

Potomac Marlins

14 & Under JO Qualifier

February 12 & 13, 2011

[Cub Run Recreation Center](#)

Sponsored by Potomac Marlins
Sanctioned by USA Swimming through Potomac Valley Swimming
Sanction # PVC-11 - 42

[Meet Manger Event File](#)

Meet Director:	Bill Marlin 571-334-0987
Meet Referee:	Art Davis emerand@comcast.net
Location:	Cub Run Recreation Center 4630 Stonecroft Blvd. Chantilly, VA 20151 703-817-9407
Schedule:	Warm-up 12:30 - 1:20 p.m. Events 1:30 p.m. <ul style="list-style-type: none">• One (1), eight (8) lane racing courses will be used• We hope to be able to use 1-2 additional lanes for warm-up / cool-down.
Eligibility	Open to all registered Potomac Valley athletes and invited USA Swimming athletes that meet the event qualifying times.
Rules:	Current USA Swimming rules shall govern the meet. <ul style="list-style-type: none">• IMPORTANT: 14 & Under swimmers who attain a new age group between February 15th and March 18th may compete in any event where their time (1) is faster than the PM 14 & Under JO Qualifier "No Faster Than" standard for their current age group and also (2) slower than the PVS Junior Olympic "No Slower Than" standard for their new age group. This is to permit those swimmers who will be in a new age group at the PVS Junior Olympic Meet an opportunity to qualify.• A contestant may participate in only his or her own age group events or in 14 & under events.• Contestants must have equaled or be slower than the applicable qualifying times listed (no faster than times).• A contestant may enter a maximum of six (6) individual events and no more than three (3) individual events per day. Swimmers shall compete at the age attained on the first day of the meet.• "No Recall" procedures will be used at this meet.• Coaches are expected to be in compliance with the new USA Swimming Background Screening Program.• Dive-over starts will be used at this meet.
Officials	All certified officials wishing to volunteer to work this meet please contact the Potomac

	Marlins Officials Chairman, Brian Baker at: marlinsofficialscoordinator@gmail.com prior to February 7th, 2011. Please include your club affiliation, certifications held, and sessions you wish to work. Officials assigned to this meet should sign in at the computer table at the start of warm-up. Certified officials who have not been contacted should volunteer their services to the Referee.
Inclusion Policy for Swimmers with a Disability:	PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD . Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
Positive Check In:	<ul style="list-style-type: none"> • All events 200 yards or longer will be deck seeded. • 100 yards events may be deck seeded. • Athletes who check in to a deck seeded event, have been seeded, and fail to swim the event will be barred from their next scheduled event, unless excused by the Referee before the event takes place.
Warm-Up:	The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. The meet director may determine the structure of the warm-up, including times and lane assignments.
Supervision:	Coaches are responsible for the conduct of their Swimmers and Families and for cleaning up their team areas. Parents not working the meet as a deck official, volunteer lane timer, or other meet position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials permitted on the pool deck. Coaches & deck officials are required to display their current 2010-2011 USA Swimming card.
Awards:	There will be no awards at this meet.
Admission/ Programs:	There is no admission charge. Programs for each session will be available for \$2.00 each. Working officials and coaches receive a complimentary program.
Entries:	<p>Entries may be sent via e-mail.</p> <ul style="list-style-type: none"> • Entries must arrive by the due date and time • Include with your commlink file one (1) report by name. Create these reports in Team Manager and save as Word for Windows files. • In the body of your e-mail provide entry numbers (girls, boys, totals). Include contact information (e-mail, phone, officials contact). • Send e-mail to coach_bill@verizon.net <p>Entries may be sent via mail/express mail/ etc. Computer disk entries (Hy-tek) are encouraged. Disk entries require one (1) meet entry report by name and one (1) by event from Team Manager. Entries may also be submitted on a PVS Master Entry Sheet. All entries must included a completed "Entry Cover Sheet".</p>
Entry Deadline:	<p>All entries must be submitted for this meet no later than</p> <p style="text-align: center;">5:00 PM, Tuesday, February 01, 2011</p> <ul style="list-style-type: none"> • Important: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information. • Note, It may be necessary to limit entries therefore, entries will be accepted on a first-come, first-entered basis until the meet fills up.

