

RMSC Spring Finale Meet Announcement

March 25-27, 2011

Sanctioned by USA Swimming through Potomac Valley Swimming

Meet Sanction # PVI-11-57

ROCKVILLE - MONTGOMERY

SWIMMING CLUB

Meet Director: Christa Krukiel (240) 777-8070 christa.krukiel@montgomerycountymd.gov

Meet Referee: Barb Ship barb@ships3.com

Officials: Certified officials wishing to work the meet should contact Andy Anderson at allander@rcn.com. Any trainees must contact Andy at least one week in advance to schedule a training session.

Clubs will be responsible for providing their fair share of timers, and may be assigned lanes by the meet director prior to the meet.

Location: Germantown Indoor Swim Center, 18000 Central Park Circle, Boyds, MD 20841 (240) 777-6830

- 10 lane, 25-yard pool, with non-turbulent lane lines and continuous flow-through gutters
- Water depth is 17' in lane 1 and 6'9" in lane 10 at the starting end and 13'5" at all the turning end.
- Separate 7 lane, 25 yard pool will be available for continuous warm up/cool down. Diving is not permitted in this pool.
- The competition course has been certified in accordance with 104.2.2C, and is on file with USAS.
- Colorado Electronic Timing system, touch pads, horn start and a 10 lane scoreboard will be used.

Meet Schedule:

- Friday, March 25, 2011
 - o Distance Events
 - Warm-ups: 4:00 – 4:40 PM
 - Event Start: 4:45 PM
- Saturday & Sunday, March 26-27, 2011
 - o 9-10 Events
 - Warm-ups: ~~7:00—7:40 AM~~ 7:40-8:20 AM
 - Events Start: ~~7:45 AM~~ 8:30 AM
 - o 11 – 12 and 12&Unders Events
 - Warm-ups: ~~11:10—11:50 AM~~ 10:50-11:30 AM
 - Event Start: ~~12:00 PM~~ 11:40 AM
 - o 13&Overs Events
 - Warm-ups: ~~3:00—3:50 PM~~ 2:00-2:50 PM
 - Event Start: ~~4:00 PM~~ 3:00 PM

Warm-Up Procedures: The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. It may be necessary to assign lanes for warm-up.

Eligibility: This meet is open to invited United States Swimming Athletes of the following clubs: FGAC, Tollefson, and RMSC. Swimmers will compete at the age attained on the first day of the meet. It may be necessary to limit entries due to the time constraints. No on-deck USAS registration permitted.

No 14&Under swimmer may enter an event if they have equaled or bettered the PVS 14&U JO Championship qualifying standard for their age as of 3/17/11. No swimmer may enter this meet if they have achieved 4 or more qualifying standards for the PVS 14&U JO Championships for their age as of 3/17/11. No 15&Over swimmer may enter an event if they have equaled or bettered the PVS Junior Championship qualifying standard for their age as of 3/10/11. No swimmer age 15&Over may enter this meet if they have achieved 4 or more qualifying standards for the PVS Junior Championships as of 3/10/11. Please refer to the link to review the above meet standards: <http://www.pvswim.org/schedule.html>.

PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.

Rules: Current USA Swimming rules will govern this meet. All events are timed finals. A contestant may enter no more than three individual events per day, and no more than six individual events for the meet.

The use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.

Swimmers in the meet, unaccompanied by a USA-S Coach must be certified by a USA-S coach as proficient in performing a racing start or must start each race from within the water. Ensuring compliance is the responsibility of the swimmer or the swimmer's legal guardian.

The practice of deck changing is prohibited at all PVS Sanctioned events. Swimmers participating in deck changing would be violating the USA Swimming Code of Conduct/ Sportsmanship policy (Article 102.10.3) and could be subject to removal from further competition in the meet.

Meet Format: Seed times are short course yards. Dive-over starts will be used at this meet.

The 500 Free & 400 IM will be swum fastest to slowest, alternating girls & boys heats. Swimmers must provide their own timers & counter.

