

**I.A.C. CHAMPIONSHIPS 2005**  
**St Albans School - Lawrence Pool - 29 Jan 05**  
**Results**

**Event 1 Men 200 Yard Medley Relay**

I.A.C.: 1:40.11 ! 1/31/2004

GEORGETOWN PREP

GP

R. Kim, R. Grimmett-Norris, C. Pool, R. Swendiman

POPE PAUL VI

PVIM

WMPSSDL: 1:36.10 + 2/1/1996

Metros Qual: 1:52.99 M

Team	Relay	Seed Time	Finals Time	Points
1 Georgetown Preparatory Scho	A	1:37.81	1:41.12 M	32
1) Hafkin, Josh V	2) Pool, Jon D	3) Spencer, Scott S	4) Grimmett-Norris, Robert W	
2 Landon School	A	1:43.60	1:42.47 M	26
1) Frantz, Scott	2) McDonald, Adam	3) Park, Brock	4) Shane, Andrew	
3 St. Albans/M	A	1:46.61	1:47.07 M	24
1) Romilly, Chris	2) Graham, Thomas	3) Cooper, Matt	4) de Michaelis, Drew	
	27.21 29.20 26.28 24.38			
4 St. Stephen's & St. Agnes	A	1:50.49	1:51.32 M	22
1) Boenecke, Ty	2) Prietsch, Clay	3) Routh, Mac	4) Murray, Peter	

**Event 3 Men 200 Yard Freestyle**

I.A.C.: 1:47.56 ! 1/28/2005

CHRIS POOL

GEORGETOWN PREP

WMPSSDL: 1:41.74 + 2/20/1990

T. HERWIG

GCM

Metros Qual: 1:56.49 M

Name	Team	Seed Time	Finals Time	Points
1 Pool, Chris	Georgetown Preparatory School	1:44.24	1:47.56!	16
24.95 27.07 28.15 27.39				
2 Frantz, Scott	Landon School	1:54.33	1:54.63 M	13
25.67 28.87 29.98 30.11				
3 Parshall, Jerry H	Georgetown Preparatory School	1:56.15	1:57.09	12
27.37 29.22 29.83 30.67				
4 MacKenzie, Mike K	Georgetown Preparatory School	1:58.34	1:58.58	11
27.58 30.16 30.64 30.20				
5 Baker, Courtney E	St. Albans/M	2:02.17	2:01.64	10
27.49 30.29 32.02 31.84				
6 Worsham, Chris	St. Albans/M	2:00.98	2:01.81	9
28.36 30.57 31.57 31.31				
7 Kiernan, Joey	St. Albans/M	2:05.94	2:02.30	7
28.32 30.63 32.19 31.16				
8 Boenecke, Ty	St. Stephen's & St. Agnes	1:59.85	2:07.50	5
27.55 30.92 34.54 34.49				
9 Prietsch, Clay	St. Stephen's & St. Agnes	2:03.15	2:09.51	4
28.61 32.30 33.81 34.79				
10 Al-Sabah, Faysal	Landon School	2:10.52	2:10.62	3
29.58 32.95 34.73 33.36				
11 Wooters, Matthew G	Georgetown Preparatory School	2:16.09	2:10.73	2
26.83 31.28 35.57 37.05				
12 Cubeta, Robert	St. Stephen's & St. Agnes	2:12.59	2:10.84	1
29.44 32.49 34.72 34.19				
13 Davidson, Kyle	St. Stephen's & St. Agnes	2:15.65	2:12.35	
30.34 32.73 34.09 35.19				
14 Pence, Cem	Landon School	2:24.13	2:16.42	
29.25 33.85 36.96 36.36				
15 Barnes, Andrew	St. Albans/M	2:24.55	2:20.51	
30.11 36.97 38.07 35.36				
16 Inglesby, Tad	Landon School	2:55.78	2:52.86	
37.57 43.69 45.18 46.42				

