

**UPDATED December 14, 2004 TO
CORRECT EVENT NUMBERING
REVISE MEET ENTRY DEADLINE
ADD TM UPLOAD FILE**

<p>VSC INVITATIONAL III Saturday January 8th 10&U Sunday January 9th 11&*Over * Swimmers not on high school teams. Sanctioned by USA Swimming Through Potomac Valley Swimming Sanction # PVI-05-19</p> <p style="text-align: center;">SPONSORED BY Victor Swim Club and Sea Devil Swimming</p>	
Meet Director	Victor Abrahamian Phone 703-370-6001 E-mail victor@vscswim.com
Meet Location	South Run Recreation Center- 10 Lanes 7550 Reservation Drive Springfield, Va. 22153 703-866-0566
Meet Official	Trish Portare 703-690-2488
Schedule	Saturday January 8, 2005 Warm up 12:15-12:50 pm Events 1:00pm Sunday January 9 11&O ~Non HS Swimmers Warm up 12:15-1:00 pm Events 1:10pm
Eligibility	Open to the invited Potomac Valley Swimming Registered athletes.
<p><u>NOTE:</u> 11&O events are open to all swimmers not on any public or private high school teams.</p>	
<p><i>Number of Events:</i> Participants may enter maximum of 4 events per session.</p>	

Warning	<p>Any club that enters an unregistered or improperly Registered athlete, falsifies an entry in any way, or permits An unregistered coach to represent them, will be fined the Sum of \$100.00 and no further entries will be accepted from that club until the said fine has been paid.</p> <p>PLEASE MAKE SURE YOUR ATHLETES ARE REGISTERED FOR 2005 BEFORE ENTERING THEM</p>
Rules	<p>Current USA Swimming rules shall govern the meet. A contestant may compete in a maximum of 4 events per session. All events are timed finals. Deck late entries are permitted. \$10 per event. Deck entry will close at 12:40pm.</p>
Inclusion Policy For Swimmers with a Disability	<p>PVS and the host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD. Athletes with a disability are welcome and are asked to provide advanced notice of desire accommodations to the Meet Director and PVS Senior Chairman Don Riedlinger at drieddlin@erols.com). The athlete (or the coach) is also responsible for notifying the session referee of any disability prior to the competition.</p>
Positive check-in	<p>Positive check-in is required for all 200 yards events And 500 free. Positive check-in will close at 12:40pm NOTE: * The 500 events are limited to the fastest 20 entries, 2 heats of each sex per session.</p>
Supervision	<p>Coaches are responsible for the conduct of their swimmers.</p>
	<p>Parents not working the meet as a deck official, Volunteer lane timer, or other meet position are not permitted on the pool deck. Only athletes, USA Swimming certified coaches & officials are required to display their current USA Swimming card.</p>

Deck Entry Fee	\$10.00 per event. Deck entry will close at 12:40pm
Admission	There is no admission charge
Programs	\$1.50 per program.
Fees	<p>Fee for individual events are \$3.50</p> <p>Checks payable to: VSC</p> <p>Please send your entry check directly to:</p> <p style="text-align: center;">VSC PO Box 22146 Alexandria, Va. 22304</p> <p><i>NOTE: DO NOT Mail Checks or Entries to SOUTH RUN Rec. Ctr.</i></p>
E-mail Entries	<p>1) Club E-mail entries will be accepted provided the transmission time is prior to entry deadline.</p> <p>2) Attach one report by event, one by name (save as Word for Windows in Team Manager)</p> <p>3) Attach commlink file</p> <p>4) In body of e-mail give total number of splashes (men and women total entry) and contact information (name, phone, e-mail address)</p> <p>5) remember to mail entry check to VSC address</p> <p>Optional Before preparing your entries, events for this meet can be downloaded and then imported into team manager (go to team manager/file/import/meet events). The file is now available zipped "19mm010805.zip"</p> <p>Deadline Entries are due to Coach Bob Hardy No Later Than 5:00pm Sunday January 2, 2005 🚨 <u>E-mail entries DIRECTLY to:</u> <u>rhady2170@aol.com</u></p> <p>Important: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p> <p>Meet Directors are requested to acknowledge receipt by return e-mail within 24 hours. Clubs submitting entries that do NOT receive an acknowledgement should contact the Meet Director by other than e-mail to confirm receipt.</p> <p>^^</p>

Saturday January 8, 2005
10&U
Session #1

Sunday January 9, 2005
11-12 & 11&O
(Non HS swimmers ONLY)
Session #2

Girls #	Event Name	Boys #		Girls #	Event Name	Boys #
1	6&U 25 Back	2		37	11-12 50 Back	38
3	7&8 25 Back	4		39	11&O 100 Breast	40
5	10&U 50 Breast	6		41	11&O 200 Free	42
7	10&U 100 Fly	8		43	11-12 50 Fly	44
*9	9-10 (no 8&U) 500 Free	XXX		45	11&O 100 Back	46
11	6&U 25 Free	12		47	11&O 200 IM	48
13	7&8 25 Free	14		*49	11&O 500 Free	XXX
15	10&U 50 Back	16		51	11&O 50 Free	52
17	10&U 100 Free	18		53	11&O 100 Fly	54
XXX	9-10(no 8&U) 500 Free	*20		55	11&O 200 Breast	56
21	6&U 25 Breast	22		XXX	11&O 500 Free	*58
23	7&8 25 Breast	24		59	11-12 50 Breast	60
25	10&U 50 Fly	26		61	11&O 100 Free	62
27	10&U 100 IM	28		63	11&O 200 Fly	64
29	6&U 25 Fly	30		65	11-12 100 IM	66
31	7&8 25 Fly	32		67	11&O 200 Back	68
33	10&U 50 Free	34				
35	10&U 100 Back	36				

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