

AMENDED March 9, 2004 TO ALLOW FOR BONUS EVENTS

1 qualifying time permits 1 bonus event

2 qualifying time permits 2 bonus events

(per day and per meet event limit rules remain in effect)

Eastern Zone II

Long Course Meters

Speedo Championship Series

March 25 to 28, 2004

University of Maryland - College Park, MD

Sponsored by CURL-BURKE SWIM CLUB

Sanctioned by USA Swimming through Potomac Valley Swimming

Sanction # PVZ-04-28

Meet Director: Kit Mathews (301) 524-4775 or kmathews@cubu.org

Location: Campus Recreation Center
University of Maryland
College Park, MD

Hotel Information: www.tournamentgold.com

Schedule: **Thursday, March 25, 2004**
Warm-up: 1:00 - 3:50 pm Events: 4:00 pm

Friday, March 26, Saturday, March 27 and Sunday, March 28

Preliminaries Warm-up: 6:30 - 8:50 am Heats: 9:00 am

Finals Warm-up: 4:30 - 5:50 pm Finals: 6:00 pm

(Continuous warm-up will be available throughout the meet)

Coaches Meeting: A coaches meeting will take place at 1:00 PM on Thursday, March 25. Coaches are accountable for the information presented. Make sure that there is at least one representative from your club in attendance.

Eligibility:

- Open to all USA Swimming registered athletes.
- Contestants must have equaled or bettered the applicable cut-off times.
- Do not enter with a time achieved prior to March 1, 2003.
- Entry times and USA Swimming memberships are subject to confirmation

Rules: Current United States Swimming rules shall govern the meet.

- Unless otherwise noted, all events will be conducted as prelims and finals with C, B, and A finals (swum in this order).
- All relay events will be conducted as timed finals with only the fastest two heats being contested during the evening sessions.
- A contestant may enter no more than three (3) individual events per day and no more than six (6) individual events for the meet.
- See top of Meet Announcement for Bonus Events **UPDATED**
- Distance events will be swum in event order.
- The Women's 1500m freestyle and Men's 800m freestyle will be conducted as timed finals on Thursday evening and will be swum fastest to slowest, alternating a heat of the Women's 1500 and the Men's 800.
- The Women's 800m freestyle and Men's 1500m freestyle will be conducted as timed finals and swum on Sunday afternoon. The heats will be swum from slowest to fastest, with the second fastest heat scheduled to finish at 4:30 pm.
 - The fastest heat of each event will be swum in the Sunday evening finals session.

Warm-Up: The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed.

- Enter the pool only at the start end of the pool. Enter feet-first, unless the lane has been designated for one-way starts.

The meet director may determine the structure of the warm-up, including times and lane assignments.

All warm-up periods shall be supervised by the appointed marshals. Coaches shall not permit their athletes to enter the pool until the marshals have declared the pool open for warm-up. No entry is permitted across lanes, from the pool side, or from the non-start end of the pool, under any circumstances. Marshals shall clear the lane of all swimmers before opening the lane for sprinting. All sprint lanes are one-way only and the swimmer must exit at the opposite end of the pool.

During warm-ups, periods are divided equally between general and specific programs. The first half of the of warm-up will be dedicated to general warm-up and the last half of the warm-up will be dedicated to specific warm-up. During the general warm-up, no pace work or sprinting will be permitted. During the specific warm-up, the outside lanes will be designated as pace lanes and lanes 2 & 7 will be opened for sprinting in accordance with the procedures outlined above.

The meet director or referee may modify the schedule or lane assignments depending on the pool configuration, the number of swimmers, the availability of separate warm-up facilities, etc., as long as USA Swimming and PVS safety considerations and the equitable treatment of all entered athletes is not compromised. All such changes will be announced and posted throughout the meet venue. Athletes who act in a manner that is injurious to themselves or others will be disqualified from their next event.

Seeding:

- Positive check-in for Thursday's distance events is required by 3:00 PM Thursday and for Sunday's distance events by 6:30 PM Saturday. Scratch deadline for other events is the evening prior by 6:30 PM.

- Verification of time for all timed final events (including relays) is required with entry.
- The USA Swimming Scratch Policy Rule (207.5.9) will apply throughout the meet.
- Times will be seeded in the following order: LCM, SCM, SCY
- The meet will be conducted in one course for all events. Meet management reserves the right to limit entries to permit the completion of sessions in an appropriate amount of time.

