

# SPORT FAIR WINTER CLASSIC INVITATIONAL

December 2-5, 2010

Sponsored by Potomac Marlins Swim Team

Sanctioned by USA Swimming through Potomac Valley Swimming  
**Sanction # PVI 10-24**



Meet Director	<b>Bill Marlin</b> 3212 Allness Lane Herndon, VA 20171 571-334-0987 <a href="mailto:bill@verizon.net">Coach bill@verizon.net</a>
Meet Referee	<b>Peter Nichols</b> 703-774-4777 <a href="mailto:royall@gwmail.gwu.edu">royall@gwmail.gwu.edu</a>
Officials Chair	<b>Brian Baker</b> <a href="mailto:MarlinsOfficialsCoordinator@gmail.com">MarlinsOfficialsCoordinator@gmail.com</a>
Location	<b><u>George Mason University</u></b> 4400 University Blvd Fairfax, VA 703-993-3939 The Jim McKay Natatorium competition pool is 25Y by 50M, with two moveable bulkheads, water depth ranging from 7 feet to 13 1/2 feet, and surrounded by an all tile deck. The two pace clocks are synched together. The pool has a state of the art automated pool filtration system to include an Ultraviolet system. Two separate 25 yd competition pool configurations are used for Thursday evening events and all preliminaries. The fixed wall to fixed wall course (8 or 9 lanes) has been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C). The other course (8 lanes) has a

	<p>moveable bulkhead at one end and therefore is not certified under 104.2.2(C).</p>
<p>Meet Hotels</p>	<p><b>The Mason Inn Conference Center &amp; Hotel</b> ( <a href="http://www.acc-masoninnandconferencecenter.com/">http://www.acc-masoninnandconferencecenter.com/</a> )  4352 Mason Pond Drive  Fairfax, Virginia 22030  Main phone number: 703.865.5705  George Mason University complimentary shuttle and other transportation services: <a href="http://shuttle.gmu.edu">http://shuttle.gmu.edu</a>  For driving directions to The Mason Inn, please click <a href="#">here</a>.</p> <p><b><u><a href="#">Comfort Inn University Center</a></u></b>  (2.0 mile from the pool)  11180 Main St. , Fairfax, VA, US, 22030  Phone: (703) 591-5900 - Fax: (703) 591-3507</p> <p><b><u><a href="#">Courtyard By Marriott</a></u></b> (2.0 miles from the pool)  11220 Lee Jackson Hwy Fairfax, VA  (703) 273-6161</p> <p><b><u><a href="#">Residence Inn</a></u></b> (4.3 miles from the pool)  12815 Fair Lakes Pkwy Fairfax, VA  (703) 266-4900</p> <p><b><u><a href="#">Fairview Park Marriott</a></u></b> (8 miles from pool)  3111 Fairview Park Drive, Falls Church, VA  (703) 849-8692</p> <p><b><u><a href="#">Embassy Suites Dulles Airport</a></u></b>  13341 Woodland Park Road  Herndon, VA 20171  (703) 464-0200</p>
<p>Schedule</p>	<p><b>Thursday warm-ups:</b> 4:00 p.m. - 4:50 p.m. Meet at 5:00 p.m.  <b>13 &amp; Over warm-ups for Friday, Saturday &amp; Sunday:</b> 7:30 a.m. to 8:30 a.m. Events 8:40 a.m.  <b>12 &amp; Under Warm-ups for Friday, Saturday &amp; Sunday:</b> Will start no earlier than 12:15 p.m. Events 1 hr. after start of warm-up</p> <p><u>Two courses will be used each day for all prelim sessions. Boys in one course and girls in the other course.</u>  13 &amp; Overs in the morning, 12 and Unders in the afternoon.</p> <p><b>Finals Warm-up: 4:30 to 5:30 PM Events 5:40 PM</b></p> <p><b>On Thursday no one will be allowed to enter the building</b></p>