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**Event 5 Men 200 Yard IM**

I.A.C.: 1:58.12 ! 1/28/2005

ROBERT W GRIMMETT-NORRIS

GEORGETOWN PREP

WMPSSDL: 1:53.23 + 2/1/1997

S. WERNER

PVIM

Metros Qual: 2:14.99 M

Name	Team	Seed Time	Finals Time	Points
1 Grimmett-Norris, Robert W 24.99 29.75 34.62 28.76	Georgetown Preparatory School	1:57.72	1:58.12!	16
2 McDonald, Adam 26.17 30.59 34.85 28.66	Landon School	2:04.73	2:00.27M	13
3 Relihan, Andrew J 27.70 31.95 35.48 29.55	Georgetown Preparatory School	2:04.56	2:04.68M	12
4 Larson, Michael T 27.19 31.87 38.21 30.17	Georgetown Preparatory School	2:09.17	2:07.44M	11
5 Sidman, John-Howard H 27.49 32.10 37.57 31.60	Georgetown Preparatory School	2:15.68	2:08.76M	10
6 Graham, Thomas 28.82 34.26 36.91 34.74	St. Albans/M	2:09.69	2:14.73M	9
7 Shofer, Eric 29.76 36.07 44.59 35.93	Landon School	NT	2:26.35	7
8 Pinero, Bobby 31.25 38.60 42.33 35.66	St. Albans/M	2:36.27	2:27.84	5
9 Doyle, Michael 30.12 38.94 42.61 36.40	Landon School	2:30.12	2:28.07	4
10 Cubeta, Jeff 32.51 36.97 45.74 33.72	St. Stephen's & St. Agnes	2:27.66	2:28.94	3
11 Sullivan, B J 32.05 37.16 44.54 35.24	St. Albans/M	2:29.93	2:28.99	2
12 Kobayashi, Forrest 30.27 41.75 44.82 43.37	St. Stephen's & St. Agnes	NT	2:40.21	1
13 Schellinger, Max 33.52 38.62 49.34 40.46	St. Albans/M	2:44.34	2:41.94	

**Event 7 Men 50 Yard Freestyle**

I.A.C.: 22.12 ! 1/28/2005

JOSH V HAFKIN

GEORGETOWN PREP

WMPSSDL: 20.96 + 2/1/1999

N. AMMONS

DEM

Metros Qual: 24.09 M

Name	Team	Seed Time	Finals Time	Points
1 Hafkin, Josh V	Georgetown Preparatory School	21.75	22.12!	16
2 Park, Brock	Landon School	22.27	22.64M	13
3 Shane, Andrew	Landon School	23.78	23.04M	12
4 Bodurian, Ben	St. Albans/M	22.74	23.44M	11
5 Inglee, Correy	St. Stephen's & St. Agnes	22.46	23.64M	10
6 Smith, Scott	Landon School	23.83	23.74M	9
7 Taylor, Fulton	St. Stephen's & St. Agnes	23.39	23.81M	7
8 O'Reilly, Liam	Georgetown Preparatory School	23.52	24.04M	5
9 Pool, Jon D	Georgetown Preparatory School	23.95	24.49	4
10 Gans, Aaron	St. Albans/M	23.02	24.55	3
11 Mastroyannis, Alex S	St. Albans/M	23.97	24.58	2
12 Reed, Matthew C	Georgetown Preparatory School	24.29	24.72	1
13 Nelson, John	St. Albans/M	26.33	25.78	
14 Murray, Peter	St. Stephen's & St. Agnes	26.02	25.79	
15 Williams, Winston	St. Stephen's & St. Agnes	26.64	26.05	

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**(Event 7 Men 50 Yard Freestyle)**

Name	Team	Seed Time	Finals Time	Points
16 Picasso, Michael	Landon School	28.78	28.59	

**Event 9 Men 1 mtr Diving**

At Holton-Arms Saturday 3 PM

Break for awards during Swim Session

I.A.C.: 497.35 ! 1/28/2005

MATT COOPER

STA -

Name	Team	Seed Time	Finals Score	Points
1 Cooper, Matt	St. Albans/M	NT	497.35!	16
2 Mackenzie, Scott	St. Stephen's & St. Agnes	NT	285.30	13
3 Cummings, Tim	St. Stephen's & St. Agnes	NT	207.95	12
--- Barkats, Alek	St. Albans/M	NT	SCR	
--- Dale, Willie	St. Albans/M	NT	SCR	

