

WELCOME
TO
VICTOR'S SWIM CLUB
INVITATIONAL I

OCTOBER 9-10, 2004

12&U

We welcome all the invited swimmers and coaches
And wish you the BEST!

We thank our Officials and Volunteers
for their time and commitment.

AWARDS
Medals 1st – 8th
Ribbons 9th – 16th
Heat Winner
Participation Ribbons

VSC INVITATIONAL I
12&U
October 9-10, 2004

SANCTIONED BY UNITED STATES SWIMMING THROUGH
POTOMAC VALLEY SWIMMING
SPONSORED BY VICTOR SWIM CLUB
SANCTION #PVI-05-02

Meet Director	Victor Abrahamian Phone 703-370-6001 E-mail victor@vscswim.com
Meet Location	South Run Recreation Center- 10 Lanes 7550 Reservation Drive Springfield, Va. 22153 703-866-0566
Meet Official	Trish Portare 703-690-2488
Schedule	Saturday October 9 9&U Warm up 12:15-12:50 pm Events 1:00pm Sunday October 10 10-12 year old Warm up 12:15-12:50 pm Events 1:00pm
Eligibility	Open to the invited Potomac Valley Swimming Registered athletes.
Inclusion Policy For Swimmers with a Disability	PVS and the host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD. Athletes with a disability are welcome and are asked to provide advanced notice of desire accommodations to the Meet Director and PVS Senior Chairman Don Riedlinger at driedlin@erols.com). The athlete (or the coach) is also responsible for notifying the session referee of any disability prior to the competition.
Warning	Any club that enters an unregistered or improperly Registered athlete, falsifies an entry in any way, or permits An unregistered coach to represent them, will be fined the Sum of \$100.00 and no further entries will be accepted from that club until the said fine has been paid.
Rules	Current USA Swimming rules shall govern the meet. A contestant may compete in a maximum of 4 events per session. All events are timed finals. Deck late entries are permitted. \$10 per event. Deck entry will close at 12:40pm.

Positive check-in	Positive check-in is required for all 200 yards events Positive check-in will close at 12:40pm
Warm up	The prescribed PVS warm up procedures and safety Policies will be followed. The Meet Director will assign each invited team to a warm up lane(s) based on the number of entries.
Supervision	Coaches are responsible for the conduct of their Swimmers and for cleaning up their team areas.
Credentials	Parents not working the meet as a deck official, Volunteer lane timer, or other meet position are not permitted on the pool deck. Only athletes, USA Swimming certified coaches and officials are required to display their current USA Swimming card.
Admission	There is no admission charge
Programs	\$2.00 per program.
Fees	Fees for individual events are \$3.50 Checks payable to: VSC Please send your entry check directly to: VSC PO Box 22146 Alexandria, Va. 22304 <i>NOTE: DO NOT Mail Checks or Entries to SOUTH RUN Rec. Ctr.</i>
E-mail Entries	1) Club E-mail entries will be accepted provided the transmission time is prior to entry deadline. 2) Attach one report by event, one by name (save as Word for Windows in Team Manager) 3) Attach commlink file 4) In body of e-mail give total number of splashes (men and women total entry) and contact information (name, phone, e-mail address) 5) remember to mail entry check to VSC address
Deadline	Entries are due to Coach Bob Hardy No Later Than 5:00pm Monday October 4, 2004 <u>E-mail entries to:</u> rhardy2170@aol.com

VSC Invitational I
At South Run Recreation Center

Saturday October 9, 2004
9&U
Warm-up 12:15-12:50 pm
Events 1:00 pm

Sunday October 10, 2004
10-12 year old
Warm up 12:15-12:50pm
Events 1:00 pm

Girls #	Event Name	Boys #		Girls #	Event Name	Boys #
1	9&U 200 Free	XXX		37	10-12 200 Free	XXX
3	6&U 25 Back	4		39	10-12 50 Back	40
5	7&8 25 Back	6		41	10-12 100 Back	42
7	9&U 50 Back	8		X	10-12 200 Breast	44
XXX	9&U 100 Breast	10		45	10-12 50 Fly	46
11	6&U 25 Free	12		47	10-12 100 Fly	48
13	7&8 25 Free	14		X	10-12 200 Back	50
15	9&U 50 Free	16		51	10-12 50 Free	52
17	9&U 100 Fly	XXX		53	10-12 100 Free	54
19	6&U 25 Breast	20		55	10-12 200 Fly	XXX
21	7&8 25 Breast	22		57	10-12 50 Breast	58
23	9&U 50 Breast	24		59	10-12 100 Breast	60
XXX	9&U 100 Back	26		XXX	10-12 200 IM	62
27	6&U 25 Fly	28		63	10-12 100 IM	XXX
29	7&8 25 Fly	30		XXX	*10-12 500 Free	64
31	9&U 50 Fly	32				
33	100 IM	XXX				
X	200 IM	36				

*We will have 2 heats of top 20 entry times
Time permits we will add 1 more heat