	<p><b>until 4:00 pm</b>  <b>On Friday, Saturday and Sunday no one will be permitted to enter the building until 7:00 am</b></p>
Awards	<p>All 14 &amp; under events will receive medals for 1st through 8th place for individual events and 1st through 3rd place for relay events.</p> <p>High point awards will be presented to first and second place boys and girls in each age group and the open category.</p> <p>Award will also be given to the first place Team.</p>
Eligibility	<p>Open to all <b><u>invited</u></b> registered Potomac Valley athletes and <b><u>invited</u></b> USA Swimming athletes.</p>
Rules	<p>Current USA Swimming rules shall govern the meet.</p> <p><u>All teams are limited to 80 swimmers max. regardless of age or sex.</u>  <b>Teams are encouraged to bring their top 10 male and female swimmers in each age group.</b></p> <p><b>All swimmers, coaches, officials and volunteers MUST have a deck pass to get on deck. These will be provided by the meet host.</b></p> <p>A contestant may participate in only his or her own age group events or in open events which are open to all ages.  <u>Contestants may enter as many events as they wish but must scratch down to a maximum of seven (7) individual events by Friday morning with no more than three (3) individual events per day.</u> Swimmers shall compete at the age attained on the first day of the meet.</p> <p><u>All Distance event entries must also submit proof of time for events 500 yards and longer.</u>  Check the box for "proof of time" in Hy-Tek meet entry report</p> <p>Entries in 400IM, 500 Free and 1000 Free may need to be limited due to time constraints. If necessary, it will be done based on the verifiable proof of entry time. <b>If a swimmer is removed from an event because of time constraints, they will be provided the opportunity to enter another event in the meet, as long as that entry WILL NOT create a new heat.</b></p> <p><b><u>Meet Manager reserves the right to Positive Check-In all 200 yard events in the interest of manageable time lines.</u></b></p>

	<p><b><u>Meet Manager also reserves the right to adjust warm-up times for the 12 &amp; Under sessions after entries have come in.</u></b></p> <p><b>Individual Events:</b></p> <p><b>All 10 &amp; under events</b> are trials and finals and will have one (1) heat in the finals sessions, except the 500 freestyle which will be timed finals.</p> <p><b>All 11-12 individual events</b> will have an "A" and "B" final, except the 400 IM and the 500 free which will be timed finals. The "A" final will be swum first.</p> <p><b>All 13-14 and Open individual events</b> will have an "A" and "B" final, except the 13-14 400 IM and 13-14 500 free which will only have an "A" final. The "A" final will be swum first.</p> <p>The 1000 and 500 freestyle and 400 IM require positive check-in.</p> <p>13-14 and Open 1000 freestyle will be swum combined, age groups will be scored separately.</p> <p>The 13 &amp; Over 1000 freestyle, 11-12 500 freestyle and 400 IM and 10 &amp; U 500 freestyle will be swum fastest to slowest as Timed Final events.</p> <p>The use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.</p> <p>The practice of deck changing is prohibited at all PVS Sanctioned events. Swimmers participating in deck changing would be violating the USA Swimming Code of Conduct/Sportsmanship policy and could be subject to removal from further competition in the meet.</p>
Relay Events	<p>All Relays are timed finals. All Relays will be swum fastest to slowest.</p> <p>All 200 yard relays will be pre-seeded. A team may enter only two (2) relays per relay event.</p> <p><b>Only relays entered with proof of time will be eligible for the finals session. Coaches are encouraged to swim their fastest relays at the Finals session.</b></p>

	<p>Only the fastest heat of the 13-14 and Open 800 free relays will be swum during the finals session. All other heats will be swum at the conclusion of Friday's preliminary session.</p> <p>Only the fastest heat of the 13-14 and Open 400 medley relays will be swum during the finals session. All other heats will be swum at the conclusion of Saturday's preliminary session.</p> <p>Only the fastest heat of the 13-14 and Open 400 free relays will be swum during the finals session. All other heats will be swum at the conclusion of Sunday's preliminary session.</p>
Inclusion Policy for Swimmers with a Disability	<p>PVS and host clubs along with their Meet Directors are committed to the <a href="#">Inclusion Policy as adopted by the BOD</a>. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition. <b>Swimmers with a disability may be included in addition to your 80 swimmer limit.</b></p>
Time Trials	<p>There will be no time trials conducted at this meet.</p>
PVS Check-in Policy	<p>For those events requiring positive check-in, athletes (or coaches for relay events) shall designate their intention to swim the event on the forms provided at the scratch table. Athletes who have not checked-in prior to the specified time will be scratched from the event. Athletes who have checked-in, have been seeded, and fail to swim the event will be barred from their next scheduled individual event, unless excused by the Referee.</p>
PVS Scratch Policy	<p>If you do not wish to swim in the Final, you may "Scratch" from the event by following the proper procedure:</p> <p>You must fill out and sign a PVS Finals Scratch Slip within 30 minutes of the announcement of qualifiers for "A" finals or "B" finals, if scheduled.</p> <p>You may declare an intent to "scratch." You must fill out and sign a PVS Finals Scratch Slip within 30 minutes of the announcement of qualifiers, marking the appropriate space for "intent." You must rescind or "pull" this intent on the PVS Finals Scratch Slip within 30 minutes after the conclusion of your last preliminary event of the day or you will be automatically scratched.</p> <p>If an athlete fails to properly scratch from an event and does not</p>

