

# 2011 Spring LC Classic Meet Announcement

May 6 – 8, 2011

At Montgomery Aquatic Center

Sanctioned by USA Swimming through Potomac Valley Swimming

Meet Sanction # PVI-11-64

**Meet Director:** Christa Krukiel (240) 777-8074 work [christa.krukiel@montgomerycountymd.gov](mailto:christa.krukiel@montgomerycountymd.gov)

**Meet Referee:** Amy Hsu [amy.hsu@nih.gov](mailto:amy.hsu@nih.gov)

**Officials:** Certified officials wishing to work the meet should contact the Amy Hsu at [amy.hsu@nih.gov](mailto:amy.hsu@nih.gov). Any trainees must contact Amy at least one week in advance to schedule a training session.

Clubs will be responsible for providing their fair share of timers, and may be assigned lanes by the meet director prior to the meet.

**Location:** Montgomery Aquatic Center, 5900 Executive Boulevard, N. Bethesda, MD 20852 (240) 777-8070

- 8 lane, 50 meter pool with continuous flow-through gutters and non-turbulent lane dividers.
- There is no separate warm up/cool down pool.
- Water depth is 17' in lane 1 and 7' in lane 8 at the deep end and 4' at the shallow end of the pool.
- The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C), because it is a bulkhead pool, which is measured in length prior to the start of the meet.
- Colorado Electronic Timing System, touch pads, horn start and a 1 lane scoreboard will be used.

## Meet Schedule:

### Friday Night Distance:

#### 12 & Under

Warm-ups: 3:50 – 4:20 PM

Events Start: 4:30 PM

#### 13 & Over

Warm-ups: 30 minutes after the conclusion of the 12 & Under 400 Freestyle

Events Start: 5 minutes after the conclusion of warm-ups

Approximate warm-up/start times will be posted once entries are received.

### Saturday & Sunday:

#### 12 & Under

Warm-ups: 7:00 – 7:40 AM

Events Start: 7:50 AM

#### 13 & Over

Warm-ups: 1:30 PM – 2:20 PM

**Events Start: 2:30 PM**

Warm-up/Start times may be adjusted after entries are received to allow for several warm up breaks during competition.

**Warm-Up Procedures:** The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. Due to meet size the meet director may assign lanes and warm-up times based on team size.

**Eligibility:** Open to all registered Potomac Valley and USA Swimming athletes from the RMSC, Potomac Marlins, and Tollefson. This meet has no qualifying times. No on-deck USAS registration permitted.

PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.

**Rules:** Current USA Swimming rules will govern this meet. All events are timed finals. Swimmers may enter a maximum of 3 events/session with a meet maximum of six (6) events.

Short course entry times will be considered conforming times for this meet. Long course entry times will be considered non-conforming and must be designated with a capital letter "L". These non-conforming times will be seeded after short course times.

Dive-over starts will be used at this meet.

Swimmers in the 400 Free and 400 IM are required to supply their own timer. These events will be swum fastest to slowest alternating girls and boys heats.

**The use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.**

**Swimmers in the meet, unaccompanied by a USA-S Coach must be certified by a USA-S coach as proficient in performing a racing start or must start each race from within the water. Ensuring compliance is the responsibility of the swimmer or the swimmer's legal guardian.**

**The practice of deck changing is prohibited at all PVS Sanctioned events. Swimmers participating in deck changing would be violating the USA Swimming Code of Conduct/ Sportsmanship policy (Article 102.10.3) and could be subject to removal from further competition in the meet.**

**Positive Check In:** Positive check-in will be required in events 200 meters and longer. Athletes who have not checked in prior to the specified time will be scratched from the event. The Meet Director will determine if positive check-in will be necessary for all events in order to maintain manageable timelines.

Athletes who check into a deck-seeded event (positively checked in), have been seeded and fail to swim the event will be barred from their next scheduled individual event, unless excused by the referee before the event takes place.

Information regarding the possibility of additional check-in times and procedures will be available the week prior to the meet in the form of an email to each participating club.

**Entry Information:**

- Entry Fees: \$5.00 per event.
- Entry Deadline: Tuesday, April 26, 2011 at 11:59pm.
- Late entries will not be accepted.
- Deck entries will be accepted, if space permits, no new heats will be created.
- Deck entry fee is \$10.00 per event and is due at time of entry acceptance.
- Meet Director is requested to acknowledge receipt by return e-mail within 24 hours. Clubs submitting entries that do NOT receive an acknowledgement should contact the Meet Director by other than e-mail to confirm receipt.