**Event 11 Men 100 Yard Butterfly**

I.A.C.: 52.61 ! 2/3/2001

CHRIS GIBSON

GP

WMPSSDL: 49.53 + 2/1/1997

J. SOMENSATTO

PVIM

Metros Qual: 1:00.29 M

Name	Team	Seed Time	Finals Time	Points
1 Spencer, Scott S 24.88 29.57	Georgetown Preparatory School	53.62	54.45M	16
2 Mims, Hunter 26.44 30.23	St. Stephen's & St. Agnes	56.59	56.67M	13
3 Routh, Mac 26.95 31.52	St. Stephen's & St. Agnes	56.69	58.47M	12
4 Perez, JP P 27.38 31.53	Georgetown Preparatory School	58.29	58.91M	11
5 Cooper, Matt 27.66 31.91	St. Albans/M	1:00.93	59.57M	10
6 Clauser, Jeff 27.79 32.19	Landon School	1:02.45	59.98M	9
7 de Michaelis, Drew 28.08 32.28	St. Albans/M	58.11	1:00.36	7
8 O'Reilly, Liam 27.65 34.10	Georgetown Preparatory School	58.16	1:01.75	5
9 Stephens, Michael A 30.40 35.47	Georgetown Preparatory School	1:06.32	1:05.87	4
10 Robles, Andres 32.01 38.77	St. Albans/M	1:09.53	1:10.78	3
11 Worsham, Alex 32.00 39.54	St. Albans/M	1:20.30	1:11.54	2
12 Cummings, Tim 33.31 40.78	St. Stephen's & St. Agnes	1:15.82	1:14.09	1
13 Fowler, Scott 32.45 42.27	St. Stephen's & St. Agnes	1:12.44	1:14.72	
14 Beruf, Luis 32.62 43.37	Landon School	1:12.84	1:15.99	
--- Al-Sabah, Faysal 32.26 36.47	Landon School	1:09.67	DQ	

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**Event 13 Men 100 Yard Freestyle**

**I.A.C.:** 48.34 ! 1/28/2005  
**WMPSSDL:** 46.41 + 2/20/1994  
**Metros Qual:** 53.59 M

**CHRIS POOL**  
**B. CROWLEY**

**GEORGETOWN PREP**  
**PVIM**

<u>Name</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1 Pool, Chris 23.34 25.00	Georgetown Preparatory School	47.82	48.34!	16
2 Park, Brock 24.03 25.89	Landon School	50.39	49.92M	13
3 Shane, Andrew 24.25 26.45	Landon School	51.95	50.70M	12
4 Bodurian, Ben 24.67 26.17	St. Albans/M	49.35	50.84M	11
5 Romilly, Chris 25.29 26.54	St. Albans/M	52.32	51.83M	10
6 Taylor, Fulton 25.60 27.06	St. Stephen's & St. Agnes	52.49	52.66M	9
7 Smith, Scott 25.46 27.42	Landon School	53.62	52.88M	7
8 Rogers, Lucas M 25.63 28.30	Georgetown Preparatory School	52.96	53.93	5
9 Reed, Matthew C 54.26	Georgetown Preparatory School	53.61	54.26	4
10 Sundeen, Kevin 25.85 28.46	Georgetown Preparatory School	50.94	54.31	3
11 Gans, Aaron 26.08 28.60	St. Albans/M	52.35	54.68	2
12 Inglee, Correy 26.86 28.69	St. Stephen's & St. Agnes	51.08	55.55	1
13 Cubeta, Robert 28.25 29.55	St. Stephen's & St. Agnes	58.51	57.80	
14 Love, Evans 27.38 32.86	St. Albans/M	59.36	1:00.24	
15 Farrish, Tyler 1:01.26	St. Stephen's & St. Agnes	1:02.80	1:01.26	
16 Hammes, Mark 29.37 32.26	Landon School	1:03.45	1:01.63	

**Event 15 Men 500 Yard Freestyle**

**I.A.C.:** 4:58.04 ! 1/31/2004  
**WMPSSDL:** 4:35.04 + 2/1/1999  
**Metros Qual:** 5:19.99 M

**ROBERT GRIMMETT-NORRIS**  
**D. ZUROWSKI**

**GP**  
**BIM**

<u>Name</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1 Sidman, John-Howard H 27.66 30.20 30.36 30.66 30.81 31.18 30.79 30.64 30.65 30.37	Georgetown Preparatory School	5:03.07	5:03.32M	16
2 MacKenzie, Mike K 28.83 31.27 32.13 32.38 32.12 32.21 32.05 32.08 31.86 30.71	Georgetown Preparatory School	5:14.22	5:15.64M	13
3 Parshall, Jerry H 28.82 31.53 32.82 32.75 32.69 32.96 32.92 33.15 32.83 32.01	Georgetown Preparatory School	5:21.19	5:22.48	12

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**(Event 15 Men 500 Yard Freestyle)**