	appear for the Final event, they "shall be barred from further competition for the remainder of the meet".
Scoring	Individual: 20 17 16 15 14 13 12 11 9 7 6 5 4 3 2 1 Relays: 40 34 32 30 28 26 24 22 18 14 12 10 8 6 4 2
Warm-Up	The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. The meet director may determine the structure of the warm-up, including times and lane assignments.
Supervision	<ul style="list-style-type: none"> <li>Coaches are responsible for the conduct of their Swimmers and Families and for cleaning up their team areas. Only athletes, USA Swimming certified coaches, and deck officials are permitted on the pool deck. Working Coaches &amp; deck officials are required to display their 2010 or 2011 USA Swimming card Parents not working the meet as a deck official, volunteer lane timer, or other meet position are not permitted on deck. Swimmers in the meet, unaccompanied by a USA-S coach must be certified by a USA-S coach as proficient in performing a racing start or must start each race from within the water. Ensuring compliance is the responsibility of the swimmer or the swimmer's legal guardian.</li> </ul>
Admission	There is no admission charge.
Programs	The entire meet program will be available for \$15.00. Finals programs each night will be free .
Officials	All certified officials wishing to volunteer to work this meet please contact the Potomac Marlins Officials Chairman, Brian Baker at: <a href="mailto:MarlinsOfficialsCoordinator@gmail.com">MarlinsOfficialsCoordinator@gmail.com</a> prior to November 11th, 2010. Please include your club affiliation, certifications held, and sessions you wish to work. Officials assigned to this meet should sign in at the computer table at the start of warm-up. Certified officials who have not been contacted should volunteer their services to the Referee.
Seating	Due to the limited pool deck space, Officials, USA Swimming Registered Coaches and Swimmers only will be permitted on the pool deck. <b>Personal Chairs will NOT be permitted on the deck</b>
Food	There is NO FOOD allowed on deck. Liquids only. This is a GMU facility rule.
Warning	Any club or individual that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered swimmer to represent them, will be fined by PVS the sum of \$100.00 and no further entries will be accepted from that club until the said fine has been paid.

	<p>Since this swim meet is a public event, members of the press may be present at the meet. Press photographers may be taking pictures and may publish them in the newspaper or in the case of the Washington Post, on their swimming web site reachforthewall.com</p>
<p>Entries</p>	<p>Entries may be sent via e-mail.</p> <ol style="list-style-type: none"> <li>1. Entries must arrive by the due date and time.</li> <li>2. Include with your commlink file one (1) report by name and one (1) by event. Create these reports in Team Manager and save as Word for Windows files. <u>You must also check the box for "proof of time"</u></li> <li>3. In the body of your e-mail provide entry numbers (girls, boys, totals). Include contact information (e-mail, phone, officials contact).</li> <li>4. Send e-mail to <a href="mailto:coach_bill@verizon.net">coach_bill@verizon.net</a></li> <li>5. Meet Directors are requested to acknowledge receipt by return e-mail within 24 hours. Clubs submitting entries that do NOT receive an acknowledgement should contact the Meet Director by other than e-mail to confirm receipt.</li> </ol> <p>Entries may be sent via mail/express mail/ etc.</p> <p><b>Computer disk entries (Hy-tek) are encouraged.</b> Disk entries require one (1) meet entry report by name and one (1) by event from Team Manager. Entries may also be submitted on a PVS Master Entry Sheet. All entries must included a completed "Entry Cover Sheet."</p> <p>Events file for use in Team Manager is not available yet. (hyv.file)</p> <p>Coaches will be provided with National Relay Slips at the meet.</p> <p>No late/deck entries are permitted for this meet.</p> <p>The meet director will not accept phone or fax entries.</p> <p>If using a mail service (Fed Ex, UPS, etc.) sign the waiver allowing the service to leave your entries without requiring a signature.</p> <p>Entries that are incomplete, submitted on incorrect forms, or</p>

