the referee before the event takes place.

Information regarding the possibility of additional check-in times and procedures will be available the week prior to the meet in the form of an email to each participating club. Positive check-in for events 200 yards and longer will close at the following times:

- | | |
|-----------------------------------|----------------------------------|
| - Events 1-2: Friday 4:30 PM | - Events 39-40: Saturday 5:30 PM |
| - Events 3-4: Friday TBA | - Events 41-42: Saturday 7:30 AM |
| - Events 7-8: Saturday 7:30 AM | - Events 53-56: Sunday 11:30 AM |
| - Events 15-16: Saturday 11:30 AM | - Events 69-72: Sunday 4:00 PM |
| - Events 19-20: Saturday 12:00 PM | - Events 73-74: Sunday 5:00 PM |
| - Events 27-28: Saturday 12:30 PM | - Events 77-78: Sunday 5:30 PM |
| - Events 31-34: Saturday 4:00 PM | |

Spectator Admission and Heat Sheets: There will be no charge for admission. Heat sheets will be available for \$2.00 each.

Swim Center Rules and Conduct

At the request of [Montgomery County Recreation Department](#), swimmers are not to leave the pool deck without appropriate attire. Coaches will be responsible for the conduct of their athletes while in the facility and surrounding grounds. Failure to follow these rules or any inappropriate behavior will result in the athlete being barred from further competition in the meet. Parents will be responsible for the conduct of any minor children that accompany them.

- No glass containers are permitted within the facility.
- Swimmers must be in direct contact with their supervising coach before they will be allowed to enter the pool for warm-up.
- No camera cell phones are permitted in the locker rooms.

Special Note

In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Germantown Indoor Swim Center, Rockville Montgomery Swim Club and the Montgomery County Rec Department shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

RMSC Kick-Off Invitational

October 7-9, 2011

At Germantown Indoor Swim Center

Order of Events

Session 1

Friday, October 7, 2011

Girls	Event Description	Boys
1	12&U 500 Freestyle	2
3	13&Over 1000 Freestyle	4

Session 2

Saturday, October 8, 2011

Girls	Event Description	Boys
5	9-10 50 Backstroke	6
7	9-10 200 Individual Medley	8
9	9-10 100 Butterfly	10
11	9-10 50 Breaststroke	12
13	9-10 100 Freestyle	14

Session 3

Saturday, October 8, 2011

Girls	Event Description	Boys
15	11-12 200 Breaststroke	16
17	11-12 50 Backstroke	18
19	11-12 200 Individual Medley	20
21	11-12 100 Butterfly	22
23	11-12 50 Breaststroke	24
25	11-12 100 Freestyle	26
27	11-12 200 Backstroke	28

Session 4

Saturday, October 8, 2011

Girls	Event Description	Boys
29	13&Over 100 Backstroke	30
31	13&Over 200 Individual Medley	32
33	13&Over 200 Butterfly	34
35	13&Over 100 Breaststroke	36
37	13&Over 50 Freestyle	38
39	13&Over 500 Freestyle	40

Session 5
Sunday, October 9, 2011

Girls	Event Description	Boys
41	9-10 200 Freestyle	42
43	9-10 100 Breaststroke	44
45	9-10 50 Butterfly	46
47	9-10 100 Backstroke	48
49	9-10 50 Freestyle	50
51	9-10 100 Individual Medley	52

Session 6
Sunday, October 9, 2011

Girls	Event Description	Boys
53	11-12 200 Butterfly	54
55	11-12 200 Freestyle	56
57	11-12 100 Breaststroke	58
59	11-12 50 Butterfly	60
61	11-12 100 Backstroke	62
63	11-12 50 Freestyle	64
65	11-12 100 Individual Medley	66

Session 7
Sunday, October 9, 2011

Girls	Event Description	Boys
67	13&Over 100 Butterfly	68
69	13&Over 200 Freestyle	70
71	13&Over 200 Breaststroke	72
73	13&Over 200 Backstroke	74
75	13&Over 100 Freestyle	76
77	13&Over 400 Individual Medley	78

Entries may be limited based on session time constraints.