Name	Team	Seed Time	Finals Time	Points
4 Kiernan, Joey 29.60 32.59 33.57 34.27 34.56 34.24 34.45 33.88 30.27	St. Albans/M	5:45.73 34.57	5:32.00	11
5 Worsham, Chris 29.37 32.29 33.52 34.06 34.48 34.71 34.37 34.03 31.26	St. Albans/M	5:29.48 34.41	5:32.50	10
6 Abernethy, Matt C 30.78 35.79 35.63 36.43 36.72 35.72 36.13 36.01 32.76	Georgetown Preparatory School	6:03.45 36.78	5:52.75	9
7 Cubeta, Jeff 31.37 34.89 36.21 36.58 36.01 36.60 36.13 36.56 33.89	St. Stephen's & St. Agnes	5:43.86 36.36	5:54.60	7
8 Murray, Peter 33.05 36.49 37.05 38.02 37.69 37.19 36.82 35.79 34.41	St. Stephen's & St. Agnes	6:16.58 36.72	6:03.23	5
9 Pence, Cem 31.67 35.69 37.22 38.38 37.05 38.04 38.28 38.13 34.63	Landon School	6:08.49 35.69	6:04.78	4
10 Davidson, Kyle 33.68 37.18 1:19.38 4:01.47	St. Stephen's & St. Agnes	6:44.24	6:31.71	3
11 Worsham, Alex 34.31 37.53 39.06 39.84 42.36 38.26	St. Albans/M	6:41.47	6:33.94	2
12 Dymersky, Alex 6:34.82	Landon School	7:03.70	6:34.82	1
13 Barnes, Andrew 31.90 37.81 39.50 40.59 42.35 41.46 43.48 40.16 37.31	St. Albans/M	6:30.74 42.76	6:37.32	
14 Seidenberg, Sam 32.38 37.04 41.37 41.91 42.97 41.87 42.13 42.63 38.22	Landon School	7:15.49 43.26	6:43.78	

**Event 17 Men 200 Yard Freestyle Relay**

**I.A.C.: 1:31.60 ! 2/2/2002 GEORGETOWN PREP GP**

**C. Gibson, J. Cramp, S. Weldon, P. Gibson**

**WMPSSDL: 1:26.57 + 2/20/1999 POPE PAUL VI PVIM**

**J Caron, J Williams, N Delpino, M Nicholas**

**Metros Qual: 1:42.99 M**

Team	Relay	Seed Time	Finals Time	Points
1 Georgetown Preparatory Scho 1) Perez, JP P 24.65 23.91 22.82 2) O'Reilly, Liam 22.05	A	1:28.54	1:33.43 M	32
2 St. Stephen's & St. Agnes 1) Mims, Hunter 24.88 24.21 23.49 2) Boenecke, Ty 23.47	A	1:37.37	1:36.05 M	25
2 St. Albans/M 1) de Michaelis, Drew 24.00 24.62 24.23 2) Gans, Aaron 23.20	A	1:34.01	1:36.05 M	25
		3) Grimmett-Norris, Robert W 4) Pool, Chris		
		3) Taylor, Fulton 4) Inglee, Correy		
		3) Mastroyannis, Alex S 4) Bodurian, Ben		

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**(Event 17 Men 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
4 Landon School	A	1:35.21	1:37.20 M	22
1) Shofer, Eric	2) Bierbower, James	3) Clauser, Jeff	4) Smith, Scott	
24.42 24.89 24.35 23.54				

**Event 19 Men 100 Yard Backstroke**

I.A.C.: 51.72 ! 2/2/2002 CHRIS GIBSON GP  
WMPSSDL: 50.24 + 2/20/1997 J. SOMENSATTO PVIM  
Metros Qual: 1:02.19 M

Name	Team	Seed Time	Finals Time	Points
1 Hafkin, Josh V 25.04 26.98	Georgetown Preparatory School	52.35	52.02 M	16
2 Frantz, Scott 26.19 27.66	Landon School	54.69	53.85 M	13
3 Mims, Hunter 28.63 30.09	St. Stephen's & St. Agnes	1:00.37	58.72 M	12
4 Larson, Michael T 29.44 30.32	Georgetown Preparatory School	1:00.38	59.76 M	11
5 Boenecke, Ty 28.27 31.89	St. Stephen's & St. Agnes	58.88	1:00.16 M	10
6 Romilly, Chris 30.20 30.26	St. Albans/M	1:00.85	1:00.46 M	9
7 Rogers, Lucas M 30.00 30.93	Georgetown Preparatory School	1:00.50	1:00.93 M	7
8 Routh, Mac 29.84 31.46	St. Stephen's & St. Agnes	1:00.73	1:01.30 M	5
9 Sundeen, Kevin 30.49 33.25	Georgetown Preparatory School	59.95	1:03.74	4
10 Pinero, Bobby 32.94 35.74	St. Albans/M	1:13.14	1:08.68	3
11 Fowler, Scott 34.20 35.70	St. Stephen's & St. Agnes	1:10.61	1:09.90	2
12 Clauser, Jeff 34.31 35.94	Landon School	NT	1:10.25	1
13 Shofer, Eric 33.51 37.29	Landon School	1:08.66	1:10.80	
14 Sullivan, B J 33.96 37.19	St. Albans/M	1:09.57	1:11.15	
15 Robles, Andres 35.37 37.85	St. Albans/M	1:10.93	1:13.22	