Positive Check In: Positive check-in will be required for all events 400 yards and longer. The Meet Director will determine if positive check-in will be necessary for all events in order to maintain manageable timelines. Athletes who have not checked in prior to the specified time will be scratched from the event. Athletes who check into a deck-seeded event (positively checked in), have been seeded and fail to swim the event will be barred from their next scheduled individual event, unless excused by the referee before the event takes place.

Information regarding the possibility of additional check-in times and procedures will be available the week prior to the meet in the form of an email to each participating club.

Entry Information:

- Entry Fees: \$5.00 per individual event.
- Entry Deadline: Tuesday, March 15, 2011 at 11:59 PM.
- Late entries will not be accepted.
- Deck entries will be accepted provided there is an empty lane available. A heat will not be created for a deck entry.
- Deck entry fee of \$10 per event due at the time the entry is accepted.

- Meet Directors are requested to acknowledge receipt by return e-mail within 24 hours. Clubs submitting entries that do NOT receive an acknowledgement should contact the Meet Director by other than e-mail to confirm receipt.

Electronic Entry Procedures:

- Email a Hy-Tek entries file (preferred) or a SDIF file to christa.krukiel@montgomerycountymd.gov.
- Email subject should be labeled "2011 Spring Finale Entry".
- Email must include reports by name and by event. Include total number of swimmers and total number of events, along with contact information (name, phone number, e-mail) of a club representative in the body of the e-mail.
- Send check, including "Entry Cover Sheet" to Christa Krukiel at the address below.
Christa Krukiel
Montgomery Aquatic Center
5900 Executive Boulevard
N. Bethesda, Maryland 20852
- Each club is requested to remit one check to cover the entry fees of the entire team. Please do not send cash. Entry Fees are due with entries.
- Entry Fee Payable To: Montgomery County Recreation Department (MCRD).

Warning: Any club that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100.00, and no further entries will be accepted from the club until the said fine is paid. All swimmers, coaches and officials must be properly registered with USA Swimming for 2011.

Awards: Ribbons will be given out for 1st – 10th place for all 9-10, 11-12 and 12 & Under events.

Spectator Admission and Heat Sheets: There will be no charge for admission. Heat sheets may be available for sale depending on how the meet is seeded.

Concessions & Hospitality will be offered.

Swim Center Rules and Conduct

At the request of [Montgomery County Recreation Department](#), swimmers are not to leave the pool deck without appropriate attire. Coaches will be responsible for the conduct of their athletes while in the facility and surrounding grounds. Failure to follow these rules or any inappropriate behavior will result in the athlete being barred from further competition in the meet. Parents will be responsible for the conduct of any minor children that accompany them.

- No glass containers are permitted within the facility.
- Swimmers must be in direct contact with their supervising coach before they will be allowed to enter the pool for warm-up.
- No camera cell phones are permitted in the locker rooms.

Special Note

In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Germantown Indoor Swim Center, Rockville Montgomery Swim Club and the Montgomery County Rec Department shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

RMSC Spring Finale

March 25 – 27, 2011

ROCKVILLE - MONTGOMERY
SWIM CLUB

Order of Events

Friday, March 25, 2011

Girls	No Faster Than (SCY)	Event Description	No Faster Than (SCY)	Boys
1	7:25.00 6:08.00	10&Under 500 Freestyle 11-12 500 Freestyle	7:35.00 6:08.30	2
3	5:38.00 5:35.20	13-14 500 Freestyle 15&Over 500 Freestyle	5:26.00 5:18.00	4

Saturday, March 26, 2011

9 – 10 Events

Girls	No Faster Than (SCY)	Event Description	No Faster Than (SCY)	Boys
5	3:02.00	9-10 200 Individual Medley	3:04.00	6
7	38.60	9-10 50 Backstroke	38.80	8
9	1:31.20	9-10 100 Butterfly	1:33.20	10
11	43.90	9-10 50 Breaststroke	44.60	12
13	1:13.70	9-10 100 Freestyle	1:13.20	14