	<p>lacking the phone number of a responsible club official will not be accepted.</p> <p><b>NOTE:</b> In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, George Mason University, George mason University Aquatic Center and Potomac Marlins shall be free from any liabilities or claims for damages arising by reason <u>of injuries to anyone</u> during the conduct of the event.</p>
Fees	<p>Fees for individual events are <b>\$7.50</b>, relays are <b>\$15.00</b>.</p> <p>There is a \$3.00 surcharge per athlete to cover additional GMU service fees</p> <p>Each participating Club is requested to remit one check to cover the entry fee for the entire team. Do not send cash. Make checks payable to <b>POTOMAC MARLINS</b>. Entry fees are due with entries.</p>
Entry Deadline	<p>The entry dead line is 9:00 p.m., Tuesday, November 16, 2010. <b>Important:</b> The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>
Send Entries To	<p>Bill Marlin 3212 Allness Lane Herndon, VA 20171</p> <p>E-Mail entries will be accepted. Send electronic entries including meet entry reports to: <a href="mailto:coach_bill@verizon.net">coach_bill@verizon.net</a> <b><u>Entry fee check must be sent ASAP</u></b></p>

<b>Thursday, December 2nd, 2010 @ George Mason University</b> <b>Warm-up 4:00 - 4:50 p.m. Events at 5:00 p.m.</b>		
<b>GIRLS EVENT NUMBER</b>	<b>EVENT</b>	<b>BOYS EVENT NUMBER</b>
1	13 & Over 1000 free See minimum entry standards	2



3	11-12 500 free See minimum entry standards	4
5	10 & Under 500 free See minimum entry standards	6

**Note:**

- Positive check in for all women's and men's 1000 freestyle is 4:40 p.m.
- Positive check in for the 10 & U and 11-12 500 free is 5:20 p.m.
- **500 freestyle is limited to fastest 64 verifiable times times in each age group.**

<b>Friday, December 3rd, 2010 @ George Mason University Warm-up 7:30 - 8:30 a.m. Events at 8:40 a.m.</b>		
<b>GIRLS EVENT NUMBER</b>	<b>EVENT</b>	<b>BOYS EVENT NUMBER</b>
7	13-14 200 Free	8
9	Open 200 Free	10
15	13-14 50 Breast	16
17	Open 50 Breast	18
23	13-14 100 Fly	24
25	Open 100 Fly	26
29	13-14 200 Back	30
31	Open 200 Back	32
37	13-14 400 IM See minimum entry standards	38
39	Open 400 IM See minimum entry standards	40
45	13-14 800 Free Relay	46
47	Open 800 Free Relay	48

**Note:**

- Positive check in for the 13-14 and OPEN 400 IM is 8:00 a.m.
- Positive check in for all 800 free relays is 9:00 a.m.

**Friday, December 3rd, 2010 @ George Mason University**  
**Warm-up 12:15 - 1:05 p.m. Events at 1:15 p.m.**

<b>GIRLS EVENT NUMBER</b>	<b>EVENT</b>	<b>BOYS EVENT NUMBER</b>
11	11-12 200 Free See minimum entry standards	12
13	10 & U 200 Free See minimum entry standards	14
19	11-12 100 Breast	20
21	10 & U 100 Breast	22
27	11-12 200 Fly	28
33	11-12 50 Back	34
35	10 & U 50 Back	36
41	11-12 100 IM	42
43	10 & U 100 IM	44
49	11-12 400 Free Relay	50

**Note:**

- Positive check in for the 11-12 400 free relays is 2:15 p.m.

