



Dear Potomac Valley Coaches & Parents:

I would like to start by congratulating you for your hard work this season and success in the pool.

This year our PVS 14 & Under Junior Olympic meet is larger than it has ever been. Even with tightening many cuts and the elimination of high performance tech suits, we currently have 1352 athletes with over 5500 splashes qualified for the meet. This is truly a testament to how fast swimming is getting in PVS.

As a result the Board of Directors of Potomac Valley has been looking at every possible scenario to make the meet manageable. As the meet stands with the current structure we would have 750+ athletes on the deck on Friday & Saturday morning. For many reasons this cannot happen.

We have restructured the meet to control amount of swimmers on deck and manage the viewing area for the parents upstairs. We realize that these changes may not be the most ideal solution to your family and we apologize for this.

The BOD and Machine Aquatics are confident that the meet will be as wonderful of a success for every athlete as it has been in years past.

I look forward to seeing you on deck at the meet.

Regards,

Greg York

General Chair

Potomac Valley Swimming

Important Information regarding the 2010 PVS Junior Olympic Meet

Due to the increase in entries this year, we have made several changes to the meet structure this year. We hope that these changes will not be too much of an inconvenience. We hope that these changes will protect the integrity of the meet and allow for fast swimming, intense competition & all around fun for the athletes.

We want to make sure everyone understands that even with these changes the venue will still be crowded. We ask you in advance to please be patient through the meet and above all work together to insure that every spectator gets an opportunity to see their swimmer compete.

Please do not bring extra bags and coolers with you into the viewing area. We are going to need every seat possible for viewing. Due to capacity concerns in the stands we will ***NOT be able to allow chairs along the back wall of the viewing area.*** This area will be standing room only. We will have a room available in the building for parents to relax in between events.

With these changes the sessions will be shorter and in turn the time between events will also be shorter. After speaking with several PVS coaches with many different clubs, we have come to the conclusion that the best way to ensure the athletes have rest between events is to take a 5 minute break between each event. We will run two courses (Male & Female), with fly over starts.

It is very important that for this tight time line to work we MUST have timers signed up in advance to work the meet. If you would like to time please contact your club.

Each club will be required to provide timers in proportion to the athletes they have in the session. The clubs will need to turn a list of timers to the meet director by Wednesday, March 17th, 2010.

We cannot stress enough how important this is. If we should have to stop to meet to get timers at any point it will affect all sessions that remain in the day.

We are very excited to host so many PVS swimmers in the meet. This meet is larger than it has ever been and that is a testament to the wonderful PVS coaches' hard work & the swimmers and parents dedication to their success in the pool.

We will have a wonderful concession stand that will be open and stocked the whole day. In the parent room we will have movies available for children to watch as they are waiting. Aardvark Swim will be selling swim apparel, including special Junior Olympic swim caps. Fine Designs will be available all weekend for custom 2010 PVS Junior Olympic apparel.

The staff & parents of Machine Aquatics are very excited to host the 2010 PVS Junior Olympic Meet. Please contact me with any questions regarding the meet. If you have any concerns regarding the meet changes please contact PVS General Chair Greg York at genlchr@pvswim.org and/or PVS Age Group Chair Bill Marlin at coach_bill@verizon.net.

We thank you in advance for your patience and assistance at the meet.

Regards,

Paris Jacobs

Meet Manager

Machine Aquatics

PVS 14 & Under Junior Olympics

**New Session Starts Times for the
PVS 14 & Under Junior Olympic Meet**

Thursday Night Session

Warm Up- 4:30- 5:20 P M

Competition- 5:30 P M

Friday, Saturday & Sunday Sessions

13 -14 Year old Session-

Warm Up- 6:00-7:20 A M

Competition- 7:30 A M

11-12 Year old Session-

Warm Up- 10:30- 11:30 A M

Competition- 11:40 A M

9-10 Year old Session

Warm Up- 2:00-2:45 P M

Competition- 2:55 P M

Finals

Warm Up- 5:15-6:05 P M

Competition- 6:15 P M

Rules and Reminders for the Meet

- All 400 & Over event are POSITIVE CHECK IN.
- PVS scratch rules apply for swimmers scratching finals. If a swimmer fails to properly scratch from a final event and does not appear for the final, he/she **"will be barred from further competition for the remainder of the meet"**.
- Swimmers will have 30 Minutes to scratch from finals.
- Only Swimmers with meet badges will be allowed in the lower level of the facility.
 - **PLEASE PLAN AHEAD!!! PARENTS WILL NOT BE ALLOWED TO ACCOMPANY SWIMMERS DOWNSTAIRS.** A buddy system is recommended if needed. We will have meet staff stationed along the walk ways to make sure swimmers make it to the pool deck.
 - Passes will be handed out at the top of the stairs at the start of each session.
- Swimmer will **NOT** be permitted to bring folding chairs on the pool deck.
- **Timers are NEEDED.** All timers will sign in upstairs and will be given a pass to get down to the pool deck.
- Should we run over in time in any session the warm up for the next session would begin immediately following the conclusion of the current session.
- Parents please do not bring extra bags and coolers in the viewing area with you.
- Please make sure you leave plenty of time to arrive at the pool for prelims and finals. Parking will be crowded.
- Please bring your patience and be ready to have a great time and see fast swimming out of our 14 & Under swimmers!!