



SNOW Pumpkin Invitational

October 22-24, 2010

Sanctioned by USA Swimming through PVS and VA Swimming

Sanction numbers: PVI-11-09 / VS-11-01N

Meet Director	Eric Adams eric.adams@snowswimming.org 703-727-1617
Meet Referee	Mike Ryan LJKLM@comcast.net 540-683-0315
Club Officials Chair	Mike Pluskaitis headcoach@snowswimming.org 703-779-9909
Facility	Claude Moore Recreation Center 46105 Loudoun Park Lane Sterling, VA 20164 571-258-3600 One 25-yard course will be used during each session. Warm-up / warm-down lane will be available throughout the meet. Water depth ranges from 6'8" to 12'6" at both the starting end and turning end. The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C)
Schedule	Friday, October 22 nd : Warm-up: 4:00 – 4:45pm / Events: 5:00pm Saturday October 23 rd and Sunday October 24 th : 11 and older timed finals: Warm-up: 7:10-7:55am / Events: 8:05am 10 and under timed finals: Warm-up: 12:00-12:30pm / Events: 12:40pm ** Meet Director reserves the right to adjust times after entries are received
Eligibility	Open to invited USA Swimming teams. Swimmers shall compete at the age attained on Friday, October 22 th , 2010.
Rules	Current USA Swimming rules shall govern the meet. Swimmers may only participate in their own age group events or open events. Swimmers may enter a maximum of 8 individual events during the entire meet and no more than 3 individual events per day. Only short course times are applicable.



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	<p>The use of equipment capable of taking pictures (ie. Cell phones, cameras, PDA's, etc) are banned from behind the starting blocks during the entire meet, including warm-up, competition and cool down periods.</p> <p>The practice of deck changing is prohibited at all PVS Sanctioned events. Swimmers participating in deck changing would be violating the USA Swimming Code of Conduct/Sportsmanship policy and could be subject to removal from further competition in the meet.</p>
Disability Swimmers	<p>PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the Board of Directors. Athletes with disabilities are welcome to participate, and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.</p>
Warm Up	<p>The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. The meet director may determine the structure of the warm-up, including times and lane assignments.</p>
Supervision	<p>Coaches are responsible for the conduct of their swimmers and families, as well as maintaining clean team areas. Coaches & deck officials are required to display their valid 2010 USA Swimming credentials.</p> <p>Coaches are responsible for ensuring that their team areas are clean of any debris at the conclusion of each meet session.</p> <p>Swimmers in the meet, unaccompanied by a USA-S coach must be certified by a USA-S coach as proficient in performing a racing start or must start each race from within the water. Ensuring compliance is the responsibility of the swimmer or the swimmer's legal guardian.</p>
Meet Programs	<p>Meet programs will be made available at www.snowswimming.org by Thursday, October 20th by 12pm.</p>
Officials & Timers	<p>All certified officials wishing to volunteer to work this meet should contact Mike Ryan, Email: LJKLM@comcast.net. Phone: 540-687-0315. Please include your club affiliation, certifications held, and sessions you wish to work.</p> <p>Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-up.</p> <p>Each participating club is requested to provide at least one official and 3</p>