**Saturday, December 4th, 2010 @ George Mason University**  
**Warm-up 7:30 - 8:30 a.m. Events at 8:40 a.m.**

<b>GIRLS EVENT NUMBER</b>	<b>EVENT</b>	<b>BOYS EVENT NUMBER</b>
53	13-14 50 Free	54
55	Open 50 Free	56
61	13-14 200 Fly	62
63	Open 200 Fly	64
69	13-14 100 Breast	70
71	Open 100 Breast	72
75	13-14 50 Back	76
77	Open 50 Back	78
83	13-14 500 Free See minimum entry	84

	standards	
85	Open 500 Free See minimum entry standards	86
87	13-14 400 Medley Relay	88
89	Open 400 Medley Relay	90

**Note:**

- Positive check in for the 13-14 and OPEN 500 free is 9:00 a.m.
- Positive check in for all 400 Medley relays is 10:00 a.m.

<b>Saturday, December 4th, 2010 @ George Mason University</b> <b>Warm-up 12:15 - 1:05 p.m. Events at 1:15 p.m.</b>		
<b>GIRLS EVENT NUMBER</b>	<b>EVENT</b>	<b>BOYS EVENT NUMBER</b>
51	11-12 400 IM See minimum entry standards	52
57	10 & U 50 Free	58
59	11-12 50 Free	60
65	10 & U 50 Fly	66
67	11-12 50 Fly	68
73	11-12 200 Breast	74
79	10 & U 100 Back	80
81	11-12 100 Back	82
91	10 & U 200 Medley Relay	92
93	11-12 200 Medley Relay	94

**Note:**

- Positive check in for the 11-12 400 IM is 12:45 p.m.

<b>Sunday, December 5th, 2010 @ George Mason University</b> <b>Warm-up 7:30 - 8:30 a.m. Events at 8:40 a.m.</b>		
<b>GIRLS EVENT NUMBER</b>	<b>EVENT</b>	<b>BOYS EVENT NUMBER</b>

99	13-14 200 IM	100
101	Open 200 IM	102
107	13-14 100 Free	108
109	Open 100 Free	110
115	13-14 200 Breast	116
117	Open 200 Breast	118
123	13-14 100 Back	124
125	Open 100 Back	126
129	13-14 50 Fly	130
131	Open 50 Fly	132
137	13-14 400 Free Relay	138
139	Open 400 Free Relay	140

**Note:**

- Positive check in for the 400 free relay is 10:00 a.m.

<b>Sunday, December 5th, 2010 @ George Mason University</b>		
<b>Warm-up 12:15 -1:05 p.m. Events at 1:15 p.m.</b>		
<b>GIRLS EVENT NUMBER</b>	<b>EVENT</b>	<b>BOYS EVENT NUMBER</b>
95	11-12 200 Free Relay	96
97	10 & U 200 Free Relay	98
103	11-12 200 IM	104
105	10 & U 200 IM	106
111	11-12 100 Free	112
113	10 & U 100 Free	114
119	11-12 50 Breast	120
121	10 & U 50 Breast	122
127	11-12 200 Back	128
133	11-12 100 Fly	134
135	10 & U 100 Fly	136
141	11-12 400 Medley Relay	142

**Note:**

- Positive check in for the 11-12 400 medley relay is 2:00 p.m.

Minimum Entry Standards Must be **Equal to** or **Faster Than** in the following events:

**Entry into the below events must include proof of time on the Meet Entry Report.**

Girl's Minimum Entry Time	Event	Boy's Minimum Entry Time
12:15.00	13 & Over 1000 Free	12:00.00
6:55.00	11-12 500 Free	7:00.00
7:45.00	10 & Under 500 Free	7:45.00
2:20.00	13-14 200 Free	2:20.00
2:12.00	Open 200 Free	2:03.00
5:30.00	13-14 400 IM	5:30.00
5:15.00	Open 400 IM	4:45.00
2:40.00	11-12 200 Free	2:40.00
3:00.00	10 & Under 200 Free	3:00.00
6:10.00	13-14 500 Free	6:00.00
5:40.00	Open 500 Free	5:20.00
6:00.00	11-12 400 IM	6:00.00