**Electronic Entry Procedures:**

- Email a Hy-Tek entries file (preferred) or a SDIF file to [christa.krukiel@montgomerycountymd.gov](mailto:christa.krukiel@montgomerycountymd.gov) .
- Email subject should be labeled "Spring LC Classic Entry".
- Email must include reports by name and by event saved in Microsoft Word, with proof of time in each report. Include total number of swimmers (boys and girls) and total number of events, along with contact information (name, phone number, e-mail) of a club representative in the body of the e-mail.
- Send check to Christa Krukiel at the address below.  
Christa Krukiel  
Montgomery Aquatic Center  
5900 Executive Blvd.  
Bethesda, Maryland 20852
- Each club is requested to remit one check to cover the entry fees of the entire team. Please do not send cash. Entry Fees are due with entries. Please note your team name on the check.
- Entry Fee Payable To: MCRD

**Warning:** Any club that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100.00, and no further entries will be accepted from the club until the said fine is paid. All swimmers, coaches and officials must be properly registered with USA Swimming for 2011. No on-deck USAS registration permitted.

**Awards:** There will be no awards for this meet.

**Spectator Admission and Heat Sheets:** There will be no charge for admission. Heat sheets may be available for each session.

**Swim Center Rules and Conduct**

At the request of [Montgomery County Recreation Department](#), swimmers are not to leave the pool deck without appropriate attire. Coaches will be responsible for the conduct of their athletes while in the facility and surrounding grounds. Failure to follow these rules or any inappropriate behavior will result in the athlete being barred from further competition in the meet. Parents will be responsible for the conduct of any minor children that accompany them.

- No glass containers are permitted within the facility.
- Swimmers must be in direct contact with their supervising coach before they will be allowed to enter the pool for warm-up.
- No camera cell phones are permitted in the locker rooms.

**Special Note**

- In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Montgomery Aquatic Center, Rockville Montgomery Swim Club and the Montgomery County Rec Department shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

# RMSC Spring Classic

ROCKVILLE - MONTGOMERY  
SWIM CLUB  
May 6 - 8, 2011

## Order of Events

Friday, May 6, 2011

Girls	Event Description	Boys
1 @	12&U 400 Freestyle	2 @
3 @	13&O 400 Freestyle	4 @

Saturday, May 7, 2011

### 12 & Under Session

Girls	Event Description	Boys
5	12&U 200 Freestyle	6
7	12&U 200 Breaststroke	8
9	12&U 50 Butterfly	10
11	12&U 100 Backstroke	12
13	12&U 50 Breaststroke	14
15	12&U 200 Butterfly	16
17	12&U 50 Freestyle	18

Saturday, May 7, 2011

### 13 & Over Session

Girls	Event Description	Boys
19	13&Over 200 Freestyle	20
21	13&Over 100 Breaststroke	22
23	13&Over 200 Butterfly	24
25	13&Over 100 Backstroke	26
27	13&Over 50 Freestyle	28
29	Open 400 IM	30

Sunday, May 8, 2011

### 12 & Under Session

Girls	Event Description	Boys
31	12&U 200 IM	32
33	12&U 50 Backstroke	34
35	12&U 100 Breaststroke	36
37	12&U 100 Butterfly	38
39	12&U 200 Backstroke	40
41	12&U 100 Freestyle	42

Sunday, May 8, 2011

### 13 & Over Session

Girls	Event Description	Boys
43	13&Over 200 IM	44
45	13&Over 100 Butterfly	46
47	13&Over 200 Breaststroke	48
49	13&O 200 Backstroke	50
51	13&Over 100 Freestyle	52

@ Fastest to slowest alternating Girls/Boys. Swimmers MUST provide their own timer. @

**Positive check-in for the following events will close at the following times:**

- Events 1-2: Friday 4:15 PM
- Events 3-4: Friday TBA
- Events 5-8: Saturday 7:20 AM
- Events 15-16: Saturday 8:30 AM
- Events 19-20: Saturday 2:00 PM
- Events 23-24: Saturday 3:15 PM
- Events 29-30: Saturday 4:00 PM
- Events 31-32: Sunday 7:20 AM
- Events 39-40: Sunday 8:30 AM
- Events 43-44: Sunday 2:00 PM
- Events 47-50: Sunday 3:30 PM