

# The Rockville-Montgomery Swim Club presents Gender Blender Mini Meet



**February 14-15, 2009**

Sanctioned by United States Swimming  
Through Potomac Valley Swimming  
Sanction # PVI-09-34



Meet Directors	Jenn Barnes jennbarnes@hotmail.com	
Location	<u>Montgomery Aquatic Center</u> 5900 Executive Blvd. N. Bethesda, MD 20852 301-468-4211	
Dates and Times	<u>Saturday, February 14, 2009</u> <u>Warm up: 9:00am Session Start: 9:45am</u>  <u>Sunday, February 15, 2009</u> <u>Warm up: 9:00am Session Start: 9:45am</u>	
Eligibility	Open to invited United States Swimming Athletes from <b><u>RMSC, MACH, FAST, TIBU</u></b> . Swimmers shall compete at the age attained on the first day of the meet. It may be necessary to limit entries due to time constraints. Please get entries in early.	
Inclusion Policy for Swimmers with a Disability	PVS and host clubs along with their Meet Directors are committed to the <u>Inclusion Policy as adopted by the BOD</u> . Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.	
Rules	Current United States Swimming rules shall govern the meet. All events are timed finals. A contestant may enter no more than <b>three</b> individual events per day, and no more then <b>six</b> individual events for the meet.	
Scoring & Awards	The meet will be seeded as mixed events. All swimmers will be split into a boys team and a girls team regardless of USA affiliation. The meet will then be scored as follows:  <table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td>Individual: 20 17 16 15 14 13 12 11 9 7 6 5 4 3 2 1</td> </tr> </table>	Individual: 20 17 16 15 14 13 12 11 9 7 6 5 4 3 2 1
Individual: 20 17 16 15 14 13 12 11 9 7 6 5 4 3 2 1		

	<p><b><u>Awards will be given for 1<sup>st</sup> - 16<sup>th</sup> place</u></b>  <b><u>Gender team champions will all receive an award at the conclusion of the meet.</u></b></p>
Supervision	Coaches are responsible for the conduct of their swimmers, both at the meet and in the warm-up/warm-down area. Inappropriate behavior will be cause for suspension from the meet and the Montgomery Aquatic Center.
Seeding	Seed times are short course yards.
Warm-up	The prescribed Potomac Valley warm-up procedures and safety policies will be followed.
Timers	Clubs will be responsible to provide their fair share of timers, and will be assigned lanes by the meet manager.
Officials	Certified officials who wish to work at the meet should contact <b>Amy Hsu at amy.hsu@nih.gov 240-832-7022</b>
Admission	There is no admission charge. Heat sheets will be available for \$1.00.
Fees	Fees for individual events: \$5.00
Warning	Any club that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100.00, and no further entries will be accepted from the club until the said fine is paid.

Entry Procedures	<p>Computer disk entries require a meet entry report by SWIMMER and a report by EVENT from Team Manager. Also submit a completed "<u>Entry Cover Sheet</u>." Send completed entries, including the name and phone number of a club representative, to:</p> <p>Christa Krukiel  5900 Executive Blvd.  N. Bethesda, MD 20852  301-468-4211</p> <p>Email procedures (E-mail entries preferred):  In subject heading, write "MINI Gender Blender ****" (with club initials in place of ****).</p> <p>Include the entry file from Team Manager, as well as a report by SWIMMER and a report by EVENT.</p> <p>Include total number of swimmers and total number of events, along with contact information (name, phone, email) of a club representative.</p> <p>Email the entry to <a href="mailto:Christa.Krukiel@montgomerycountymd.gov">Christa.Krukiel@montgomerycountymd.gov</a></p> <p>Send check, including an "Entry Cover Sheet" the address below :</p> <p>Christa Krukiel  5900 Executive Blvd.  N. Bethesda, MD 20852</p> <p>Make Checks payable to: "<b>MCRD</b>" (<b>Montgomery County Recreation Department</b>).</p> <p>Each club is requested to remit one check to cover the entry fees for the entire team. Please do not send cash. Entry Fees are due with entries.</p>
Deadline	<p>Entries are due by 5:00pm on <b><u>Friday, February 6, 2009</u></b>. Late entries and deck entries <b>WILL NOT BE ACCEPTED</b>.</p>

## Saturday, February 14, 2009

(Boys) Warm-up 9:00 - 9:20 am

(Girls) Warm-up 9:20 - 9:40 am

**Session Start: 9:45am**

<b>Girls Event #</b>	<b>Events</b>	<b>Boys Event #</b>
1	7 & Under 100 yard Freestyle	1
2	8 Year Old 100 yard Freestyle	2
3	6 & Under 25 yard Backstroke	3
4	7 & Under 25 yard Backstroke	4
5	8 Year Old 25 yard Backstroke	5
6	7 & Under 50 yard Breaststroke	6
7	8 Year Old 50 yard Breaststroke	7
8	7 & Under 50 yard Butterfly	8
9	8 Year Old 50 yard Butterfly	9
10	6 & Under 25 yard Freestyle	10
11	7 & Under 25 yard Freestyle	11
12	8 Year Old 25 yard Freestyle	12

## Sunday, February 17, 2008

(Boys) Warm-up 9:00 - 9:20 am

(Girls) Warm-up 9:20 - 9:40 am

**Session Start: 9:45am**

<b>Girls Event #</b>	<b>Events</b>	<b>Boys Event #</b>
13	7 & Under 50 yard Backstroke	13
14	8 Year Old 50 yard Backstroke	14
15	7 & Under 25 yard Butterfly	15
16	8 Year Old 25 yard Butterfly	16
17	7 & Under 25 yard Breaststroke	17
18	8 Year Old 25 yard Breaststroke	18
19	7 & Under 50 yard Freestyle	19
20	8 Year Old 50 yard Freestyle	20
21	7 & Under 100 yard Individual Medley	21
22	8 Year Old 100 yard Individual Medley	22