Awards:

- Awards will be presented to champions and runners-up in Women's Team, Men's Team and Combined Team scores.
- Male and female Individual High Point and runner up awards will be presented.
- Swimmers placing in the top 8 in individual events will receive medals.
- Relay teams placing in the top 3 will received medals.

Officials: Certified officials wishing to work the meet should submit an application to Jamy Pfister (JamyJayPfi@Adelphia.net), Eastern Zone Officials Coordinator, by February 12. Copies of the application can be found at <http://www.pvswim.org/eastzone/index.html>.

Certified officials who learn of their availability after February 12 should contact Art Davis at (703) 625-9288 or emerand@comcast.net.

Scoring: Individual: 20 17 16 15 14 13 12 11 9 7 6 5 4 3 2 1
 Relays: 40 34 32 30 28 16 24 22 20 18 14 12 10 8 6 4 2
 No more than 2 relay teams may score for each club in each event.

Supervision: Coaches are responsible for the conduct of their swimmers, both at the meet and in the warm-up/warm-down area. Inappropriate behavior will be cause for suspension from the meet and barring from the University of Maryland facility.

Admission: There is no admission charge. A program will be available for all sessions at a cost of \$15.00.

Seating: Due to the limited pool deck space, working **Officials, USA Swimming Registered Coaches and Swimmers** only will be permitted on the pool deck. Deck passes will be provided and must be displayed to gain access.

Warning: Any club that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100.00, and no further entries will be accepted from the club until the said fine is paid.

All swimmers, coaches and officials must be properly registered with USA Swimming.

Registrations will be verified before Deck Credentials are issued.

Time Trials:

Time Trials will be conducted as time permits between the preliminaries and finals session of the meet. Time trials will be open to all registered meet participants including relay-only swimmers. Each swimmer will be limited to a maximum of 2 time trials and must adhere to the daily limit of events. Time trials for the women's 1500m freestyle and men's 800m freestyle will be conducted on Thursday evening only following the completion of those events. Time trials for the women's 800m

freestyle and men's 1500m freestyle will be conducted on one day only and will be scheduled last on the day with the shortest timeline for preliminaries. All other events will be offered each day (time permitting) using the following formula: That day's events, followed by the events of the subsequent days, followed by the events from previous days. That is on Saturday, we will swim Saturday's events, followed by Sunday's events, followed by Friday's events.

The entry fee for time trials will be \$10.00 per individual event and \$20.00 for relays.

Swimmers must sign up for time trials by 30 minutes prior to the scheduled end of each day's preliminary session.

Fees: Individual Events: \$10.00 Relays: \$20.00

Entry fees for FAX or E-MAIL entries must be received by 2:00 PM on Thursday, March 25. Any FAX or E-MAIL entry for which the fees are not received by this deadline will be removed from the meet.

Each team is requested to remit one check to cover the entry fees for the entire team. Please do not send cash. Entry fees are due with entries.

Make checks payable to **CURL-BURKE SWIM CLUB**. Please make sure the club name is clearly indicated on all checks submitted.

Entries: Entries may be sent via e-mail.

1. Entries must arrive by the due date and time.
2. Include with your commlink file one (1) report by name and one (1) by event. Create these reports in Team Manager and save as Word for Windows files.
3. In the body of your e-mail provide entry numbers (girls, boys, totals). Include contact information (e-mail, phone, mobile phone, hotel).
4. Send e-mail to kmathews@cubu.org
5. Send entry fee check separately. It must arrive by 2:00 PM on Thursday, March 25.

Entries may be sent via mail/express mail/ etc.

Computer disk entries (Hy-tek) are encouraged. Disk entries require one (1) meet entry report by name and one (1) by event from *Team Manager*. Entries may also be submitted a PVS Master Entry Sheet. All entries must include a completed "**Entry Cover Sheet**".

Optional: Before preparing your entries, events and SCY QT's for this meet can be downloaded and then imported into team manager (go to team manager/file/import/meet events). The file is now available zipped at <http://www.pvswim.org/0304meet/28mm032504.zip> **UPDATED**

Entries that are not submitted on the required forms, are not complete, or are not legible, will not be accepted and will be returned. The Meet Director will not be held responsible if there is not time to properly resubmit the entry.