	<ul style="list-style-type: none"> Meet Directors are requested to acknowledge receipt by return e-mail within 24 hours. Clubs submitting entries that do NOT receive an acknowledgement should contact the Meet Director by other than e-mail to confirm receipt.
Entry Fee:	\$5.00 per event, Please make check payable to Potomac Marlins
Late/ Deck Entries:	Late (deck) entries are \$10.00 per individual event and must be submitted no later than 30 minutes prior to the first event of each session. Swimmers will be first entered into open lanes in existing heats on a first come, first served basis. No new heats will be created. In the event of an oversubscribed session, the Meet Director reserves the right to not accept late (deck) entries.
Send Entries To:	Bill Marlin 3212 Allness Lane Herndon, VA 20171 571-334-0987 coach_bill@verizon.net

Saturday, February 12, 2011 Warm-up 12:30 to 1:20 p.m. First Event 1:30 p.m.				
Girls Event #	NFT	Event	NFT	Boys Event #
1	27.10	13-14 50 free	25.70	2
3	28.80	11-12 50 free	28.60	4
5	33.00	10 & U 50 free	32.60	6
7	2:36.00	14 & U 200 back 11-12 200 back	2:38.00	8
7	2:23.50	14 & U 200 back 13-14 200 back	2:16.80	8
9	34.10	11-12 50 back	34.10	10
11	38.60	10 & U 50 back	38.80	12
13	1:06.50	13-14 100 fly	1:04.30	14
15	1:14.30	11-12 100 fly	1:15.00	16
17	1:31.20	10 & U 100 fly	1:33.20	18
19	1:15.60	13-14 100 breast	1:11.00	20
21	1:22.00	11-12 100 breast	1:24.20	22
23	1:35.50	10 & U 100 breast	1:36.40	24
25	2:06.40	13-14 200 free	2:00.00	26
27	2:18.50	11-12 200 free	2:18.50	28

29	2:43.00	10 & U 200 free	2:43.00	30
31	5:07.00	14 & U 400 IM	4:56.00	32
33	1:13.30	11-12 100 IM	1:13.10	34
35	1:24.20	10 & U 100 IM	1:23.90	36

Note:

- Events 7 and 8 check in by 1:00 p.m.
- Events 25 to 32 check-in by 2:00 p.m.
- Events 37 and 38 check-in by 2:30 p.m.
- Only 2 heats of each sex of the 1650 will be swum if the time line permits.

Sunday, February 13, 2011
Warm-up 12:30 to 1:20 p.m. First Event 1:30 p.m.

Girls Event #	NFT	Event	NFT	Boys Event #
39	58.50	13-14 100 free	55.60	40
41	1:03.30	11-12 100 free	1:03.50	42
43	1:13.70	10 & U 100 free	1:13.20	44
45	2:53.00	14 & U 200 fly 11-12 200 fly	2:41.00	46
45	2:32.10	14 & U 200 fly 13-14 200 fly	2:28.60	46
47	32.60	11-12 50 fly	33.60	48
49	37.80	10 & U 50 fly	38.90	50
51	1:06.40	13-14 100 back	1:04.00	52
53	1:12.50	11-12 100 back	1:12.80	54
55	1:24.20	10 & U 100 back	1:24.80	56
57	2:23.70	13-14 200 IM	2:18.50	58
59	2:38.10	11-12 200 IM	2:39.00	60
61	3:02.00	10 & U 200 IM	3:04.00	62
63	2:55.00	14 & U 200 breast 11-12 200 breast	2:55.20	64
63	2:42.10	14 & U 200 breast 13-14 200 breast	2:37.00	64
65	37.90	11-12 50 breast	38.10	66

67	43.90	10 & U 50 breast	44.60	68
69	7:25.00	(9-10 500 free cuts) 9-14 500 free	7:35.00	70
69	6:08.00	(11-12 500 free cuts) 9-14 500 free	6:08.30	70
69	5:38.00	(13-14 500 free cuts) 9-14 500 free	5:26.00	70

Note:

- Events 45 and 46 check-in by 1:00 p.m.
 - Events 57 to 64 check-in by 1:30 p.m.
 - Events 69 and 70 check-in by 2:00 p.m.
 - **The 500 free will be combined by age and swum fastest to slowest.**
- ** It is possible that not all heats will get to swim based on time lines.