Saturday, March 26, 2011

11 – 12 and 12 & Under Events

Girls	No Faster Than (SCY)	Event Description	No Faster Than (SCY)	Boys
15	2:38.10	11-12 200 Individual Medley	2:39.00	16
17	2:55.00	12&Under 200 Breaststroke	2:55.20	18
19	34.10	11-12 50 Backstroke	34.10	20
21	1:14.30	11-12 100 Butterfly	1:15.00	22
23	37.90	11-12 50 Breaststroke	38.10	24
25	2:36.00	12&Under 200 Backstroke	2:38.00	26
27	1:03.30	11-12 100 Freestyle	1:03.50	28

Saturday, March 26, 2011

13 & Over Events

Girls	No Faster Than (SCY)	Event Description	No Faster Than (SCY)	Boys
29	1:06.40 1:09.70	13-14 100 Backstroke 15&Over 100 Backstroke	1:04.00 1:03.40	30
31	2:32.10 2:34.20	13-14 200 Butterfly 15&Over 200 Butterfly	2:28.60 2:23.90	32
33	1:15.60 1:19.60	13-14 100 Breaststroke 15&Over 100 Breaststroke	1:11.00 1:12.30	34
35	58.50 59.00	13-14 100 Freestyle 15&Over 100 Freestyle	55.60 54.70	36
37	2:23.70 2:28.80	13-14 200 Individual Medley 15&Over Individual Medley	2:18.50 2:16.60	38

RMSC Spring Finale

March 25 – 27, 2011

ROCKVILLE - MONTBOMERY
SWIM CLUB

Order of Events

Sunday, March 27, 2011

9 – 10 Events

Girls	No Faster Than (SCY)	Event Description	No Faster Than (SCY)	Boys
39	2:43.00	9-10 200 Freestyle	2:43.00	40
41	37.80	9-10 50 Butterfly	38.90	42
43	1:35.50	9-10 100 Breaststroke	1:36.40	44
45	1:24.20	9-10 100 Backstroke	1:24.80	46
47	33.00	9-10 50 Freestyle	32.60	48
49	1:24.20	9-10 100 Individual Medley	1:23.90	50

Sunday, March 27, 2011

11 – 12 and 12 & Under Events

Girls	No Faster Than (SCY)	Event Description	No Faster Than (SCY)	Boys
51	2:18.50	11-12 200 Freestyle	2:18.50	52
53	32.60	11-12 50 Butterfly	32.60	54
55	1:22.00	11-12 100 Breaststroke	1:24.20	56
57	1:12.50	11-12 100 Backstroke	1:12.80	58
59	28.80	11-12 50 Freestyle	28.60	60
61	2:53.00	12&Under 200 Butterfly	2:41.00	62
63	1:13.30	11-12 100 Individual Medley	1:13.10	64

Sunday, March 27, 2011

13 & Over Events

Girls	No Faster Than (SCY)	Event Description	No Faster Than (SCY)	Boys
65	2:06.40	13-14 200 Freestyle	2:00.00	66
	2:10.50	15&Over 200 Freestyle	1:58.00	
67	1:06.50	13-14 100 Butterfly	1:04.30	68
	1:08.70	15&Over 100 Butterfly	1:01.50	
69	2:42.10	13-14 200 Breaststroke	2:37.00	70
	2:51.20	15&Over 200 Breaststroke	2:38.20	
71	2:23.50	13-14 200 Backstroke	2:16.80	72
	2:30.00	15&Over 200 Backstroke	2:18.10	
73	27.10	13-14 50 Freestyle	25.70	74
	27.80	15&Over 50 Freestyle	25.30	
75	5:07.00	14&Under 400 Individual Medley	4:56.00	76
	5:15.30	15&Over 400 Individual Medley	4:51.70	