**Event 21 Men 100 Yard Breaststroke**

I.A.C.: 59.80 ! 1/31/2004 RYAN HURLEY GP  
WMPSSDL: 56.37 + 2/23/2002 DAN VELEZ GCM  
Metros Qual: 1:08.59 M

Name	Team	Seed Time	Finals Time	Points
1 Pool, Jon D 30.01 32.66	Georgetown Preparatory School	1:02.12	1:02.67 M	16
2 Graham, Thomas 29.96 33.46	St. Albans/M	1:02.43	1:03.42 M	13
3 McDonald, Adam 30.38 33.37	Landon School	1:03.99	1:03.75 M	12

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**(Event 21 Men 100 Yard Breaststroke)**

Name	Team	Seed Time	Finals Time	Points
4 Gibeily, Chris G 30.74 34.94	Georgetown Preparatory School	1:03.76	1:05.68 M	11
5 Relihan, Andrew J 31.24 34.48	Georgetown Preparatory School	1:05.12	1:05.72 M	10
6 de Michaelis, Drew 31.43 35.50	St. Albans/M	1:04.86	1:06.93 M	9
7 Mastroyannis, Alex S 32.62 36.22	St. Albans/M	1:09.24	1:08.84	7
8 Baker, Courtney E 32.29 37.21	St. Albans/M	1:09.23	1:09.50	5
9 Doyle, Michael 31.77 37.79	Landon School	NT	1:09.56	4
10 Kobayashi, Forrest 33.01 38.90	St. Stephen's & St. Agnes	1:11.66	1:11.91	3
11 Stephens, Michael A 35.74 38.59	Georgetown Preparatory School	1:12.57	1:14.33	2
12 Bierbower, James 34.69 40.34	Landon School	1:17.48	1:15.03	1
13 Prietsch, Clay 36.50 38.72	St. Stephen's & St. Agnes	1:10.84	1:15.22	
14 Adoot, Joe 37.06 44.21	St. Stephen's & St. Agnes	1:21.89	1:21.27	
15 Dymersky, Alex 38.47 45.42	Landon School	1:24.07	1:23.89	
16 Kelley, Brendan 40.19 47.61	St. Stephen's & St. Agnes	1:25.71	1:27.80	

**Event 23 Men 400 Yard Freestyle Relay**

**I.A.C.: 3:17.78 ! 1/28/2005 GEORGETOWN PREPARATORY SCH GEORGETOWN PREP**  
**R. Grimmitt-Norris, S. Spencer, J. Hafkin, C. Pool**  
**WMPSSDL: 3:13.43 + 2/24/2001 GONZAGA GZ**  
**R. McCabe, H. Sullivan, P. Samsel, M. Galiindo**

**Metros Qual: 3:48.59 M**

Team	Relay	Seed Time	Finals Time	Points
1 Georgetown Preparatory Scho	A	3:13.76	3:17.78!	32
1) Grimmitt-Norris, Robert W	2) Spencer, Scott S	3) Hafkin, Josh V	4) Pool, Chris	
24.06 49.76 24.34	50.23 23.30 48.83	23.67 48.96		
2 Landon School	A	3:26.29	3:21.70 M	26
1) Frantz, Scott	2) Park, Brock	3) Shane, Andrew	4) McDonald, Adam	
24.90 51.50 23.37	49.03 24.49 51.01	23.85 50.16		
3 St. Albans/M	A	3:36.85	3:34.62 M	24
1) Bodurian, Ben	2) Gans, Aaron	3) Baker, Courtney E	4) Romilly, Chris	
24.72 51.24 25.74	54.39 26.19 55.81	25.64 53.18		
4 St. Stephen's & St. Agnes	A	3:41.67	3:36.20 M	22
1) Mims, Hunter	2) Inglee, Correy	3) Routh, Mac	4) Taylor, Fulton	
26.37 54.77 25.98	53.46 26.07 54.85	25.52 53.12		