Late Entries:

Entries for swims from Monday, March 15 through Monday, March 22 which achieve a first time qualifying standard, must be made on the appropriate FAX Entry Form and sent by FAX transmission to the following FAX phone number (928) 752-6240. All FAX entries must be completed by the meet director of the meet in which the qualifying swims occurred and must

be received no later than **12:00 PM (EST) on Tuesday, March 23**. FAX entries may not be used to improve the seed time of a previously submitted entry and may not cause the swimmer to exceed the maximum number of events for the meet or for any one day.

Entry Deadline: All entries must be submitted for this meet no later than
5:00 PM, Tuesday, March 16, 2004

Send Entries To: Kit Mathews
2 North Pendleton Court
Frederick, MD 21703
Voice (301) 524-4775
Fax (928) 752-6240 kmathews@cubu.org

**Eastern Zone II Long Course Meters Speedo Championship Series
March 25 to 28, 2004 - University of Maryland, College Park**

Thursday, March 25								
Warm-up 1:00 PM Events 4:00 PM								
Women					Men			
Event #	SCY	SCM	LCM		SCY	SCM	LCM	Event #
1 @	17:43.59	17:40.39	18:01.59	1500 Freestyle				
				800 Freestyle	9:51.49	8:37.52	8:47.89	2 @
@ - Positive Check-in required by 3:00 PM on Thursday, March 25 Events swum fastest to slowest, alternating women's 1500 and men's 800.								

Friday, March 26								
Prelim Warm-up 6:30 AM Events 9:00 AM								
Finals Warm-up 4:30 PM Events 6:00 PM								
Women					Men			
Event #	SCY	SCM	LCM		SCY	SCM	LCM	Event #
3	1:57.79	2:10.79	2:12.69	200 Freestyle	1:46.39	1:58.09	2:00.09	4
5	1:08.89	1:16.49	1:17.69	100 Breaststroke	1:02.19	1:09.09	1:10.39	6
7	1:00.09	1:06.79	1:07.49	100 Butterfly	:54.09	1:00.09	1:00.89	8
9	4:38.99	5:09.69	5:12.99	400 Individual Medley	4:15.09	4:43.19	4:46.69	10
11	8:05.39	8:58.89	9:06.69	800 Freestyle Relay	7:18.39	8:06.59	8:14.79	12
Scratch deadline for all Friday events is 6:30 PM Thursday, March 25								

Saturday, March 27								
Prelim Warm-up 6:30 AM Events 9:00 AM								
Finals Warm-up 4:30 PM Events 6:00 PM								
Women					Men			
Event #	SCY	SCM	LCM		SCY	SCM	LCM	Event #
13	2:30.49	2:47.09	2:49.39	200 Breaststroke	2:15.39	2:30.29	2:32.79	14

15	:25.29	:28.09	:28.59	50 Freestyle	:22.49	:24.99	:25.59	16
17	1:01.09	1:07.89	1:08.39	100 Backstroke	:55.09	1:01.19	1:01.79	18
19	5:12.49	4:32.59	4:36.19	400 Freestyle	4:47.29	4:10.09	4:13.89	20
21	4:12.29	4:40.29	4:43.79	400 Medley Relay	3:46.99	4:12.19	4:16.09	22
Scratch deadline for all Saturday events is 6:30 PM Friday, March 26								

Sunday, March 28								
Prelim Warm-up 6:30 AM Events 9:00 AM								
Finals Warm-up 4:30 PM Events 6:00 PM								
Women					Men			
Event #	SCY	SCM	LCM		SCY	SCM	LCM	Event #
23 #	10:33.59	9:14.29	9:25.49	800 Freestyle				
				1500 Freestyle	16:38.19	16:35.19	16:55.09	24 #
25	2:11.89	2:26.49	2:27.39	200 Backstroke	1:59.39	2:12.59	2:13.59	26
27	:54.79	1:00.89	1:01.89	100 Freestyle	:48.99	:54.39	:55.59	28
29	2:13.49	2:28.19	2:29.49	200 Butterfly	2:01.49	2:14.89	2:16.29	30
31	2:11.99	2:26.59	2:28.29	200 Individual Medley	1:59.79	2:12.99	2:14.89	32
33	3:45.79	4:10.89	4:14.99	400 Freestyle Relay	3:21.89	3:44.09	3:48.69	34
# - Positive Check-in required by 6:30 PM on Saturday, March 28								
Scratch deadline for all other Sunday events is 6:30 PM Saturday, March 28								