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	timers per session if entering 25 or more swimmers.
Seating	Due to the limited pool deck space, no chairs are allowed on deck.
Fees	\$5.00 per individual event \$3.00 Facility surcharge per swimmer
Entry Procedure	<p>Teams should provide entries as follows:</p> <p>Send e-mail to Eric Adams at: eric.adams@snowswimming.org Include with your commlink file one report by name and one by event. Create these reports in HyTek Team Manager and save as Word for Windows files. In the body of your email, provide entry numbers (girls, boys, totals). Include contact information (e-mail, phone, officials contact).</p> <p>Entry Deadline: Tuesday, October 12th by 5pm</p> <p>Important: The Meet Director will acknowledge receipt by return email within 24 hours. Teams submitting entries that do NOT receive an acknowledgement should contact the Meet Director by other means to confirm receipt. The above date is the deadline for teams to submit their entries to the Meet Director. Therefore, teams usually set an earlier deadline to receive entries from their swimmers. Check with your team for this information.</p> <p>Other Registration Details: Entries directly from individual team members will not be accepted. Entries by phone or fax entries will not be accepted. Entries that are incomplete, submitted on incorrect forms, or lacking the phone number of a responsible team official will not be accepted.</p> <p>Any club or individual that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered swimmer to represent them, will be fined by PVS the sum of \$100.00 and no further entries will be accepted from that club until the said fine has been paid.</p> <p>Each participating team is requested to remit one check to cover the entry fee for the entire team.</p> <p>Please make checks payable to "SNOW Swimming". Please do not send cash.</p> <p>Entry fees are due with each team's entries. Unpaid fees will be reported to the PVS Administration Office at the conclusion of the meet. No further entries will be accepted from teams for future meets until entry fees are paid in full.</p>



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Send Entries To:

Eric Adams

342 Hedgestone Terrace NE

Leesburg, VA 20176

NOTE: In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Virginia Swimming, Claude Moore Recreation Center and Snow Swimming Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event



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Friday, October 22nd, 2010

Warm-up: 4:00-4:45pm / Events: 5:00pm

Girls Event #		Boys Event #
1	12 & under 200 Back	2
3	13 & over 200 Back	4
5	12 & under 500 Free	6
7	13 & over 1000 Free	8

** 1000 Free will be swum fastest to slowest

Alternating women and men

Swimmers in 500 and 1000 need to provide their own timer and counter

Saturday, October 23rd, 2010

11 and over Timed Finals

Warm-up: 7:10 - 7:55am / Events: 8:05am

** Meet Director reserves the right to adjust times after entries are received

Girls Event #		Boys Event #
9	11-12 200 Free	10
11	13 & over 200 Free	12
13	11-12 100 Back	14
15	13 & over 100 Back	16
17	11-12 50 Breast	18
19	13 & over 400 IM	20
21	11-12 100 IM	22
23	13 & over 200 Breast	24
25	11- 12 200 Breast	26
27	13 & over 100 Fly	28
29	11 - 12 100 Fly	30
31	13 & over 50 Free	32
33	11-12 50 Free	34

Saturday, October 23rd, 2010

10 and under Timed Finals

Warm-up: 12:00-12:30pm / Events: 12:40pm

** Meet Director reserves the right to adjust times after entries are received

Girls Event #		Boys Event #
35	10 and under 200 IM	36
37	8 & under 25 Back	38
39	9-10 50 Back	40
41	8 & under 50 Breast	42
43	9-10 50 Breast	44
45	8 & under 25 Free	46
47	9-10 100 Free	48
49	8 & Under 50 Fly	50
51	9-10 100 Fly	52
53	8 & under 100 Free	54



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Sunday, October 24th, 2010

11 and over Timed Finals

Warm-up: 7:10 - 7:55am / Events: 8:05am

** Meet Director reserves the right to adjust times after entries are received

Girls Event #		Boys Event #
55	11-12 50 Back	56
57	13 & over 200 IM	58
59	11-12 200 IM	60
61	13 & over 200 Fly	62
63	11-12 200 Fly	64
65	13 & over 500 Free	66
67	11-12 50 Fly	68
69	13 & over 100 Breast	70
71	11-12 100 Breast	72
73	13 & over 100 Free	74
75	11-12 100 Free	76

Sunday, October 24th, 2010

10 and Under Timed Finals

Warm-up: 12:00 - 12:30pm / Events: 12:40pm

** Meet Director reserves the right to adjust times after entries are received

Girls Event #		Boys Event #
77	10 and under 200 Free	78
79	8 & under 25 Fly	80
81	9-10 50 Fly	82
83	8 & under 50 Back	84
85	9-10 100 Back	86
87	8 & under 100 IM	88
89	9-10 100 IM	90
91	8 & under 25 Breast	92
93	9-10 100 Breast	94
95	8 & under 50 Free	96
97	9-10 50 Free	98